



**Programme Guide**  
**bachelor's programme in**  
**Psychology**  
**for first-year students**  
**2016-2017**

[www.utwente.nl/psy/bachelor](http://www.utwente.nl/psy/bachelor)



# Welcome to the department of Psychology!

You have chosen to study Psychology at the University of Twente. This year, you will be studying human behaviour. The objective is to acquire knowledge of factors that lead to or affect behaviour, based on systematic research. If you have an understanding of certain behaviour and are able to explain and predict it, you are able to use this knowledge to positively influence behaviour and to change situations, for example in healthcare, business or education.

**In this programme guide you will find all information you will need as a first-year bachelor student. It contains information on the educational set-up, student support and the education programme, as well as important links to websites with (additional) information for students.**

## **The educational set-up**

Education at the UT is offered in modules: each module combines different subjects (such as theory, statistics and skills) around a psychological theme. This system is called the Twente Educational Model (TEM). In each module, the acquired knowledge and skills are strongly connected with the project. A project is a realistic assignment (taken from practice) on which you will be working with a project team. You will analyse a problem and create a systematic design for solutions (interventions) for social problems.

Each module covers 10 weeks and consists of 15 ECTS (1 ECTS = 28 hours of study). You can only complete a full module with a final (average) grade after 10 weeks. This final grade consists of a number of (sub)tests spread over time (written tests, assignments, and the project). The manner of testing of a module and the requirements for successful completion are defined in a test plan. The test plan for a module can be found on Blackboard (the digital learning environment of the UT).

## **Study choice and success**

In the first year of your studies, it is important to find out whether this programme is the right choice for you. For this reason, the first-year bachelor programme is set up to allow students to get acquainted with the study of psychology, based on a first, introductory module, Psychology and Intervention Design, and three thematic modules: Social Behaviour, Cognition and Development, and The Individual. You will learn about the basic disciplines of psychology (such as social psychology, cognitive psychology, development psychology and personality psychology), basic research methods and statistics, and psychological design and research. Attention

is also paid to acquiring professional academic skills, such as academic writing, project management and group collaboration.

In order to determine whether the study of Psychology is right for you and whether you will be able to complete the entire programme, the University of Twente enforces a binding recommendation: each student will receive a binding recommendation at the end of the first year. If you have completed less than three of the four modules successfully (<45 ECTS), the binding recommendation will be negative, and you will be obliged to discontinue the Psychology programme. This means you will not be able to enrol again, for three consecutive academic years. After the first module, you will receive a preliminary recommendation, based on your results. After the second module you will receive a preliminary recommendation again. If a preliminary recommendation is negative, you will be invited for a meeting with the study adviser to discuss your results. At the end of the first year, you will receive a final (binding) recommendation. We do not only take into consideration your study results, but also any special circumstances, such as illness or family circumstances. It is, therefore, important to report any such circumstances to the study adviser as early as possible.

**All important information will be communicated through your student email, through Blackboard (on the module and on the 'Bachelor's programme PSY year 1 2016-2017' page) and via the website [www.utwente.nl/psy/bachelor](http://www.utwente.nl/psy/bachelor).**

# The study programme

The study of Psychology at the University of Twente is unique because of its practical nature, aimed at designing interventions that contribute to resolving psychological problems from practice. Thorough insight into psychology, good knowledge and skills in research and a systematic design approach are the basis for all knowledge you will acquire during the programme.

The bachelor's programme in Psychology is a three-year programme of 180 ECTS in total, and consists of modules of 15 ECTS. These modules are divided into multiple module components that, in your first year, belong to one of the four courses of learning:

- a. Theory  
*The theoretical module component focuses on the main relevant theories, concepts and models that are at the basis of the discipline of psychology.*
- b. Research Methods  
*This module component is mainly about acquiring the knowledge and skills needed to engage in scientific research. In this module component you will also actively engage in the use of the statistics computer programme SPSS.*
- c. Professional Academic Skills  
*In the module component Professional Academic Skills students are trained in the acquisition of academic and professional skills as a psychologist/academic. This concerns basic academic (writing) skills, academic thought, communications skills, organisational skills and reflective skills.*
- d. Design and Research  
*In this module component you will gain knowledge and skills for conducting research and designing, aimed at a future role of researcher and professional. You will learn to find solutions for psychological problems, supported by research. You will study the design approach of behavioural change (the ASCE model) and you will apply your skills in the field of research methods. This module component will be addressed mainly in the module projects.*

## THE FIRST YEAR

The first year of the bachelor's programme consists of four modules that cover the basics of psychology. You will study the main scientific disciplines of psychology and in each module you will engage in a project in which you put your knowledge and skills into practice.

Bachelor 1 (B1) - academic year 2016-2017																																							
Semester 1																				Semester 2																			
Block 1A										Block 1B										Block 2A										Block 2B									
Week number:										Week number:										Week number:										Week number:									
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>Module 1:</b> Psychology and Intervention Design  <b>15 ECTS</b>										<b>Module 2:</b> Social Behaviour  <b>15 ECTS</b>										<b>Module 3:</b> Cognition and Development  <b>15 ECTS</b>										<b>Module 4:</b> The Individual  <b>15 ECTS</b>									
10 test subject hours																																							

### *Test subject hours*

Another aspect of the first (and second) year of the bachelor's programme is regular participation in research programmes of employees or senior students (10 hours in the first year and 5 hours in the second year). As a test subject, you will get acquainted with the various types of research, which will assist you in gaining experience setting up and carrying out research activities by yourself. There is a procedure for 'Test Subject Hours' and a 'Manual Sona Systems' which explains what is expected of you, how to enrol, etc. More information can be found on the website of the Psychology department ([www.utwente.nl/psy/bachelor](http://www.utwente.nl/psy/bachelor)).

## THE SECOND AND THIRD YEAR

If you have obtained 45 ECTS or more in the first year, you can proceed to the second year. In the first and second block of year 2 (modules 5 and 6) you choose two optional modules you will study more thoroughly. This is a preparation for the specialisations of the Psychology master's programme of the University of Twente: Conflict, Risk & Safety; Health Psychology and Technology; Human Factors & Engineering Psychology; Learning Sciences; and Positive Psychology & Technology.

In the second semester of the second year (third and fourth block) module 7 focusses on how to set up and carry out a substantiated psychological research project, and module 8 on applying professional conversation skills (such as conducting an interview) and orientation on the (broad) work field of psychologists.

<b>Bachelor 2 (B2)</b>			
Semester 1		Semester 2	
Block 1A	Block 1B	Block 2A	Block 2B
<b>Module 5:</b> Option 1 of 3 modules: - CRS - HP - LS  <b>15 ECTS</b>	<b>Module 6:</b> Option 1 of 2 modules: - HFE - PPT  <b>15 ECTS</b>	<b>Module 7:</b> Research Methods and Research Project  <b>15 ECTS</b>	
		<b>Module 8:</b> Psychological and Professional Skills  <b>15 ECTS</b>	
5 test subject hours			

**In the fourth block of the first year, information meetings are held on the optional five modules, to assist you in the choice to be made at the end of the first year.**

**In the first week of the second year, there will be a kick-off lecture during which information will be provided on the set-up of the second year.**

The third year starts with six months/a semester of elective courses. In this period you are required to make a well-considered choice of courses with a total of 30 ECTS, based on your personal interests, qualities and ambitions. You can choose for (a combination of):

1. Minors of the UT (such as High Tech Human Touch modules);
2. Studying abroad;
3. Join-In minors – attending a module at another UT programme;
4. An optional Psychology module you did not take in the second year;
5. Courses at another university (after approval by the B3 bachelor coordinator).

The second part of the final year of the bachelor's programme consists of a reflective module (on the ethics, history and philosophy of psychology). Simultaneously, you will be working on your final thesis project.

<b>Bachelor 3 (B3)</b>			
Semester 1		Semester 2	
Block 1A	Block 1B	Block 2A	Block 2B
<b>Elective space</b>	<b>Elective space</b>	<b>Module 11:</b> History, Ethics and Philosophy <b>15 ECTS</b>	
		<b>Graduation</b> <b>15 ECTS</b>	
<b>15 ECTS</b>	<b>15 ECTS</b>		

### *English taught programme*

The entire Psychology programme is taught in English. The purpose of offering students an international oriented education context, is to better prepare you for a professional career on the job market where contacts throughout the world become more and more common. Dutch speaking students can participate in either English or Dutch taught project meetings, tutorials, and practical classes, as well as write assignments in English or in Dutch. In the second year, you will also learn to cooperate with foreign exchange students, who are following a Psychology module as part of their study.

**If you would like to know more about the content of the modules in the bachelor's programme, go to the study catalogue [www.utwente.nl/onderwijs/catalogus](http://www.utwente.nl/onderwijs/catalogus) (click on the UK-flag), where you will find information on the modules (as available at present).**

## Types of lectures

Each module consists of different types of lectures. You will study approximately 40 hours per week, about half of which consists of contact hours (lectures, tutorials, working on projects, etc.). Generally, you will be attending lectures 4 (partial) days per week; which leaves one day on which there are no lectures. Therefore you mainly will be planning your studying for tests, and working on assignments on days without lectures.

<b>Types of lectures</b>	<b>Description</b>
Lecture	Two lecture periods of 45 minutes with a break. The lecturer provides information on the subject matter (for the test).
Tutorial	The subject matter is processed in assignments, often done in groups. Tutorials are of a more interactive nature.
Practical	Working on a project or using a specific computer programme, individually or as a group. You are required to bring your laptop!
Project (tutor) meeting	Half a day (4 hours) per week is scheduled for project guidance. For more information on this, see 'Projects' below.
Independent (self) study	Independent study is for mastering the subject matter and working on assignments.

### *Projects*

A project is a central part of each module. During the project you are expected to integrate the available study materials and to maximise independent acquisition of knowledge in the group. In the first year, you will be working on a project in a tutor group of 25 to 30 students. A tutor (Psychology lecturer) is assigned to each tutor group. In each group, project groups of 5 or 6 students are created. The members of the project group share responsibility for the correct and timely realisation of their task. This means that the group members reach agreement on when you will be working (together) on the project, and the group members share the responsibility for the final result. An active and motivated working attitude is expected of all members of the project group. The tutor is a lecturer that acts as a coach

(encouraging the learning process and the functioning of the team members) and evaluator (evaluating the work and providing feedback on the process and the contribution of the team members). In most cases, the tutor will also assess the final product/test. During the module, a weekly project (tutor) meeting will take place for each project group. During this meeting the tutor will discuss the progress of the project. A project meeting lasts half a day (4 hours) and is attended by all project groups of the tutor. During these meetings, the group can work on their project and ask the tutor questions. The tutor may sometimes provide intermediate feedback during these meetings. Additionally, the tutor can use the meetings to discuss subject matter and practical information that is relevant to proper realisation of the project.

### **Excellence/star programme**

The Excellence Programmes of the UT offer additional challenges for excellent students who are talented, motivated and enterprising, who like to think out of the box, look beyond the borders of disciplines, and search for ways to give their ideas an impact on society. The (UT-wide) Honours programme for bachelor students is primarily aimed at widening the perspective. The STAR-programme is an example of a deepening programme. The bachelor's programme in Psychology has its own STAR-programme. This programme is intended for students who belong to the top 10% of their year. STAR-projects for top students are available in modules 2, 3, 4, 7 and 8 of the programme. A STAR-project is more challenging and more in-depth than the regular module project. Students are selected for the STAR-programme/project on the basis of their results in the earlier module(s), plus a letter of motivation. At the end of module 1, more information will be provided about enrolment and selection for the STAR-programme in module 2. If you are selected and successfully complete the STAR-project, this will be indicated in the supplement to your (bachelor) certificate. The 'stars' you earned can be used for possible graduating with distinction.

### **Tests**

The final average grade of a module consists of multiple (sub) tests, spread over time. The purpose of the combination of tests used by the study programme is to ascertain whether you achieved the learning objectives for the Psychology bachelor's programme and as such qualify for a bachelor's degree.

The chosen assessment programme encourages students to study regularly. Sub tests and assignments stimulate the student to keep up with the subject matter. An intermediate test reduces the dependency on a single examination and encourages variation in test types. The type of testing is tailored to the objective. There are a

number of written (sub)tests (multiple choice and/or open questions), which focus on testing knowledge and insight. Skills are primarily tested in individual or group assignments. In order to pass a test, active participation in the programme is, of course, essential, which includes attending the lectures and spending enough time on independent study. Projects are generally tested based on intermediate deliverables and/or the group project report handed in at the end of the module and/or an individual (project) test.

The number and type of (sub)tests depends on the module and is defined in the test plan. The test plan also defines the requirements you must meet for successful completion of the module, and the weight of the various tests in the final grade for the module. The test plan for each module can be found on the Blackboard page.

#### *Possibilities for compensation and re-sitting a module*

The test plan for the module indicates the requirements (for each module component) you must meet for successful completion of a module. In most cases you can compensate (test) grades within a module component. If, for example, you fail the first sub test of the theory module component (you achieve a grade of 4.8, for example), this grade can be compensated with a high score for the second (sub)test (for example a score of 6.8), resulting in a pass for the theory module component (average score  $\geq 5.5$ ). Therefore, always pay close attention to the weight of the various tests in the test plan, and the grade you need to compensate a failed (sub)test to still pass a module component. If, despite the options for compensation within a module component, you fail to complete the module successfully, under specific conditions you may be allowed to re-sit a (sub)test. Whether you qualify for re-sits depends, of course, on the other results for the module and whether taking re-sits is feasible. The conditions for a re-sit can be found in the test plan for the module. Information on the content and date of the re-sit will also be provided via Blackboard. In most cases you will re-sit the failed test(s) in the next block.

If you do not qualify for a re-sit or if you fail the re-sit, this means that you failed the module. In that case you will have to redo the entire module the next time it is offered (in the next academic year, provided that your binding recommendation is positive), unless you qualify for the 'Regulation for compensation across first-year modules' (see below).

#### *'Regulation for compensation across first-year modules'*

If a student fails a module, but qualifies for a re-sit, he or she may be reasonably expected to pass the module in the next block with putting in some extra effort.

However, the student may not succeed in passing the re-sit. This may sometimes lead to an unfair situation. For example, if you have good grades for most modules, but (at the end of the year) failed a single module after the re-sit. If the average for all modules is high enough, but your grade for, for example, in module 3 is a 5.2, you would have to redo the entire module in the next academic year. In such cases the '*Regulation for compensation across first-year modules*' applies, but, as the name implies, only for the first year of the Psychology bachelor's programme. This regulation – subject to conditions – offers a(n) (additional) compensation option in which all results in the first year are included, per module and per module component. More information on this regulation will be provided in the course of the first block. For detailed information and explanation refer to the Blackboard page: 'Bachelor's programme PSY year 1 2016-2017'.

## Support and guidance in the first year

During your studies you will get in touch with a mentor, the study adviser, staff of the Centre for Educational Support: BOZ), and possibly the programme coordinator. The UT also offers additional student support by Student Affairs, Coaching & Counselling, through services such as the student psychologists and student counsellors at the UT.

### *Student mentor in the first year*

At the start of the academic year you will be assigned a student mentor. Student mentors are senior students who are supervised and instructed by the study adviser (see below). You will first have an introductory interview with your mentor, to get to know each other, but also to receive important information on the binding recommendation that applies in the first year. You can contact your mentor throughout the year with practical questions and assistance with your study (skills). You are also part of a 'mentor group'. In the first semester, the mentors organise a number of mentor group meetings to assist you in getting started in the first year. During these meetings you will receive important practical information, for example, on taking tests, and you have the option to practice the subject matter as a group.

### *Study Adviser*

The study adviser for the Psychology bachelor's programme is Manon te Vaarwerk. She offers advice on study-related issues and informs students about practical matters related to their study. In the event of special circumstances, the student mentor may refer you to the study adviser. The study adviser may also invite you for an interview, for example if you failed a module. You can also request a meeting with the study adviser yourself. This is important in the event of (personal) circumstances that have an impact on your study in general. Contact via email: [studyadviser-psy@utwente.nl](mailto:studyadviser-psy@utwente.nl).



Contact information  
Manon te Vaarwerk  
Cubicus, room C116  
[Studyadviser-psy@utwente.nl](mailto:Studyadviser-psy@utwente.nl)

*Centre for Educational Support: BOZ*

Anneke Laarhuis is the Educational Affairs (BOZ) Officer for the Psychology department. She is responsible for many administrative tasks in connection with the PSY/MPS education programme. The office is open on working days, during office hours. Opening hours may be restricted during periods when there are no lectures.



Contact information

Anneke Laarhuis  
Ravelijn, room 3284  
Tel 053-489 2570  
A.Laarhuis@utwente.nl

*Programme Coordinator*

The programme coordinator for the department of Psychology is Laura Holsbeeke. She assists the programme director in policy matters and she is responsible for the organisational, procedural and content coordination and alignment of the Psychology programme. If you have any complaints about the education programme or a particular course, or if you feel you have been treated unfairly, the programme coordinator is the first person to turn to.



Contact information:

Laura Holsbeeke  
Cubicus, room C112  
Tel 053-489 3999  
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### *Student Affairs, Coaching & Counselling*

Student Affairs, Coaching & Counselling (the “Red Counter”) is responsible for the individual and collective care for and guidance of UT students at a central level (in addition to the support staff of the programme looking after their 'own' students). This includes services such as student psychologists, a variety of courses (self-management, graduating, applying for a job) and student counsellors. Student Affairs, Coaching & Counselling is located on the third floor of the Vrijhof (room 317). For more information, see: [www.utwente.nl/ces/sacc/en](http://www.utwente.nl/ces/sacc/en).

### *Student Services Desk*

The Student Services Desk is responsible for matters such as: admissions, registration and deregistration. The Student Services Desk is located at the Vrijhof, room 239B (opposite the University Library). See: [www.utwente.nl/ces/studentsservices/en](http://www.utwente.nl/ces/studentsservices/en).

# Educational set-up

## Email

From the first day of your study at the UT, make sure to always keep a close eye on your student email (<student name>@student.utwente.nl). This email address is used for all important communications from the university. You can log in through: [googleapps.utwente.nl](http://googleapps.utwente.nl). If you have not received a username and password, or if you forgot your password, contact the helpdesk of the ICT Service Centre (ICTS) ([www.utwente.nl/lisa/en](http://www.utwente.nl/lisa/en) or call: 053 4895577), and make sure to have your student ID on hand.

## UT Portal: [my.utwente.nl](http://my.utwente.nl)

MyUniversity is the digital portal for students. On [my.utwente.nl](http://my.utwente.nl) students can easily log on to all systems/applications of the University of Twente. Below you will find the most important information about the systems for first-year students. More information on the education applications is available at: [www.utwente.nl/onderwijssystemen/en](http://www.utwente.nl/onderwijssystemen/en).

## Student ID

The student ID of the University of Twente is a valid proof of identity for the UT and is also your proof of enrolment. Once your enrolment has been processed, your tuition fees have been paid, and your photograph has been uploaded to Osiris, you will receive your student ID by mail. This card must be shown upon request when using the university facilities, for example when taking tests, visiting the library, etc. More information on the student ID is available at: [www.utwente.nl/ces/studentsservices/en](http://www.utwente.nl/ces/studentsservices/en).

## Attending modules

### *Timetables*

The education programme uses a semester system. This means that the academic year is divided into two semesters. Each semester consists of two blocks of 10 weeks each. In the first year there is one module in each block. The timetable for a module can be found in the system MyTimetable at [rooster.utwente.nl](http://rooster.utwente.nl)

### *Digital systems Osiris & Blackboard*

Two digital applications are important when starting your studies at the UT: OSIRIS and Blackboard. Osiris is used to consult information such as: address details, grades, the education catalogue with module information, and information

from your study advisor. Blackboard is the digital learning environment of the University of Twente. Information on the content of each course, the subject matter for tests, etc. can be found on Blackboard. Blackboard is also used for enrolling for the (tutor) groups (automatic or through personal enrolment). Lecturers also use the system for communicating lecture sheets and messages, and sometimes there is a forum for asking questions.

You need an account for access to these systems. As a new student, you will receive a username and password. The password matches the original password you received to log on to the UT network.

Osiris: [www.utwente.nl/onderwijssystemen/en/about\\_the\\_applications/osiris](http://www.utwente.nl/onderwijssystemen/en/about_the_applications/osiris)

Blackboard: [blackboard.utwente.nl](http://blackboard.utwente.nl)

### Mandatory enrolment for modules through OSIRIS

**Prior to the start of each module, you must enrol through Osiris.** When you enrol for a module in Osiris you are automatically enrolled in Blackboard and for the tests that belong to the module. If you failed to enrol for the module in Osiris in time, you cannot take part in the module and the related tests. For the deadlines see: [www.utwente.nl/ces/studentervices/en/osiris/Osiris](http://www.utwente.nl/ces/studentervices/en/osiris/Osiris)

### Enrolling on the Blackboard page 'Bachelor's programme PSY year 1 2016-2017'

There is a Blackboard page for first-year students that is important for guidance during your education. This page also contains relevant general information on the education programme. Important information from the study adviser and programme coordinator about the programme will be communicated through this Blackboard page.

#### Enrolling in Blackboard for the first block

Under 'Organisations' search for **'Bachelor's programme PSY year 1 2016-2017'**

Use the 'enrol' button to enrol.



#### *Study material*

Books and/or readers/syllabi are required for all modules.

### *Buying textbooks*

Textbooks can be ordered from the bookshop, but it is often more convenient and cheaper to order textbooks through the study association **Dimensie**: You will get a discount and you can buy your books during the introduction of the first semester or during the first week of the academic year. After that, you will receive emails from the study association concerning the period for ordering your books online.

### *Buying lecture notes and readers*

From the start of the semester, readers and syllabi are for sale at the UnionShop. You can check whether the item is in stock on their website: [www.studentunion.utwente.nl/services-facilities/services-facilities/unionshop.html](http://www.studentunion.utwente.nl/services-facilities/services-facilities/unionshop.html). The UnionShop also sells UT gifts and UT clothing, and offers a copy service. In the self-service section, apart from making photocopies, you can bind reports, cut flyers to size, etc. The UnionShop is located on the ground floor of the Bastille. Opening hours are working days from 10:00 to 17:00.

## **(Written) tests**

### *Scheduling of tests/examinations*

Timetables, including tests, can be found on the website [rooster.utwente.nl](http://rooster.utwente.nl). Any changes in, for example, examination dates, are incorporated in the digital timetable and may be announced through the Blackboard pages of the relevant modules.

### *Mandatory enrolment for tests (Osiris)*

Before the start of the module, you must enrol for that specific module in Osiris. This ensures that you are automatically enrolled for all tests for that module.

### General examination/test rules\*

Enrol for the module in time via the applications provided for this purpose.
Always bring your student ID to a test.
When taking tests or during assignments or any other type of testing, do not copy work or ideas from other persons without stating the source (fraud).
You are aware that violation of this rule will be met with severe penalties from the Examination Board.

*\*No rights can be derived from these rules. All rules pertaining to education and examinations can be found in the Education and Examination Regulations. For the most recent Education and Examination Regulations see [www.utwente.nl/psy/bachelor](http://www.utwente.nl/psy/bachelor).*

### Rules during test/examination sessions\*

Start of session	The maximum duration of a written examination is 4 hours. Examinations start exactly at the indicated time.
Late arrival	Student who arrive late for a test are allowed to take the test up to a maximum of half an hour after the start of the test. After that participation is no longer possible.
Tools	Only attributes that are absolutely necessary for taking the test are allowed on your desk.
Examination supervisor present	A supervisor is present during the session (usually a lecturer). You must identify yourself by showing your student ID. When you hand in your work, each sheet must be marked with your clearly legible name, initials and student number.
Visits to the toilet	Permission from the supervisor is required to visit the toilet. In principle only one person at a time can visit the toilet. During the examination, direct or indirect contact with others is forbidden, inside and outside the room.

## Quality control

The quality of the education is very important to the department of Psychology. We use a variety of methods to evaluate and improve the education programme:

- We collect the **opinions of students** about the education programme they follow (bachelor, pre-master and master). We do so by asking students to fill out a questionnaire after completion of a module/course, in which they can indicate their opinion on the module/course. You will receive this questionnaire by email. Furthermore, panel meetings are held per block/module in which groups of 6 to 10 (first or second-year) students participate. These panel meetings provide insight into the satisfaction of students during a block/module, allowing us to make timely adjustments in the programme or the communication.
- The **results of the questionnaire are reported to the lecturers** who provided the education and to the management. It is, therefore, very important that students fill out the questionnaire after completing the module! The lecturers and the management will discuss the results of the evaluation as well as other matters, such as the experiences of the lecturers and the results achieved in the module.
- Based on all data, the lecturers will draw up **a plan for improvement of the module/course**. This plan will also be discussed in the Programme Committee, this committee consists of lecturers and students of the Psychology department and supports educational quality enhancement. The Programme Committee will advise the programme management concerning the education programme.
- The website [www.utwente.nl/psy/bachelor](http://www.utwente.nl/psy/bachelor) contains a link to a website with further information on the evaluation of the education programme and steps for improvement that have been taken. As a student, you can view the evaluation results per module/course on this site. For items for improvement, you can view the improvement plans proposed by the department/lecturers.

## After the first year, head for the master's programme!

If you earned 45 ECTS or more in the first year, you can proceed to the second year. In the second year of the bachelor's programme you will get acquainted with the application of psychology in specialisations offered at the UT. The UT has made the deliberate choice not to focus on traditional disciplines of psychology (such as Social Psychology and Cognitive Psychology), but on five application-oriented areas of specialisation that line up with the research programmes of the Faculty of Behavioural, Management and Social sciences. As said before, in the second-year students must select two of five specialisations for further study. The five (master) specialisations are:

- Conflict, Risk & Safety
- Health Psychology
- Human Factors & Engineering Psychology
- Learning Sciences
- Positive Psychology & Technology

In each specialisation, the student will study the subject matter from the basic disciplines (e.g. Social Psychology and Clinical Psychology), but the subject matter will often be linked to a practical psychological issue. The specialisation 'Health Psychology', for example, centres on physical health, so the focus in courses will also be on physical health. Attention will also be paid to practical matters, such as how to encourage healthy behaviour, and the risk of unhealthy behaviour to a person's psychoanalytical and physical health.

If you would like to know more about the content of the specialisations in the master's programme, have a look at the information website for the master's programme: [www.utwente.nl/master/mps](http://www.utwente.nl/master/mps).



**BACHELOR'S PROGRAMME IN PSYCHOLOGY**

[www.utwente.nl/psy/bachelor](http://www.utwente.nl/psy/bachelor)

E [studyadviser-psy@utwente.nl](mailto:studyadviser-psy@utwente.nl)

