

Datum	Water	Warmte [GJ] of Gas [m3]	Elekticiteit				Mobiliteit					
			Afname		Terug levering		Panelen	km overall	kWh of Liter	km	kWh/100km of Liter/100 km	avg kmh
			Nacht	Dag	Nacht	Dag						
			KW181	KW182	KW281	KW282						

Tabel 1 Periodieke registratie

Jaar of stookperiode	Gas [m3]	CO2-emissie Gas [kg]	Warmte [GJ]	CO2-emissie Warmte [kg]	a	b	c	d=c-b	e=d+a	CO2-emissie Electra [kg]	Auto					Grijze container [liter]	Water [m3]	
					Afname Electra [kWh]	Retour Electra [kWh]	Panelen [kWh]	Direct gebruik [kWh]	Totaal verbruik [kWh]		Kilometers	Brandstof [liter]	CO2-emissie [kg]	Verbruik [l/100 km]	CO2 [gr/km]			

Tabel 2 Totalen per jaar of stookperiode

Energiebron of voertuig	Conversiefactor naar CO2	CO2 [kg]
Gas [m3]	2.2 [kg/m3]	
Warmtenet [GJ]	8.8 [kg/GJ]	
Benzine [l]	2.33 [kg/l]	
Diesel [l]	2.64 [kg/l]	
LPG [l]	1.64 [kg/l]	
Aardgas [kg]	2.79 [-]	
Elektriciteit via netwerk [kWh]	[kg/kWh] Kolencentrale 0.798 Aardgas conventioneel 0.396 Aardgas WKK 0.298 Zonepanelen 0.005 – 0.212 Windenergie 0.007 – 0.056	
Levering _____ Retour _____ Netto=Levering-Retour _____		
Zonnepanelen [kWh]	[kg/kWh] Zonepanelen 0.005 – 0.212	
Trein [km]	[kg/km]	
Bus [km]	[kg/km]	
Vliegen [km]	[kg/km]	
	<b>Totaal:</b>	

Tabel 3 Kentallen voor omrekening naar CO2-emissie. Suggestie voor trein, bus en vliegen: <https://www.milieucentraal.nl> of <https://www.klimaatwijsopreis.nl>