

	Receiving country:	Amount per month for E ⁺ Study 2018-2019	Amount per month for E ⁺ Traineeship 2018-2019
Group 1 Programme Countries with higher living costs	Denmark, Finland, Iceland, Ireland, Luxembourg, Sweden, United Kingdom, Liechtenstein, Norway	€ 273	€ 375
Group 2 Programme Countries with medium living costs	Austria, Belgium, Germany, France, Italy, Greece, Spain, Cyprus, Netherlands, Malta, Portugal	€ 222	€ 324
Group 3 Programme Countries with lower living costs	Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania, Serbia, Slovakia, Slovenia, former Yugoslav Republic of Macedonia, Turkey	€ 171	€ 273