

your own veg garden

why?

What is more healthy than fresh fruit and vegetables from your own garden, grown without chemicals and pesticides? Besides, it is also better for the environment!



no space?

You can easily grow tomatoes, herbs, peppers, and lettuce on your window sill. If you do have a little bit of garden space, you could try berries, grapes, or beans against the fence. While they are edible, they look nice as well! And of course you could become a member of an allotment garden association.

getting started!

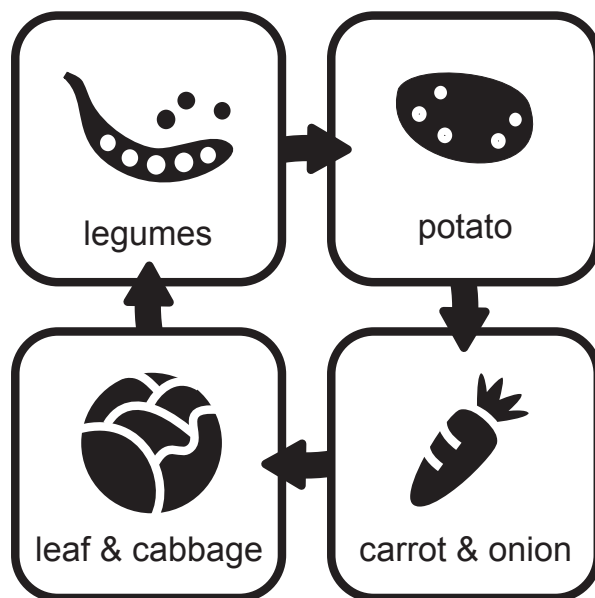
Convinced? Then you can get started! Which vegetables and fruit does your family eat most often? It is fun to experiment with slightly different varieties than you can get at the supermarket. Have you ever had yellow zucchini?



Make a garden plan, sow at the right moment, weed your garden every now and then, and last but not least: enjoy your harvest!

crop rotation

To prevent your soil from exhaustion, rotate your crops yearly. This is also helpful against pests and diseases.



Perennial plants (strawberries, rhubarb, asparagus, fruit trees) stay in the same spot, of course.

a good foundation

Some plants need more nutrients than others. Prepare the soil for potatoes, leafy vegetables, and cabbage by adding manure, and add compost to the areas for carrots and beans.

mini calendar

	J	F	M	A	M	J	J	A	S	O	N	D
Potatoes												
Peas												
Leek												
Red cabbage												
Lettuce												
Spinach												
Beans												
Tomato(glass)												
Onions												
Carrots												

70cm x 30cm
40cm x 10cm
40cm x 15cm
50cm x 50cm
30cm x 30cm
20cm x 10cm
4/pole, 30cm
80cm x 50cm
30cm x 8cm
20cm x 5cm

When you buy seed, the package will tell you exactly when to sow, when to harvest, and how much space the plant needs. Here is a small overview.

sow / plant
 sow / harvest
 harvest