

Group lessons

JULI 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:30 - 13:30 SC5 XCORE	12:30 - 13:30 Tennispark TENNIS	12:30 - 13.30 SC6 BODYPUMP	19:00 - 20:00 SC6 TABATA + POWER CORE	12:30 - 13:30 Golfclub Driene GOLF		
17:00 - 17:55 SC6 SPINNING	17:00 - 17:55 SC6 BODYPUMP	17:00 - 17:55 SC6 UBATTLE				