

Sports protocol University of Twente

Outdoor and indoor

Before your visit



Reservation is necessary for some sports. Arrive at the exact time of your reservation.



Stay at home with one of the following symptoms: Cold, sneezing, sore throat, cough or high temperature (38C)

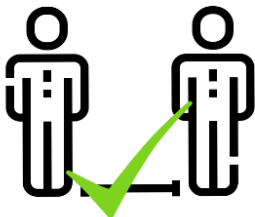


Before your visit, be sure to disinfect your hands.



Preferably change your clothes at home. Our dressingrooms are limited available.

During your visit



Keep a distance of 1,5 meters between others. Cough and sneeze in your elbow



Don't shake hands or make physical contact in any other way.



Dressingrooms and showers are available.



It's possible to use a locker.



Toilets in the Sports Centre are available.



Bring your own towel.



Bring your own sports bottle.



Clean the equipment and machines when you are done.



Bring your UnionCard or CampusCard.



At all times follow these rules, and the instructions of our employees.



After you workout, leave the accommodation directly.