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BACHELOR'S PROGRAMME PSYCHOLOGY

**PROGRAMME GUIDE
FIRST-YEAR STUDENTS
2023/2024**



UNIVERSITY OF TWENTE.

In this programme* guide you will find all the information you will need as a first-year bachelor student. It contains information on the educational set-up, student support and the education programme, as well as important links to websites with (additional) information for students.

**This programme guide was compiled using information available at the time of publication. The programme guide has been written with utmost care, however, if applicable, the formal rules as stated in the Education and Examination Regulations shall prevail. Therefore no rights can be derived from the content of this programme guide.*

**BACHELOR'S PROGRAMME PSYCHOLOGY
FACULTY OF BEHAVIOURAL, MANAGEMENT AND SOCIAL SCIENCES
UNIVERSITY OF TWENTE.**

WELCOME TO THE DEPARTMENT OF PSYCHOLOGY!

You have chosen to study Psychology at the University of Twente! This year, you will be studying human behaviour. The objective is to acquire knowledge of factors that lead to or affect behaviour, based on systematic research. If you have an understanding of certain behaviour and are able to explain and predict it, you are able to use this knowledge to positively influence behaviour and to change situations, for example in healthcare, business or education.

THE EDUCATIONAL SET-UP

Education at the UT is offered in modules: each module combines different subjects (such as theory, statistics and skills) around a psychological theme. This system is called the Twente Educational Model (TOM). In each module, the acquired knowledge and skills are strongly connected with the project. A project is a realistic assignment (taken from practice) on which you will be working with a project team. You will analyse a problem and create a systematic design for solutions (interventions) for social problems. Each module covers 10 weeks and consists of 15 ECTS (1 ECTS = 28 hours of study = ± 40 hours per week).

STUDY CHOICE AND SUCCESS

In the first year of your studies, it is important to find out whether this programme is the right choice for you. For this reason, the first-year bachelor programme is set up to allow students to get acquainted with the study of psychology, based on a first, introductory module, Psychology and Intervention Design, and three thematic modules: Social Behaviour, Cognition and Development, and The Individual. You will learn about the basic disciplines of psychology (such as social psychology, cognitive psychology, development psychology and personality psychology), basic research methods and statistics, and psychological design and research. Attention is also paid to acquiring professional academic skills, such as academic writing, project management and group collaboration.

In order to determine whether the study of Psychology is right for you and whether you will be able to complete the entire programme, the University of Twente enforces a binding recommendation: each student will receive a binding recommendation at the end of the first year. If you receive a negative binding recommendation at the end of the first year, you will be obliged to discontinue the Psychology programme. This means you will not be able to enrol again, for three consecutive academic years. After the first module, you will receive a preliminary recommendation, based on your results. After the second module you will receive a preliminary recommendation again. If a preliminary recommendation is

negative, you will be invited for a meeting with the study adviser to discuss your results. Aside from these moments, you are always welcome to schedule an appointment yourself as well, when you deem this helpful or necessary. At the end of the first year, you will receive a final (binding) recommendation. We do not only take into consideration your study results, but also any special circumstances, such as illness or family circumstances. It is, therefore, important to report any such circumstances to the study adviser as early as possible.



All important information will be communicated through your student e-mail, through the digital learning environment Canvas (on the module and on the 'Bachelor's programme PSY year 1 2023-2024' page) and via the website www.utwente.nl/psy/bachelor. More information about Canvas can be found on page 14.

THE STUDY PROGRAMME

The study of Psychology at the University of Twente is unique because of its practical nature, aimed at designing interventions that contribute to resolving psychological problems from practice. Thorough insight into psychology, good knowledge and skills in research and a systematic design approach are the basis for all knowledge you will acquire during the programme.

The bachelor's programme in Psychology is a three-year programme of 180 ECTS in total, and consists of modules of 15 ECTS. These modules are divided into multiple module components that, in your first year, belong to one of the four courses of learning:

- a. Theory
The theoretical module component focuses on the main relevant theories, concepts and models that are at the basis of the discipline of psychology.
- b. Research Methods
This module component is mainly about acquiring the knowledge and skills needed to engage in scientific research – to be able to conduct research yourself, but also to assess the value and implications of existing research. In this module component you will also actively engage in the use of the statistics computer programme R.
- c. Professional Academic Skills
In the module component Professional Academic Skills students are trained in the acquisition of academic and professional skills as a psychologist/academic. This concerns basic academic (writing) skills, academic thought, communications skills, organisational skills and reflective skills.
- d. Design and Research
In this module component you will gain knowledge and skills for conducting research and designing, aimed at a future role of researcher and professional. You will learn to find solutions for psychological problems, supported by research. You will study the design approach of behavioural change (the ASCE model) and you will apply your skills in the field of research methods. This module component will be addressed mainly in the module projects.

THE FIRST YEAR

The first year of the bachelor's programme consists of four modules that cover the basics of psychology. You will study the main scientific disciplines of psychology and in each module you will engage in a project in which you put your knowledge and skills into practice.

Bachelor 1 (B1) - Academic year 2023-2024																																							
Semester 1																				Semester 2																			
Block 1A					Block 1B					Block 2A					Block 2B																								
Week number:					Week number:					Week number:					Week number:																								
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
Module 1: Psychology and Intervention Design					Module 2: Social Behaviour					Module 3: Cognition and Development					Module 4: The Individual																								
15 ECTS					15 ECTS					15 ECTS					15 ECTS																								
10 test subject credits																																							

Test subject hours

Another aspect of the first (and second) year of the bachelor's programme is regular participation in research programmes of employees or senior students (10 credits in the first year and 5 credits in the second year). Through taking part in research as a test subject, you will get acquainted with the various types of research, which will assist you in gaining experience setting up and carrying out research activities by yourself. There is a procedure for 'Test Subject Credits' and a 'Manual Sona Systems' which explains what is expected of you, how to enrol, etc. More information can be found on www.utwente.nl/psy.

THE SECOND AND THIRD YEAR

If you have obtained a positive binding recommendation in the first year, you can proceed to the second year. In the first and second block of year 2 (modules 5 and 6) you choose two optional modules you will study more thoroughly. This is a preparation for the specialisations of the Psychology master's programme of the University of Twente: Conflict, Risk & Safety (CRS); Health Psychology and Technology (HPT); Human Factors & Engineering Psychology (HFE); Educational Psychology (EP); and Positive Clinical Psychology & Technology (PCPT).

In the second semester of the second year (block 2A and 2B) module 7 focuses on how to set up and carry out a substantiated psychological research project, and module 8 on applying professional conversation skills (such as conducting an interview), interacting with groups and orientation on the (broad) work field of psychologists.

Bachelor 2 (B2)			
Semester 1		Semester 2	
Block 1A	Block 1B	Block 2A	Block 2B
Module 5: Option 1 of 3 modules: - CRS - HP - EP 15 ECTS	Module 6: Option 1 of 2 modules: - HFE - PCPT 15 ECTS	Module 7: Research Methods and Research Project 15 ECTS	
		Module 8: Psychological and Professional Skills 15 ECTS	
5 test subject credits			



In the last block of the first year, information meetings are held on the optional five modules, to assist you in the choice to be made at the end of the first year.

In the first week of the second year, there will be a kick-off lecture during which information will be provided on the set-up of the second year.

The third year starts with six months/a semester of elective space. In this period you are required to make a well-considered choice of courses with a total of 30 ECTS, based on your personal interests, qualities and ambitions. You can choose for (a combination of):

1. Minors of the UT (such as High Tech Human Touch modules);
2. Studying abroad;
3. Join-In minors – attending a module at another UT programme;
4. An optional Psychology module you did not take in the second year;
5. Courses at another university in the Netherlands (after approval by the B3 bachelor coordinator).

The second part of the final year of the bachelor's programme consists of a reflective module (on the ethics, history and philosophy of psychology). Simultaneously, you will be working on your final thesis project, called the bachelor thesis.

Bachelor 3 (B3)			
Semester 1		Semester 2	
Block 1A	Block 1B	Block 2A	Block 2B
Elective space	Elective space	Module 11: History, Ethics and Philosophy 15 ECTS	
		BSc Thesis Psychology Graduation 15 ECTS	
15 ECTS	15 ECTS		15 ECTS



If you would like to know more about the content of the modules in the bachelor's programme, go to the course catalogue: www.utwente.nl/coursecatalogue, where you will find information on the modules (as available at present).

TYPES OF LECTURES

Each module consists of different types of lectures. You will study approximately 40 hours per week, of which about 60% consists of contact hours (such as lectures, tutorials, working on projects, etc.). Generally, you will be attending lectures 4 (partial) days per week; which leaves one day on which there are no lectures. Besides other moments during the week you will especially be planning your studying for tests and working on assignments on this lecture free day.

The programme highly values in-person education and education is therefore, in principle, offered on campus. It is possible that some educational activities will be offered online, which is then communicated through the timetable.

Types of lectures	Description
Lecture	Two lecture periods of 45 minutes with a break. The lecturer provides information on the subject matter (for the test).
Tutorial	The subject matter is processed in assignments, sometimes done in groups. Tutorials are of a more interactive nature.
Practical	Working on a project or using a specific computer programme, individually or as a group. You are required to bring your laptop!
Project (tutor) meeting	Half a day per week is scheduled for project guidance. For more information on this, see 'Projects' below.
Independent (self) study	Independent study is for mastering the subject matter and working on assignments.

Classroom etiquette and class participation

A successful class depends on the active engagement of all students. Students should turn off all cell phones or other communication devices while in class. Class discussions should be respectful and considerate of other's views and opinions. What happens in class stays in class unless you receive permission from the teacher to share something. With online education there are also a few points of attention. This among other things includes having a working laptop (to bring to tutorials, if needed) and stable internet connection, turning on your camera if requested and being on time for a live lecture/tutorial if active participation is needed.

Projects

A project is a central part of each module. During the project you are expected to integrate the available study materials and to maximise independent acquisition of knowledge in the group. In the first year, you will be working on a project in a tutor group of 25 to 30 students. A tutor (Psychology lecturer) is assigned to each tutor group. In each group, project groups of 5 or 6 students are created. The members of the project group share responsibility for the correct and timely realisation of their task. This means that the group members reach agreement on when you will be working (together) on the project, and the group members share the responsibility for the final result. An active and motivated working attitude is expected of all members of the project group. The tutor is a lecturer that acts as a coach (encouraging the learning process and the functioning of the team members) and evaluator (evaluating the work and providing feedback on the process and the contribution of the team members). In most cases, the tutor will also assess the final product/test. During the module, a weekly project (tutor) meeting will take place for each project group. During this meeting the tutor will discuss the progress of the project. During these meetings, the group can work on their project and ask the tutor questions. The tutor may sometimes provide intermediate feedback during these meetings. Additionally, the tutor can use the meetings to discuss subject matter and practical information that is relevant to proper realisation of the project.

TESTS

The final average grade of a module component consists of multiple (sub) tests, spread over time. The purpose of the combination of tests used by the study programme is to ascertain whether you achieved the learning objectives for the Psychology bachelor's programme and as such qualify for a bachelor's degree. The chosen assessment programme encourages students to study regularly. (Sub/partial) tests and assignments stimulate the student to keep up with the subject matter. An intermediate test reduces the dependency on a single examination and encourages variation in test types. There are a number of written (sub)tests (multiple choice and/or open questions), which focus on testing knowledge and insight. Skills are primarily tested in individual or group assignments. In order to pass a test, active participation in the programme is, of course, essential, which includes attending the lectures and spending enough time on independent study. Projects are generally tested based on intermediate deliverables and/or the group project report handed in at the end of the module and/or an individual (project) test.

Test plan

The number and type of (sub)tests depends on the module and is defined in the test plan. The test plan also defines the requirements you must meet for successful completion of the module components, and the weight of the various tests in the final grade for the module components. The test plan for each module can be found on the digital learning environment of the module (Canvas, see page 14), at the start of the module.

Possibilities for compensation and retaking a module

The test plan for the module indicates the requirements (for each module component) you must meet for successful completion of a module. In some cases you can compensate (test) grades within a module component. Therefore, always pay close attention to the weight of the various tests in the test plan, and the grade(s) you need to compensate to still pass a module component.

If, despite the options for compensation, you fail to complete (one of) the module components successfully and therefore the module, you might be allowed to resit a (sub)test. Information about resit possibilities, the content and date of the resit will be provided via Canvas. In most cases you will resit the failed test(s) in the next block.

If you do not qualify for a resit or if you fail the resit, this means that you failed the module component. In that case you will have to retake the (entire) failed module component the next time it is offered (in the next academic year, provided that your binding recommendation is positive).

EXCELLENCE/STAR-PROGRAMME

The Excellence Programmes of the UT offer additional challenges for excellent students who are talented, motivated and enterprising, who like to think out of the box, look beyond the borders of disciplines, and search for ways to give their ideas an impact on society. The (UT-wide) [Honours programme](#) for bachelor students is primarily aimed at widening the perspective. The *STAR-programme* is an example of a deepening programme. This programme is intended for students who belong to the top 10% of their year. The bachelor's programme in Psychology has its own STAR-programme, consisting of STAR-projects in several modules. A STAR-project is more challenging and more in-depth than the regular module project. Students are selected for the STAR-programme/project on the basis of their results in the earlier module(s), plus a letter of motivation. At the end of module 1, more information will be provided about enrolment and selection for the STAR-programme in module 2. If you are selected and successfully complete the

STAR-project, this will be indicated in the supplement to your (bachelor) certificate. The 'stars' you earned can be used for possible graduating with distinction.

EDUCATIONAL SET-UP

E-MAIL

From the first day of your study at the UT, make sure to always keep a close eye on your student e-mail (<studentname>@student.utwente.nl). This e-mail address is used for all important communications from the university. You can log in through: Microsoft Outlook. If you have not received a username and password, or if you forgot your password, contact the helpdesk of the ICT Service Centre (ICTS) ([LISA: ICT, library and archiving services | Service Portal | University of Twente | Service Portal | University of Twente \(utwente.nl\)](#)) or call: 053 4895577), and make sure to have your student ID on hand.

HOME PAGE UT STUDENTS

Via [Student Services | University of Twente \(utwente.nl\)](#) students can easily log on to all systems/applications of the University of Twente. Below you will find the most important information about the systems for first-year students. More information on the education applications is available at: [Educational systems | Home EDU systems \(utwente.nl\)](#).

STUDENT ID

The student ID of the University of Twente is a valid proof of identity for the UT and is also your proof of enrolment. Once your enrolment has been processed, your tuition fees have been paid, and your photograph has been uploaded to Osiris, you will receive your student ID by mail. This card must be shown upon request when using the university facilities, for example when taking tests, visiting the library, etc. More information on the student ID is available at: [Student Services | University of Twente \(utwente.nl\)](#).

PARTICIPATING IN MODULES

Timetables

The education programme uses a semester system: the academic year is divided into two semesters. Each semester consists of two blocks of 10 weeks each. In the first year there is one module in each block. The timetable for a module can be found in the system MyTimetable at [University of Twente - MyTimetable](#)

utwente.nl). You can find in the timetable whether a lecture or tutorial is offered online or on campus. In the latter case it states a location/room. A lecture day will run from 8.45 to 17.30 at the latest or from 13.45 to 22.00 at the latest. In addition, please note that for written tests that take less than 2 hours starting hours may also vary in order to spread the peak in public transport.

Academic calendar

An overview of the entire academic year can be found via [Academic calendar | Academic Calendars | Home \(utwente.nl\)](#). This calendar shows the start and ending dates of modules and holiday periods.

Digital systems Osiris & Canvas

Two digital applications are important when starting your studies at the UT: OSIRIS and Canvas. Osiris is used to consult information such as: address details, (final) grades, the education catalogue with module information, and information from your study adviser. Canvas is the digital learning environment of the University of Twente: information on the content of each module/course, the subject matter for tests, (sub)grades for tests, online education (via Canvas Conferences) etc, can be found on Canvas. In addition, Canvas is used for communicating the (project) group allocation or enrolling for the (project) groups through personal enrolment. Lecturers also use the system for posting lecture sheets and messages, and sometimes there is a forum for asking questions. You need an account for access to these systems. As a new student, you will receive a username and password. The password matches the original password you received to log on to the UT network.

Osiris: [OSIRIS - \(utwente.nl\)](#)

Canvas: [Dashboard \(utwente.nl\)](#)

Mandatory enrolment for modules through OSIRIS

Prior to the start of each module, you must enrol for the module in Osiris.

When you register for a module and its components in Osiris you are automatically enrolled in Canvas and for the tests within the module. For more information about registering in OSIRIS see: [\(De\)-registration for courses/modules and enrol for re-exams \(Canvas/Osiris\) | Student Services \(utwente.nl\)](#)

Enrolling on the Canvas site 'Bachelor's programme PSY year 1 2023-2024'

Next to the Canvas environment per module, there is a Canvas environment for first-year students that is important for guidance during your education. This site

also contains relevant general information on the education programme and the binding recommendation. Important information from the study adviser and programme coordinator about the programme will also be communicated through this Canvas site. During the 'Faculty Day', on 28 August 2023, you will learn how to enrol for this Canvas environment.

Study materials

Books and/or readers/syllabi are required for all modules.

Buying textbooks

Textbooks can be ordered from the bookshop, but it is often more convenient and cheaper to order textbooks through our study association **Dimensie** (see book letter): if you are a member of Dimensie you will get a discount. If you have ordered your books in time, you can pick-up your books on the Faculty Day 28 August. After this first time, you will receive e-mails from the study association concerning the period for ordering your books (online).

(WRITTEN) TESTS

Scheduling of tests/examinations

Timetables, including tests, can be found on the website [University of Twente - MyTimetable \(utwente.nl\)](https://www.utwente.nl/en/mytimetable). Any changes in, for example, examination dates, are incorporated in the digital timetable and may be announced through the Canvas environments of the relevant modules.

*General examination/test rules**

Enrol for the module in time via the applications provided for this purpose.
Always bring your student ID to a test.
When taking tests or during assignments or any other type of testing, do not copy work or ideas from other persons without stating the source (fraud).
Be aware that violation of this rule will be met with severe penalties from the Examination Board.

**No rights can be derived from these rules. All rules pertaining to education and examinations can be found in the Education and Examination Regulations. For the most recent Education and Examination Regulations see [Rules and Regulations | PSY \(utwente.nl\)](https://www.utwente.nl/en/rules-and-regulations).*

*Rules during on campus test/examination sessions**

Start of session	The maximum duration of a written examination is 3 hours. Examinations start exactly at the indicated time. Students may enter the room 15 minutes prior to the start of the examination.
Late arrival	Students who arrive late for a test are allowed to take the test up to a maximum of half an hour after the start of the test. After that participation is no longer possible.
Tools	Only attributes that are absolutely necessary for taking the test are allowed on your desk.
Examination supervisor present	A supervisor is present during the session (usually a lecturer). You must identify yourself by showing your student ID. When you hand in your work, each sheet must be marked with your clearly legible name, initials and student number.
Visits to the toilet	Restroom visits are not permitted during the first 60 minutes and last 30 minutes of the examination. Outside of this timeframe, restroom visits can only take place after consultation with the examiner/invigilator. Only one person at a time can be allowed to visit the restroom. Where necessary and feasible, an examiner/invigilator will accompany the student to the restroom. During the examination, direct or indirect contact with others is forbidden, inside and outside the room. Be aware that violation of this rule will be met with severe penalties from the Examination Board.

QUALITY ASSURANCE

The quality of the education is very important to the department of Psychology. We use a variety of methods to evaluate and improve the education programme:

- **Students opinion.** We collect the **opinions of students** about the education programme they follow (bachelor, pre-master and master). This is done by a questionnaire for all module/course participants and by panel meetings with representatives of the student year group. The

panel meetings provide insight into the satisfaction of students during the module, and allow us to make timely adjustments in the programme or the communication.

- **Report.** The student opinion results are reported to the programme management and teaching staff. Teaching staff and management reflect on the student opinion and other aspects of education such as achieved results and operational matters.
- **Improvement actions.** Teaching staff and programme management agree on improvement actions. The programme committee advises about the evaluation results and intended improvement actions. The programme committee is an advising committee constituted with an equal number of Psychology students and staff, chaired by a lecturer. The committee advises the programme director about all educational affairs.
- **Communication about student opinion results.** The website [Programme information for current students and employees Psychology BSc/MSc \(PSY\) \(utwente.nl\)](https://www.utwente.nl/en/education/psychology/bachelor/bachelor-psychology) contains a link to a website with information on the evaluation & quality of the education programme. As a student you can select your bachelor programme and take a look at the evaluation results for a particular module.

SUPPORT AND GUIDANCE IN THE FIRST YEAR

During your studies you will get in touch with Psychology lecturers on a daily basis. Besides the educational staff you will also get to know the supporting staff of the programme: your student mentor, the study advisers, staff of the Centre for Educational Support (BOZ), and possibly the programme coordinator, junior programme coordinator and programme director. The UT also offers additional student support by Student Affairs, Coaching & Counselling, through services such as student psychologists and student counsellors.

Student mentor in the first year

At the start of the academic year you will be assigned a student mentor. Student mentors are senior students who are supervised and instructed by the study advisers (see below). You will have an introductory meeting with your mentor to get to know each other, but also to receive important information on the binding recommendation that applies in the first year. You can contact your mentor throughout the year with practical questions and assistance with your study (skills). In the first semester, the mentors organise a number of mentor group meetings to assist you in getting started in the first year.

Study Advisers

The study advisers for the Psychology bachelor's programme are Romee Olde Keizer, Chantal van Veluwen, Marlou van Nus and Iris Ceulen. They offer advice on study-related issues and inform students about practical matters related to their study. In the event of special circumstances, the student mentor always refers you to one of the study advisers. The study advisers may also invite you for an interview, for example when you failed a module. You can request a meeting with the study adviser yourself as well. This, for example, is important in the event of (personal) circumstances that have an impact on your study in general.



Contact information:

studyadviser-psy@utwente.nl

Request a meeting: [BMS Planner \(utwente.nl\)](https://utwente.nl/bms-planner)

Romee Olde Keizer

Room: Cubicus C104



Chantal van Veluwen

Cubicus C114



Marlou van Nus

Cubicus C104



Iris Ceulen

Cubicus C112



Centre for Educational Support: BOZ

Anneke Laarhuis is the Educational Affairs (BOZ) Officer for the Psychology department. She is responsible for many administrative tasks in regards to the PSY/MPS education programme. The office is open on working days, during office hours.



Contact information:

[Anneke Laarhuis](#)
Citadel, room H428
Tel 053-489 2570
BOZ-PSY@utwente.nl

Programme Coordinator

The programme coordinator for the department of Psychology is Manon te Vaarwerk. She assists the programme director in policy matters and she is responsible for the organisational, procedural and content coordination and alignment of the Psychology programme. If you have any complaints about the education programme or a particular module, or if you feel you have been treated unfairly, the programme coordinator is the first person to turn to.



Contact information:

[Manon te Vaarwerk](#)
Cubicus, room C116
Tel 053-489 5636
m.c.tevaarwerk@utwente.nl

Junior programme coordinator

The junior programme coordinator for Psychology is Marleen Janssen. She supports the coordination of the Psychology programme in several ways.



Contact information:

[Marleen Janssen](#)

Cubicus, room C111

Tel 053-489 1251

m.e.a.janssen@utwente.nl

Programme Director

Dr. Christina Bode is the programme director for Psychology. The programme director is in charge of the programme as a whole, and has a significant role in the development of the faculty education policy, organisation of education, and maintenance and improvement of the quality of education.



Student Affairs, Coaching & Counselling

Student Affairs, Coaching & Counselling (the “Red Counter”) is responsible for the individual and collective care for and guidance of UT students at a central level (in addition to the support staff of the programme looking after their 'own' students). This includes services such as student psychologists, a variety of courses (self-management, graduating, applying for a job) and student counsellors.



Contact information:

[Student Affairs, Coaching & Counselling](#)

Vrijhof, third floor (room 311)

[SACC | Home SACC \(utwente.nl\)](#)

Student Services Desk

The Student Services Desk is responsible for matters such as: admissions, registration and deregistration. You can contact them in case of any questions regarding those topics.



Contact information:

[Contact Centre Student Services](#)

Boerderij, Boerderijweg 10

[Student Services | University of Twente \(utwente.nl\)](#)

AFTER THE FIRST YEAR, HEAD FOR THE MASTER'S PROGRAMME!

If you have obtained a positive binding recommendation at the end of the first year, you can proceed to the second year. In the second year of the bachelor's programme you will get acquainted with the application of psychology in specialisations offered at the UT. The UT has made the deliberate choice not to focus on traditional disciplines of psychology (such as Social Psychology and Cognitive Psychology), but on five application-oriented areas of specialisation that line up with the research programmes of the Faculty of Behavioural, Management and Social sciences. As said before, in the second-year students must select two of five specialisations for further study. The five (master) specialisations are:

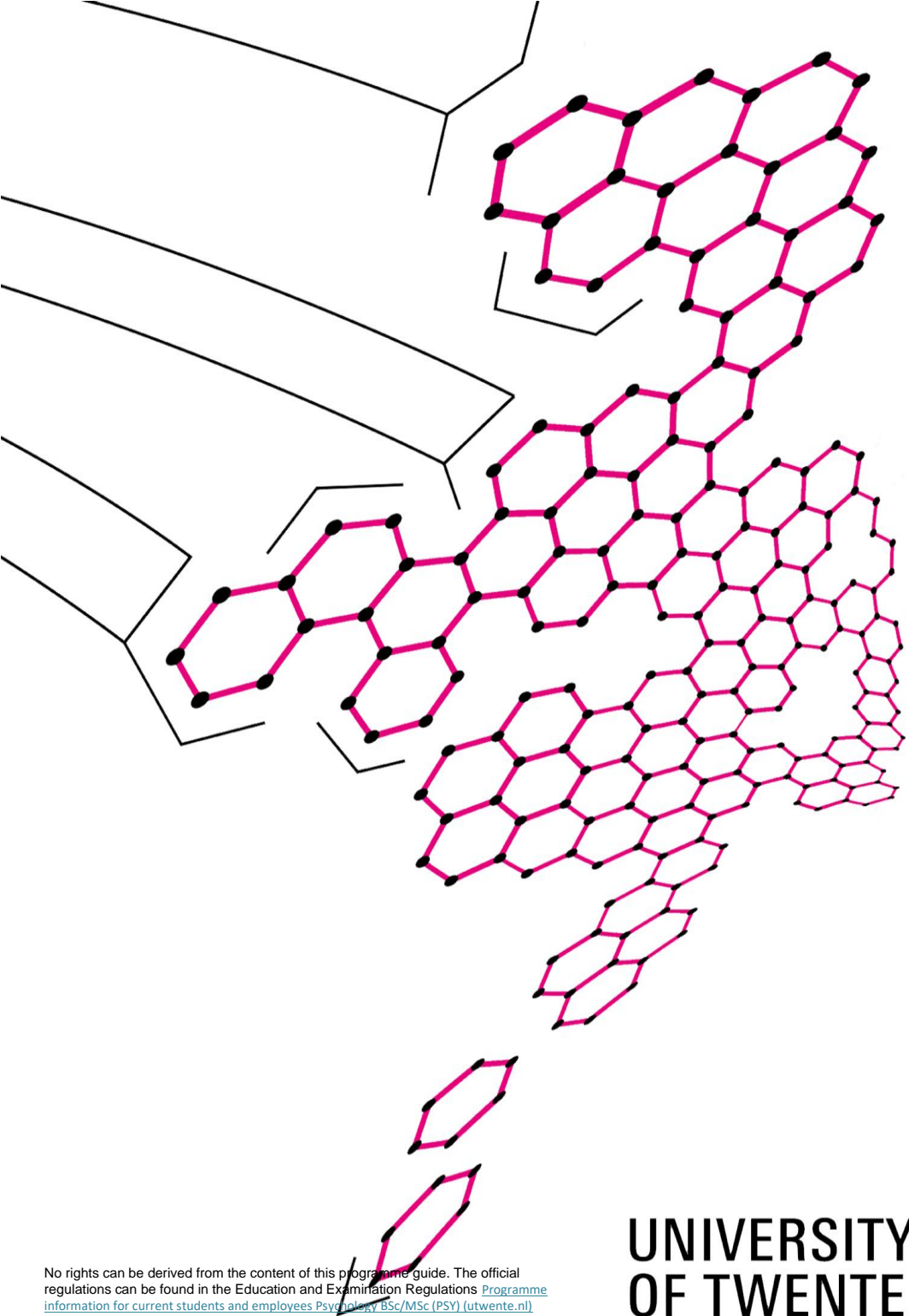
- **Conflict, Risk & Safety**
- **Health Psychology & Technology**
- **Human Factors & Engineering Psychology**
- **Educational Psychology**
- **Positive Clinical Psychology & Technology**

In each specialisation, the student will study the subject matter from the basic disciplines (e.g. Social Psychology and Clinical Psychology), but the subject matter will often be linked to a practical psychological issue. The specialisation 'Health Psychology & Technology', for example, centres on physical health, so the focus in courses will also be on physical health. Attention will also be paid to practical matters, such as how to encourage healthy behaviour, and the risk of unhealthy behaviour to a person's psychoanalytical and physical health.

If you would like to know more about the content of the specialisations in the master's programme, have a look at the information website for the master's programme: [Master Psychology \(utwente.nl\)](https://www.utwente.nl/en/master-psychology).

**BACHELOR'S PROGRAMME PSYCHOLOGY
UNIVERSITY OF TWENTE.**

**W [Bachelor's Programme | Bachelor Psychology | PSY \(utwente.nl\)](#)
E studyadviser-psy@utwente.nl**



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