

UNIVERSITY OF TWENTE.

Dear Colleague,

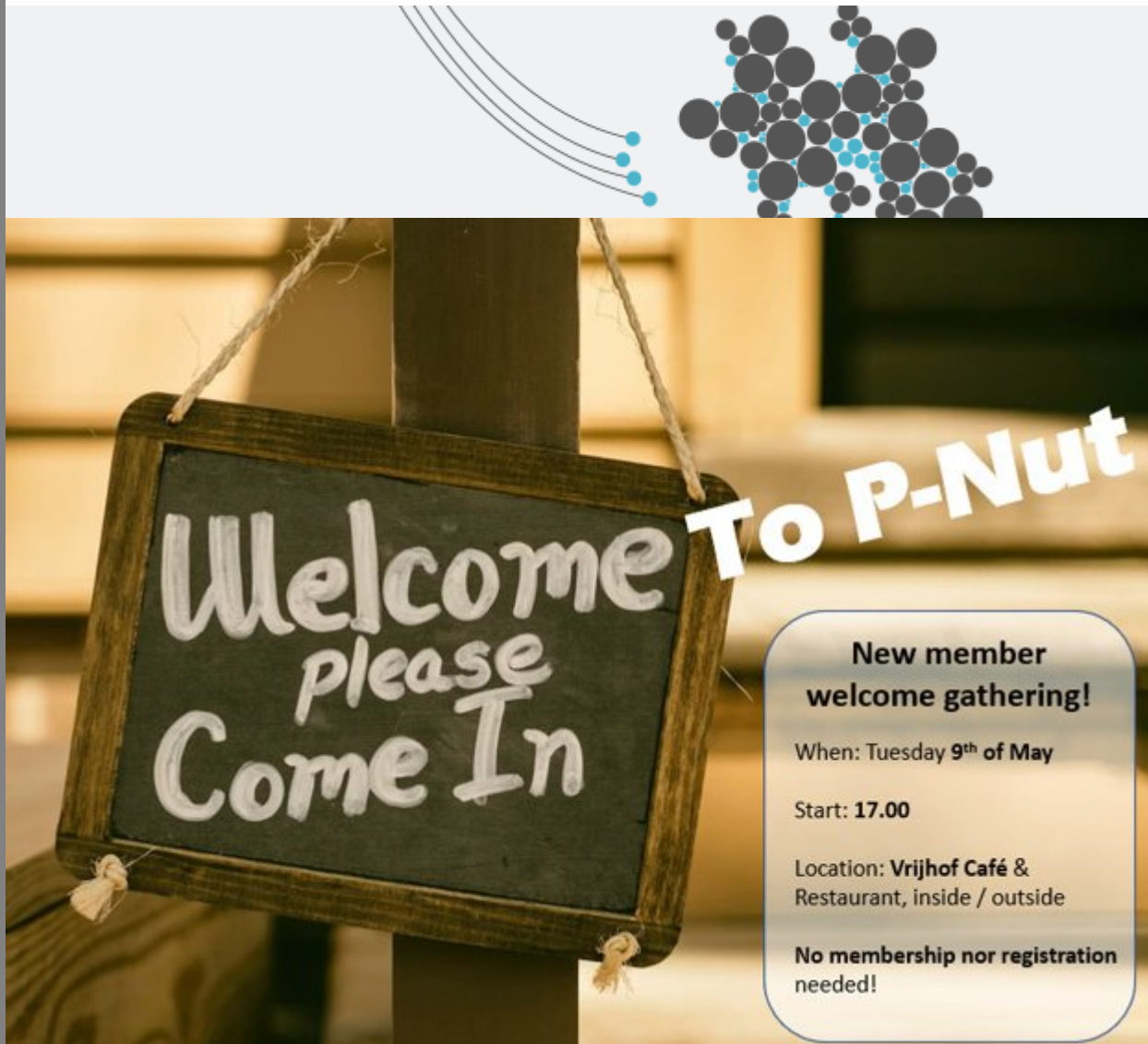
it is that time of the month again where we update you on the latest news around P-NUT and more. We present the perfect event for you or your colleagues to become a member of P-NUT. It's also the month of the Eurovision Songcontest. A quick overview of what we have planned for you:

- Welcome ITC on Campus
- P-NUT Welcome Gathering (More information: [link](#))
- P-NUT Watches Eurovision Songcontest (More information: [link](#))
- BCG's PhD Lunch & Learn (More information: [link](#))
- Work pressure discussion (More information: [link](#))
- PNN Newsletter Highlights (More information: [link](#))
- Other Events



WELCOME ITC ON CAMPUS

As of last month, the ITC has officially moved to the Langezijds building on campus. We from P-NUT want to congratulate our colleagues with their newly renovated offices. Even though we have had many members coming from the ITC, the distance made it difficult for us to reach out to them. We are looking forward to having more interaction between ITC and P-NUT!



PNN NEWSLETTER & SCHOLARS SURVEY

Maybe you have been thinking about becoming a member of P-NUT but not taken any action. Maybe you want to see how things work out, or you are not sure if P-NUT is the right place for you or simply have not found the right event to connect. No worries, we have got you covered. On Tuesday the 9th of May P-NUT will be hosting a Welcome to P-NUT gathering where you can meet your fellow doctoral candidates while enjoying some drinks in the Theatercafé Vrijhof. First drink is on P-NUT, even if you are not a member! The time is now to join our community. We hope to see you there!

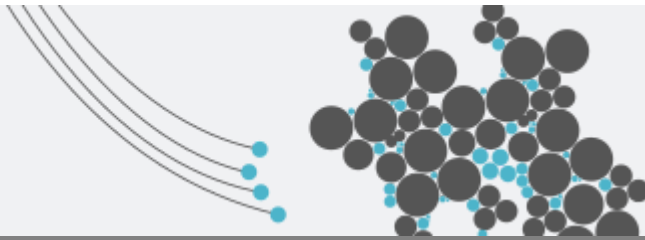
What: Welcome to P-NUT gathering

When: Tuesday May 9th 2023, 17:00

Where: Theatercafé vrijhof

Costs: Free for everyone!

Note: No need to register, just drop by, there is enough room for everyone! Join the [P-NUT WhatsApp group](#) to keep up to date about the latest developments on this event.





EUROVISION SONG CONTEST MAY 13TH 2023

Whether you actually like the music or not, the eurovision songcontest is always a feast for the ears and the eyes. The key secret is to watch it together with others. Are none of your friends available that evening? No worries, we've got you covered! P-NUT will meet up at De Vluchte to watch the Eurovision Songcontest together. We will also be available to explain the concept, after which you will have the possibility to bet for your favourite country and engage with the minigames like the eurovision bingo. We highly encourage you to dress up like the eurovision artists with a lot of glitter and glamour. We will have several prizes to give away during the evening. But most importantly, we want you to hang out with us and have a nice evening.

What: P-NUT Watches Eurovision Songcontest

When: May 13th 2023, 19:00 - 02:00

Where: [De Vluchte](#), Oldenzaalsestraat 153a

Costs: Free, including 2 drinks for members only!

Note: join the [P-NUT WhatsApp group](#) to keep up to date about the latest developments on this event.

[Register now!](#)



VIRTUAL EVENT – BCG'S PHD LUNCH & LEARN

You've always been the one who takes on the extra challenge, the extra credit, and the extraordinary opportunities. You've always been the person who grows and flourishes through intellectual diversity.

We can help you take your next step in a career that will surpass the status quo.

We're looking for people like you, with advanced degrees, to help us make a different kind of impact. People who want to perform meaningful work with a greater purpose that delivers real value to society.

Pursuing a PhD used to mean an expected career path. At BCG, it's anything but that. It's taking your career beyond your academic achievements, surpassing your expectations.

At BCG, your work and contributions make a difference from day one. You'll join a multi-disciplinary team from diverse backgrounds, where your intellectual curiosity, creativity, and problem-solving skills make a valuable contribution to client projects at every stage of the journey.

On May 23, 2023, we welcome you to get to know our BCG consultants, hear about the possibilities we offer you and answer your questions about BCG and the opportunities available with strategy consulting.

Don't miss this opportunity to embark on a professional and personal journey that will take you beyond the expected. Sign up [here](#) today!

For more information, contact [Bess Balhuizen](#). We look forward very much to meeting you!



LOOKING BACK ON A FRUITFUL DISCUSSION

Along with Studium Generale, P-NUT has organized a discussion on work pressure for doctoral candidates on the 13th of April. We assembled a Panel consisting of rector magnificus Tom Veldkamp, TGS manager Minke Klomp, PhD coach and blogger Arjenne Louter, PhD Supervisor Marieke Huisman and PhD Candidate Clément Lezane. We want to thank everyone who contributed to the discussion in an effort to put your concerns on the agenda of the policy makers of the UT. UToday has written an article on the discussion which you can find [here](#)!



PROMOVENDI NETWERK NEDERLAND

DISCUSSION ON WORK PRESSURE APRIL 13TH

P-NUT works closely together with PNN, a national organisation. Via their newsletter would like to update you on the latest PNN matters such as the national think tank who needs ideas on the topic "[meaningful aging](#)"; becoming an [ambassador](#) for graduates and students who want to stay in the netherlands and on their board member Marije. Check out their newsletter [here](#)!



OTHER EVENTS

P-NUT is far from the only organisation that organizes events. There is a whole lot of other activities going on on campus every day. Even though these events are not organized by P-NUT, we want to share some of them with you. Did you know about the following?

The [Language Café](#) is a monthly gathering in which participants can practice their skills in Spanish, Dutch, German, French and English. You can join at any level and there is free drinks. The next Language Café takes place on the 25th of May from 18:00 to 19:30.

The theme of [Dies Natalis 2023](#) on the 12th of May is societal impact. How does our research impact the non-academic world? Frans Timmermans, executive vice-president of the European Commission will give a lecture.



JOIN P-NUTS WHATSAPP GROUP

The P-NUT SocialApp group on WhatsApp provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join the SocialApp.

BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;

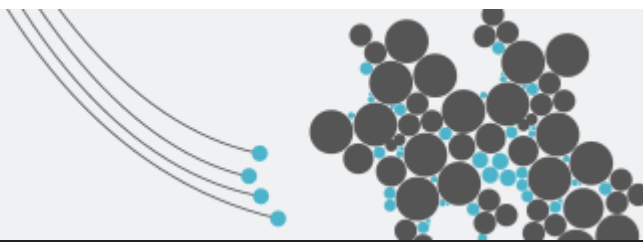
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

If you are not interested in joining this group but still want to be informed about events and updates you can also join the P-NUT InfoApp. We only share moderated messages from the P-NUT board there.

[Click here to register.](#)



About P-NUT

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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