### UNIVERSITY OF TWENTE.

Dear Colleagues,

We are happy to share with you our March newsletter. Here are our most recent news and upcoming activities (see details below):

#### **OVERVIEW NEWS/EVENTS**



#### P-NUT Farewell & Welcome Event

Join P-NUT Farewell and Welcome party on Saturday 26th of March 2022 at 20:00 in De Vluchte.

<u>Click here for more info and registration (see below for more details)</u>



# P-NUT - A gentle introduction to Cuban Salsa (with Marcel)

Do you have no idea what to do now that corona measurements have eased? Join us for a **FREE** introduction to Cuban Salsa with Marcel from Cuba.

<u>Click here for more info and registration (see below for more details)</u>



# Outstanding service to the P-NUT community award

The "Outstanding service to the P-NUT community award" was presented to Rob Bemthuis for all his time, dedication, and energy to chart our organization and grow P-NUT as a community-oriented organization. He served the board for more than three years and we're grateful for his work.

See below for more details



#### P-NUT New Board Elected

Each year in March the fate of P-NUT hangs in the balance as a new board has to be elected. The new board is...



#### **P-NUT University Council Election**

Do you want to have an impact besides your research? Do you want to help make the voice of the community of doctoral candidates heard? Nomination Day is on April 20th, so make up your mind before then!

<u>Click here for more info and registration (see below for more details).</u>



#### **TEDxTwenteU**

TEDxTwenteU is looking for speakers and would like to invite you to apply as a speaker. The event will be on the 14th of May in Enschede.

<u>Click here for more info and registration (see below for more details).</u>



### National ThinkTank Recruits New Members

Are you a Dutch masters or PhD student that directly wants to make societal impact after graduating? The National ThinkTank is recruiting new members for 2022!

<u>Click here for more info and registration (see below for more details).</u>



#### The Future of Dutch Science

Wim van Saarloos has written essays about the distinctive strengths of Dutch 'polder science' and about our university landscape. He will discuss this in the event taking place on Tueday 29th of March at 19:30 - 21:00.

<u>Click here for more info and registration (see below for more details).</u>



## P-NUT Collaboration with Twentsche Foodhall

P-NUT started a unique collaboration with the Twentsche Foodhall. As a member of P-NUT the Twentsche Foodhal offers P-NUT members discounts.



#### Join P-NUTs Futsal Team

Are you into playing soccer/football? Are you interested playing in a team? Join the P-NUTS Futsal (indoor soccer) team now!

<u>Click here for more info and registration (see below for more details).</u>



#### P-NUT WHATSAPP GROUP

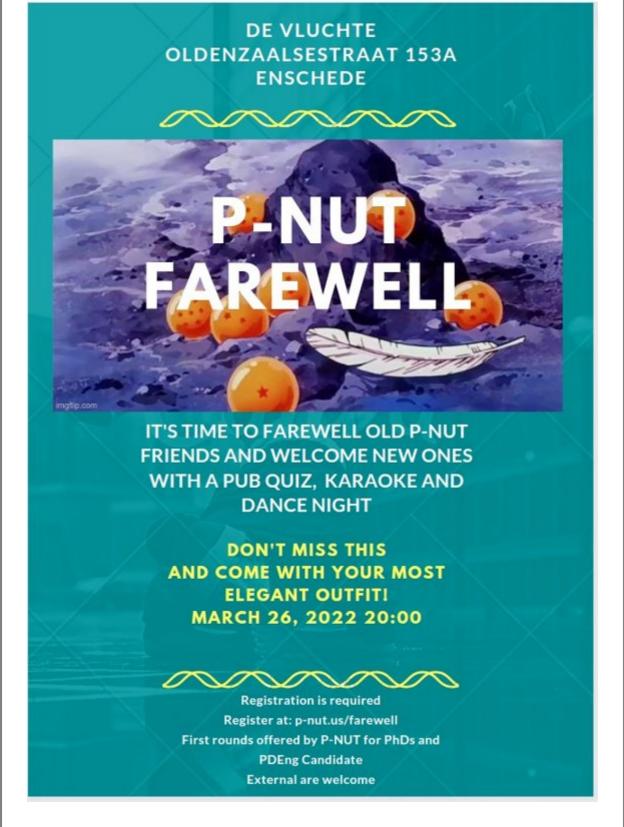
The P-NUT WhatsApp group provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support.

<u>Click here for more info and registration (see below for more details).</u>



#### P-NUT FAREWELL & WELCOME PARTY

After fighting the obscure forces, is it time for our heroes to depart? Join us for the last **farewell to old P-NUT Friends** and meet new ones in a night of Pub Quiz, Karaoke, and Dancing. We invite you to get out that fancy conference outfit that you never manage to pull out of your closet and enjoy with us our last night.



What: P-NUT Farewell & Welcome party

When: Saturday March 26th, 2022

Time: walk-in 20:00h; event starts 21:00h

Costs: free!

Where: De Vluchte, Oldenzaalsestraat 153a, Enschede (Google Maps location

here).

Please click here for more information and registration.



## P-NUT - A GENTLE INTRODUCTION TO CUBAN SALSA (WITH MARCEL)



Do you have no idea what to do now that corona measurements have eased? Have you always been interested in dancing? Are you planning a trip to an exotic land or just want to impress your partner? Join us for a **FREE** introduction to Cuban Salsa with Marcel from Cuba. Don't let this opportunity miss you and sign up for this fun event that P-NUT has brought you.

**What**: P-NUT - A gentle introduction to Cuban Salsa (with Marcel)

When: Friday April 8th, 2022

Time: 18:00-19:45

Costs: free!

Where: Audiozaal, Vrijhof building

Please click here for more information and registration.

#### **OUTSTANDING SERVICE TO THE P-NUT COMMUNITY AWARD**



During the closing program of the general members meetings, the "Outstanding service to the P-NUT community award" was presented to Rob Bemthuis for all his time, dedication, and energy to chart our organization and grow P-NUT as a community-oriented organization. He served the board for more than three years (as treasurer, 2019 and 2021; and vice-president, 2021) and we're grateful for his work. Some words from his side:

"I am greatly delighted to be selected for this award! It's a great honor. The biggest appreciation goes to the board members and peers who helped the association to achieve its accomplishments for the past few years.

P-NUT is at its strongest when you are involved, which has been one of the most exciting parts for me. The social nature of the network and frequent meet-ups in person helped to get projects and ideas moving. P-NUT also impressed me because of its representation duties, addressing topics like labor conditions, diversity, internationalization, and open science. On a personal note, I very much enjoyed organizing what we called "low effort, high impact" events. Delivering something back to the community has been a key motivation that drove me. I was fascinated with the open and generous nature as well as the curious spirits of fellow doctoral candidates. As a surprising side outcome, an extraordinary girl appeared out of nowhere.

Sharing knowledge and getting advice from peers can be truly useful and enriching. When you're able to see beyond the surface and look at someone else's point of view, you can connect with people, which allows you to think more deeply, and that's hugely valuable. Yet, P-NUT is not only about telling anecdotes, funny mishaps, or poignant situations, but it's a support network that can help you to take on any cause. I encourage PhDs and PDENgs to take part in this journey and take this vital opportunity to make a difference. Let's roll up our sleeves and continue this adventure!

A great thanks to P-NUT for this nice award. I wish the new board great success in achieving their goals and ambitions."



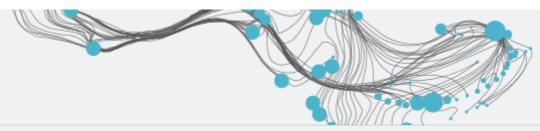
#### **P-NUT NEW BOARD**



Each year in March the fate of P-NUT hangs in the balance as a new board has to be elected. The new board consists of Akhil Pallamreddy as President, Peter Slijkhuis as co-president, Bram Kohlen as treasurer, and Franziska Koefer as Secretary, who will continue her efforts of the past year. The new board will tackle all things P-NUT with renewed energy, and of course we have high expectations of them, which they will no doubt live up to.

We must sadly also say goodbye to board members who have served on the P-NUT board for the last years. P-NUT recognizes the efforts done by those great individuals, and thanks them for all that they have done to help us succeed. A particular farewell to the outgoing board members Guido Peters, Rob Bemthuis, Yasser Pordeli, and Fardad Maghsoudi Moud. Guido has served on the board for more than three years, as representative (2019, 2020) and president (2021). Rob served three terms on the board, as treasurer (2019), board member (2020), and treasurer and vice-president (2021). Yasser and Fardad also step off the board and are gratefully acknowledged for their volunteering at P-NUT.





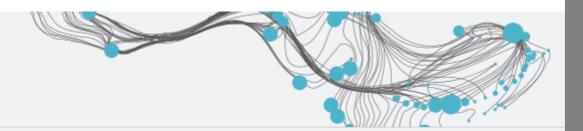
#### P-NUT UNIVERSITY COUNCIL ELECTION



Do you want to have an impact besides your research? Do you want to help make the voice of the community of doctoral candidates heard?

As the elections for the University Council are coming up fast, this is your time to shine! Last year, Anton Atanasov, former chairman of P-NUT, became the first doctoral candidate to be on the University Council in years. He is now our inside man, providing P-NUT with essential information and unique possibilities to influence policy that affects doctoral candidates. If any of this appeals to you, consider running for the University Council Elections! Nomination Day is on April 20th, so make up your mind before then! The complete schedule can be found <a href="https://example.com/here/new/memory.co

If you would like any further information, feel free to contact us!



#### **TEDXTWENTEU**



**TEDxTwenteU** is looking for speakers and would like to invite you to apply as a speaker.

We believe it's a great way to show the talents and ideas which we have at the UT. Previous talks at TEDxTwenteU received up to 1.5 million views!

The event will be on the **14th of May in Enschede**.

The application deadline is the 25th of February.

For the application only a pdf description and a 3 minutes video are needed.

Past speeches can be found on our website.

Please click here for more information and registration.



#### **NATIONAL THINKTANK 2022**



Are you a **Dutch masters or PhD student** that wants to make a **societal impact after graduating?** The **National ThinkTank** is recruiting new members for 2022! Together with twenty talented participants you will follow a **4 month programme** – **from the 15<sup>th</sup> of August till the 16<sup>th</sup> of December** – in which you will do research into and find practical solutions for a current societal issue. This year, the National ThinkTank will focus on the topic "biodiversity". The global climate crisis emphasizes that this theme requires our attention. Think about soil fertility and crop pollination in agriculture, unclear policy from the Dutch government regarding nature,

lack of awareness among policymakers, companies and citizens, and financial risks. With a proper approach, a green environment can contribute to social cohesion, and our physical and mental health.

**Interested? Sign up before April 10**, join one of the online information nights at March 15 or March 23 (these events will be held in Dutch) or check the website for more information: <a href="https://nationale-denktank.nl/word-deelnemer/voor-wie/">https://nationale-denktank.nl/word-deelnemer/voor-wie/</a>



#### THE FUTURE OF DUTCH SCIENCE



**Wim van Saarloos** has written essays about the distinctive strengths of Dutch 'polder science' and about our university landscape. He increasingly sees the basis of our higher education and science system eroding, due to a number of compounding factors: the underinvestment of the Netherlands in science and the knowledge economy, the rise in number of students, the changing role of universities in society, and trends in our funding system. Van Saarloos will discuss these factors and share his ideas about how the tide can be turned.

**Prof. Dr. Wim van Saarloos** is a theoretical physicist and former president of the Koninklijke Nederlandse Academie van Wetenschappen (KNAW). In cooperation with the Young Academy of the University of Twente (YA@UT), P-NUT and Ideefiks.

The event is on Tuesday 29th of March 2022 at 19:30 - 21:00.

Please click here for more information and registration.

### P-NUT COLLABORATION WITH TWENTSCHE FOODHALL

P-NUT started a unique collaboration with the Twentsche Foodhall.



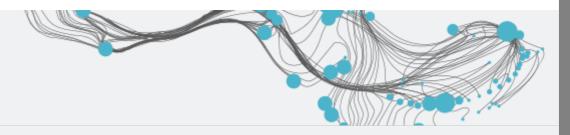
The Twentsche Foodhal is the place in Enschede where you can organize your PhD party in an urban atmosphere. The 8 world cuisines offer great and affordable authentic dishes. All dietary needs can be met, from vegetarian to vegan, from glutenfree to halal. In addition, there are always 16 types of beer on tap and a wide choice of (non-) alcoholic beverages. Please contact their event manager (reserveringen@twentschefoodhal.nl) to explore the possibilities. "Your wish is our central concern".

### As a member of P-NUT the Twentsche Foodhal offers P-NUT members the following:

- 10% discount on drinks
- 100% discount on use of our audio and visual equipment
- because your guests and you yourself enjoy our food and drinks, we do not ask rent for the space
- we like to work customer-oriented, the wishes of the doctoral candidate are central (average prices for dishes vary from €5 to €11 per dish)

Have a glance at this in-house video shooted by a drone:

Watch Youtube Video



#### JOIN P-NUTS FUTSAL TEAM



Are you into playing soccer/football? Are you interested playing in a team? Join the P-NUTS Futsal (indoor soccer) team now!

Several research groups/organisations have their own team and **play 5 against 5 once a week**. Both ladies and gents can participate in the competition. Joining the competition is fun and free. Join the new P-NUTs Futsal team and enjoy the new season!

What: Futsal (indoor soccer)

**When:** every Tuesday / Wednesday / Thursday (only at one of these days)

Where: Sporthal UT

Participation cost: Free

If you are interested to participate, please contact us now via <u>p-nut@utwente.nl</u> or <u>click here to register!</u> After confirmation, you will get notification about the matches

and you can reply on the invitation!



#### JOIN P-NUTS WHATSAPP GROUP



The P-NUT WhatsApp group provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join our WhatsApp group.

#### BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

#### SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

#### Click here to register.









#### **About P-NUT**

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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