

# UNIVERSITY OF TWENTE.

Dear Colleague,

It's the last month of the year and therefore this is also the last P-NUT newsletter of the year. The P-NUT board wishes you a merry christmas and a happy new year. We hope to see you at our events in the next year. We have listed some upcoming events in this newsletter along with other news! These are the news items in a nutshell:

- P-NUT finances events! (More information: [link](#))
- Speed Networking 13th of January (More information: [link](#))
- Kick-off 2023 party 21st of January (More information: [link](#))
- Excursion to Arnhem 12th of February (More information: [link](#))
- P-NUT Complaints Box and CSC Scholar update (More information: [link](#))
- My student wants to pursue a PhD/EngD (More information: [link](#))



**P-NUT FINANCES EVENTS!**

One of the core tasks of P-NUT is the organization of events. This has been proven to be a successful and valuable means for doctoral candidates to meet up and connect. However, continuity is at stake and current volunteers are nearing the end of their term. Do you think that you can keep the PhD community together?

P-NUT has a monthly budget for events. Whether you want to organize a party, an active hike or board game evening, it doesn't matter. P-NUT can sponsor your event for up to 200 euro. We need you to spend this money, no restrictions! [Let us know](#) if you are interested!

Note: P-NUT is not only organizing networking events, but also active in university politics. Currently, we are looking into how the university deals with external scholarships. We have short lines with the executive board, the dean of TGS and the university council to realize our plans. Are you motivated to contribute? [Click here!](#)



**P-NUT.** **EQUITY**

# Speed Networking

**13TH JANUARY - 12:30 H**  
DESIGNLAB UTWENTE  
REGISTER TO JOIN!

**SPEED NETWORKING COMING UP ON JANUARY 13TH!**

Do you want your new year to start with fresh inspiration, new connections and interesting conversations?

No matter if you strategically want to expand your network or just want to meet new people from different faculties – the second EQUITY [speed networking event on January 13th](#) is just right for you!

From 12:30 to 14:00 h you will get in contact with many new people and have meaningful dialogs right away – no chance for boring questions or standard answers! Instead, you will get to talk (and listen) about unusual and surprising questions like: What is the weirdest food you have ever eaten? Imagine your life (or parts of it) would become a Hollywood movie – what genre would it be? By this, you will get a direct connection to the colleague you just met and remember their favorite superpower – no awkward weather talks allowed here. Plus, as a bonus motivation, free vegetarian/vegan lunch will be provided!

What are you waiting for? Register [here](#) and come to the speed networking on January 13th to start your new year full of inspiration!

Have you never been to a P-NUT event before and don't want to go alone? Just bring a colleague along with you, you both will meet new people nevertheless

If you want to know more about the EQUITY group from P-NUT, please reach out to [p-nut@utwente.nl](mailto:p-nut@utwente.nl) mentioning EQUITY. We are eager to get in touch with people who envision a more inclusive and equitable university!

[Click here](#) to register!



P-NUT.

Kick-off 2023

# Party

21 Jan 2023

Skybox



It's the end of January and the magical Christmas time has ended. In these cold and dark days P-NUT is coming to the rescue! We invite you to toast with your fellow doctoral candidates on the new year. We provide the snacks and drinks, so you can focus on having a good time. May this year be filled with lots of empirical insights and the publications that follow from it!

**What:** Kick-off 2023 party

**When:** January 21st 2023

**Where:** Skybox (tentatively)

**Costs:** Free for members, 5 euro for non-members

**Note:** join the [P-NUT WhatsApp group](#) to keep up to date about the latest developments on this event.

[Click here](#) to register!





# Excursion Museum Arnhem

**"How dare you make me  
feel this way?"**

**Save the date  
February 12th, 2023**

**EQUiTY**

**Th!nk with  
Pride UT**



<https://www.museumarnhem.nl/en/tentoonstellingen/how-dare-you-make-me-feel-this-way>

## **P-NUT EXCURSION TO MUSEUM ARNHEM ON FEBRUARY 12TH**

On Sunday February 12th, 2023, we are going to Museum Arnhem. Their latest exhibit "How dare you make me feel this way" provides a trans-perspective through art, focusing on trans and queer joy. More than enough reason to hop on a train to Arnhem and have someone guide us through the narrative. Have a first sneak peak on [their website](#), and mark the day in your calendars. We spend about three hours at the museum, one of which will be a guided tour by the people that conceptualized the exhibition.

In a (preliminary) nutshell:

- Travel to Arnhem together (bring your own brunch, leave around 10am)
- Guided tour Museum Arnhem "How dare you make me feel this way" (around 12pm, 1hour)
- Browse museum some more/discuss the exhibit
- Late lunch picnic (bring your own lunch, around 3pm)
- Travel home (back in Enschede around 6.30pm)

Everyone pays for their own train tickets. We will provide the option to book a group ticket. The travel back and forth then costs about 14 euro (round trip, exact price depending on the number of people joining). If you want to use that option, please

indicate so in the registration form, and come to the station 15 minutes early. We do the payment and booking there.

Everyone also pays for their own museum entrance. For students, that is 5 euro (bring your student ID), for museum card holders it's free (bring your museum card), and for the rest we get a group rate of 13 euro per person, to be paid at the museum entrance.

The costs for the guided tour are covered by the organizers.

Make sure to bring food for before and after the exhibition.

Registration necessary for coordination with the museum.

**What:** Excursion to Museum Arnhem

**When:** February 12th 2023

**Where:** We meet at Enschede Central Station, then go by train to [Museum Arnhem](#)

**Costs:** Travel + museum entry (see above)

**Note:** join the [P-NUT WhatsApp\\_group](#) or Th!nk with Pride WhatsApp group to keep up to date about the latest developments on this event.

[Click here](#) to register!





P-NUT Complaints box

And CSC Scholars update

## P-NUT COMPLAINTS BOX AND CSC SCHOLAR UPDATE

In our previous newsletter, we have already hinted at our [complaint box](#). Lots of doctoral candidates have complaints about something. Be it something simple like food from the waaier canteen or something complex like a conflict with the university. Until now, there was not a way to contact P-NUT easily (or even anonymously) which raised the threshold for contacting us. This complaints box lets you send an e-mail (anonymously if you want) to the p-nut inbox. We will read your complaint and try to do our best to deal with it. Even if we cannot help you directly, it's important to let us know.

We have already successfully piloted the complaint box. In the last newsletter, we have already hinted at our complaint box to ask about the situation of [CSC scholars](#) in particular. We have received a number of complaints about the financial situation of these scholars and the P-NUT board is in contact with the executive board to find a suitable solution. To be continued!

Are you receiving a scholarship to do your PhD/EngD? Chances are that you are treated differently by the university to those who are employed by the university, despite doing the same work. Don't hesitate to [contact us](#), we want to hear about your story, also if your scholarship is not coming from the CSC! We want to hear about what you think of the height of your scholarship. We are also interested in the information you received about the difference between a scholarship and an employment at the university prior to your scholarship.



## P-NUT Information Page: Should your students pursue a PhD/EngD?



### MY STUDENT WANTS TO PURSUE A PHD/ENG D

P-NUT aims to connect, inform and represent doctoral candidates at the UT. To start early and help prospective peers during their orientation phase, we host an [overview with useful information](#) on our website. To this, we recently added two [profiles of current PhDs](#) in which P-NUT board members Leoni and Mario are telling their story as doctoral candidates and explain why they made this choice. They also offer to be a point of contact for general questions about the doctoral experience at UT. As you are receiving this newsletter, we know that you have already made up your mind about doing a PhD. However, you may have some Bachelor/Master students in your department or another network who are considering pursuing a PhD/EngD trajectory. If you need some material to convince them, you may point them to [our page](#).





# Join P-NUTs Futsal Team



**What:** Futsal  
**When:** once a week  
**Where:** Sporthal UT  
**Cost:** Free



SCAN ME

## JOIN P-NUTS FUTSAL TEAM

Are you into playing soccer/football? Are you interested playing in a team? Join the P-NUTS Futsal (indoor soccer) team now!

Several research groups/organisations have their own team and **play 5 against 5 once a week**. Both ladies and gents can participate in the competition. Joining the competition is fun and free. Join the new P-NUTs Futsal team and enjoy the new season!

**What:** Futsal (indoor soccer)

**When:** every Tuesday / Wednesday / Thursday (only at one of these days)

**Where:** Sporthal UT

**Participation cost:** Free

If you are interested to participate, please contact us now via [p-nut@utwente.nl](mailto:p-nut@utwente.nl) or [click here to register](#)! After confirmation, you will get notification about the matches and you can reply on the invitation!

Note: Currently, P-NUT is looking for someone to organize activities with the futsal team. Let us know if you're interested.





## JOIN P-NUTS WHATSAPP GROUP

The P-NUT SocialApp group on WhatsApp provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join the SocialApp.

### BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

### SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

If you are not interested in joining this group but still want to be informed about events and updates you can also join the P-NUT InfoApp. We only share moderated messages from the P-NUT board there.

[Click here to register.](#)



### About P-NUT

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

*Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.*

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