

UNIVERSITY OF TWENTE.

Dear Colleagues,

We are happy to share with you our November newsletter (2nd edition). Here are our most recent news and upcoming activities (see details below):

OVERVIEW NEWS/EVENTS



Join P-NUT's PhD & PDEng Day 2021

This year's edition promises to be a grand spectacle. The keynote speaker includes Jamie Hyneman (Mythbuster). Secure your seat and obtain study credits (ECTS)!

[Click here for more info and registration.](#) (see below for more details)



Join P-NUT's Christmas event

With the holiday season fast approaching it is time to celebrate the most well-loved P-NUT event of the year – the P-NUT Christmas Dinner.

[Click here for more info and registration.](#) (see below for more details)



PhD and PDEng Women

We are making a new initiative to start the discussion about women PhDs and PDEngs at the University of Twente.

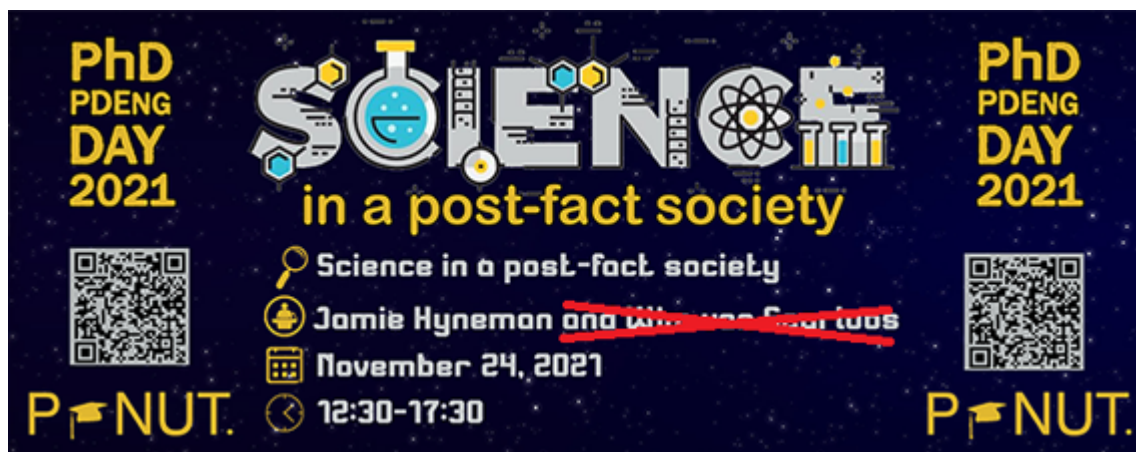
[Let us know!](#) (see below for more details)



P-NUT WHATSAPP GROUP

The P-NUT WhatsApp group provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support.

[Click here for more info](#) (see below for more details)



Summary

See the program and registration form ([link](#)).

Event

The physical part will take place in the Waaier building, room Waaier 3 (**not in the Gallery building**, as indicated before). Registration opens at 12:00h and the keynote at 13:00h. A perfect time to get a coffee around 12:30h - with a sweet pastry.

Hybrid - online

The event will take place in a hybrid fashion, meaning physical and virtual. We will host the event via Zoom: (link can be obtained through registering for the event). Notice that we allow you to use the chat service (there is chat moderation).

Hybrid - physical

Admission to the physical event is given based on a **first-come, first-served** priority. You will get name tags that are valid during the whole event. If you decide to leave the event earlier, please inform one of the P-NUT board members, because then we could give access to other persons. Notice that we already reserved some seats for guests that play an active role during the day.

COVID-19 measures

We limit the maximum physical group size to 75. It is also required to show a **COVID-19 certificate (green pass)** upon entering the physical event.

Besides that, we urge you to comply with the basic measures as presented by the Dutch national government:

- Wear a mouth mask when you move from one room to another. If you are sitting down, the mouth mask may be removed.
- Wash your hands regularly, cough or sneeze into your elbow, do not shake hands.
- Perform a self-test regularly.
- Stay home if you have symptoms and get tested.
- Keep your distance.

- Keeping a distance of 1.5 metres is not compulsory, but is desirable if the situation allows.

Certificate of attendance

A certificate of attendance will be given to all participants who register and attend. It is calculated that the activities in the program equal 0.25 European Credits (ECs). The following requirements need to be fulfilled in order to obtain the certificate:

1. attendance at the online or physical sessions (and registered for the event);
2. fill in a survey from the Female Doctoral Candidate Initiative (the survey is anonymous, yet, we expect you to fill it in);
3. fill in a feedback form about the PhD & PDEng Day (submit before the 28th of November).

The **due date** for fulfilling these requirements is Sunday the 28th of November. YAs you may know, you can combine such certificates into a “package” worth 5EC and make some steps towards fulfilling your EC requirements.

Pitches

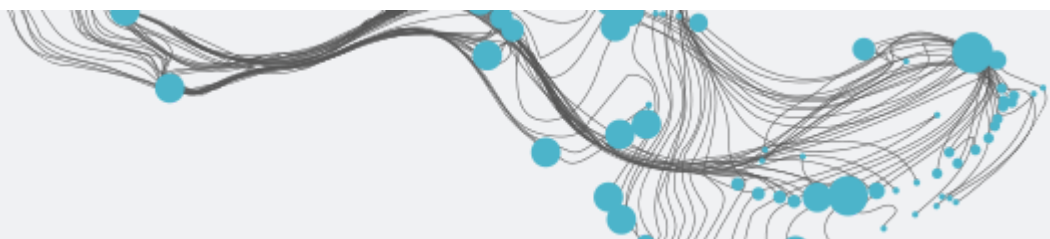
The last part of the event (starting at 16:00h) will include pitches regarding initiatives from doctoral candidates. There are still two spots left to **pitch your initiative**. We will provide 5-10 minutes of stage time. Perhaps you could use that time to make other people enthusiastic about your ideas. The pitch won't require any presentation slides. Got an idea ready to pitch? Inform one of the P-NUT board members!

Please notice that the final program may be subject to change. For the most recent information, have a look at the online program ([link](#)).

Hope to see you (virtually) there!

Not convinced? Have a glance at the 2019 edition: https://www.youtube.com/watch?v=KS1bvC4H2lc&feature=emb_logo

[Click here for more information and registration!](#)



JOIN P-NUT'S CHRISTMAS EVENT

A red poster for the P-NUT Christmas Dinner. At the top left, it says 'P-NUT CHRISTMAS DINNER' in white. To the right is a small image of a 'STAMPPOT op het menu' with three bowls of food. Further right is a 'REGISTER NOW' button and a QR code with a 'SCAN ME' button below it. In the center, the text 'P-NUT. Christmas Dinner' is written in a stylized font, with 'P-NUT.' in white and 'Christmas Dinner' in yellow. To the right of this text are three hanging Christmas ornaments: two yellow and one green. At the bottom left, a white box contains the following text: 'WHAT: DINNER, DRINKS, FUN ACTIVITIES & GIFTS FROM SECRET SANTA', 'WHEN: DECEMBER 4TH, 2021', 'TIME: 14:00-20:00', 'WHERE: DE VLUCHTE, OLDENZAALSESTRAAT 153A, ENSCHEDE', and 'COSTS: 5 EUROS'. At the very bottom, a dark red bar contains the URL 'https://www.utwente.nl/en/p-nut/events/2021/christmas-dinner/' in white.

P-NUT CHRISTMAS DINNER

STAMPPOT
op het menu

REGISTER NOW

SCAN ME

P-NUT.
Christmas Dinner

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<https://www.utwente.nl/en/p-nut/events/2021/christmas-dinner/>

CHRISTMAS (DINNER) is coming !!!! Ho Ho Ho!!!!

With the holiday season fast approaching it is time to celebrate the most well-loved P-NUT event of the year – the P-NUT Christmas Dinner. To make the Christmas holiday a great experience for you away from home, PNUT invites you to our yearly Christmas Dinner. Along with an amazing dinner at the De Vluchte, P-NUT is planning an evening filled with fun activities. It is time to gear up the fun side of yourself and spend an awesome evening with fellow PhDs and PDEngs, great food, and presents! There will of course be an additional surprise for the winner of the games. Notice that a COVID certificate for activities is required in order to join the event.

Dutch stamppot

This year's edition will include the most famous Dutch winter dish: stamppot. Ever wondered "what the heck is it?" Basically it's a combination of potatoes mashed with one or several vegetables (and sometimes fruits). The vegetable pairings traditionally include sauerkraut, endives, kale, spinash, or turnip greens. The food is topped off with a traditional Dutch sausage. You will have the chance to taste three types of stamppot: boerenkoolstamppot (kale stamppot), zuurkoolstamppot (sauerkraut stamppot), and hutspot (onion and carrot stamppot). Of course, we also take into account special dietary wishes.

[Click here for more information and registration!](https://www.utwente.nl/en/p-nut/events/2021/christmas-dinner/)



PHD AND PDENG WOMEN



We are making a new initiative to start the discussion about women PhD and PDEng at the University of Twente. The goal is to get together and have an informal gathering where we can discuss diversity and inclusion. Are you interested in joining? Please contact us (p-nut@utwente.nl)! More details are yet to come!

Informal (online) gathering

One of the initiatives is about an informal gathering with the Female Doctoral Candidate working group. The event is planned to take place on the 1st of December via an online meeting. Interested? Register now to get posted about updates!

[Click here for more information and registration!](#)



JOIN P-NUTS WHATSAPP GROUP



The P-NUT WhatsApp group provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will add you to the group or you will provide a link to join the WhatsApp group(s).

P-NUT has two WhatsApp groups: *P-NUT InfoApp* and a *P-NUT SocialApp*. In the P-NUT InfoApp, only a selected number of P-NUT Board members has write access to post announcements and other relevant information. The P-NUT SocialApp is meant for socializing. Please indicate in the registration form which group(s) you would like to join.

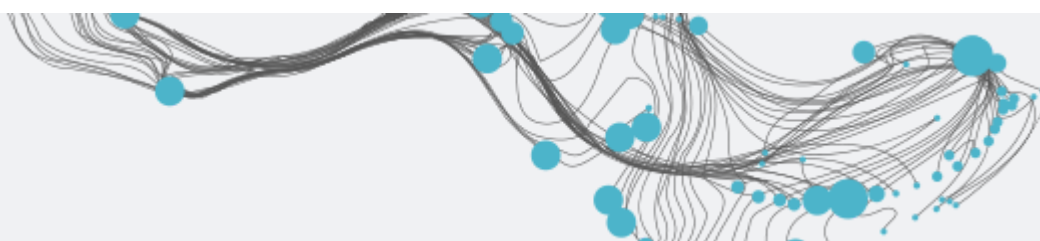
BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

[Click here to register.](#)



P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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