P-NUT Newsletter July 2021

# UNIVERSITY OF TWENTE.

**REGISTER NOW FOR P-NUT COCKTAIL TASTE EVENT EDITION 1** 

Friday 16th of July at 18:00



Dear Colleagues,

We are happy to share with you our July newsletter. Here are our most recent news and upcoming activities (see details below):

## **OVERVIEW NEWS/EVENTS**



# P-NUTS COCKTAIL EVENT EDITION 1

Friday 16th of July 2021 at 18:00.

<u>Click here for more info and registration (see below for more details)</u>



## **P-NUT WHATSAPP GROUP**

The P-NUT WhatsApp group provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support.

Click here for more info (see below for more details)



## JOIN THE ACTIVE P-NUT COMMUNITY!

Do you want to join the PhD/PDEng organization of the University of Twente?

Click here for more info (see below for more details)



# Join BODY DOUBLING

Have you always felt that you worked better in a room full of other working people? Join body doubling!



#### **ECIU SURVEY**

The aim of the survey is to collect information about PhDstudents' participation and interests on research training programmes, courses and activities available in their institutions.

Click here to fill in the survery (see below for more details)



# P-NUT FOOD AND DRINKS VI (special edition: @Airport Twenthe)

It is already the sixth edition of the P-NUT Food & Drinks event. This time (special edition) we go to the event area of Twenthe Airport. Let's hope for a balmy summer night. The event area is beautifully appointed. On Friday the 30th of July we are heading to Air Stanislaus which is located at the Twenthe Airport. Are we going to see you there?

<u>Click here for more info and registration (see below for more details)</u>



# VACANCY RESEARCH DATASTEWARD

The UT is looking for research datastewards (in total for 2 fte) to support the implementation of research datamanagement (RDM) and FAIR data.

Click here for more info (see below for more details)

## P-NUTS COCKTAIL EVENT EDITION 1



Celebrations are on their way. We believe that nothing beats a nice summer, except some cool refreshments. Everything will be arranged for you. We have selected a few top cocktails (there are no alcohol-free versions available; except some fresh drinks).

Click here to register.



#### **P-NUT WHATSAPP GROUP**



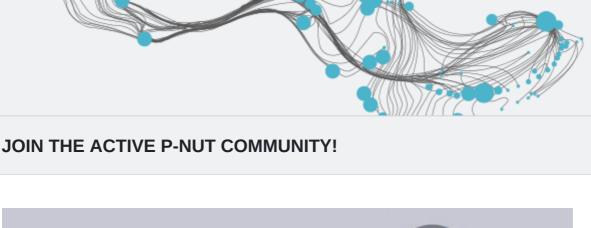
The P-NUT WhatsApp group provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join our WhatsApp group.

#### **BENEFITS OF JOINING THE GROUP**

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

#### SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.



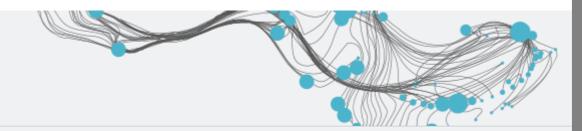


You wish to be more than a regular P-NUT member?

- Be involved as a PhD student?
- Make a difference at the UT?
- Be involved and arrange fun activities?
- Make important connections?

We are always looking for enthusiastic new members like you!

You would like to become more actively involved in our association, e.g. by organizing events, representing and informing other doctoral candidates? We are always looking for enthusiastic new members like you! A position boosts your CV. If you would like to join our team, fill in <u>this form</u> and we will contact you!



# P-NUTS BODY DOUBLING INITIATIVE



Have you always felt that you worked better in a room full of other working people? Do you routinely go to a library, coffee shop or park to be able to concentrate better? Then body doubling might be something for you!

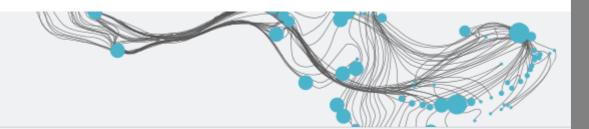
A body double is someone who is in a room with you and unconsciously boosts your productivity. They can do whatever they please, like working on their own projects, but also watch a movie, read a book, mop the floor, etc. By doing this, they will become passive sources of accountability, as in they don't actively tell you what to do, but will still instill a sense of productivity in you. Amazingly, this body doubling doesn't *have* to be in a room with you, they can also simply be on a group call with you.

Therefore, I have created a Teams group in which people can start their own bodydoubling sessions. You can simply ask around if anyone wants to join a body doubling meeting with you, just start a meeting and wait until someone joins, or join a meeting if there is already one going on. The idea is to keep your camera on, but to put yourself on mute, as the idea is not to distract each other. However, if you want to keep your own camera off that's just fine.

#### You can find the link to the Teams group here

If you want to learn more about Body Doubling and how it works, click here.

See you there!

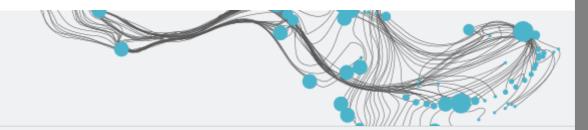


#### **ECIU SURVEY**



The aim of the survey is to collect information about PhD-students' participation and interests on research training programmes, courses and activities available in their institutions. The information gathered will enable ECIU University to establish an Academy and design an online PhD training programme as part of its capacity building strategy (additional information available at: <u>https://www.eciu.org/for-researchers/about</u>). The survey is anonymous.

Click here to fill in the survey.



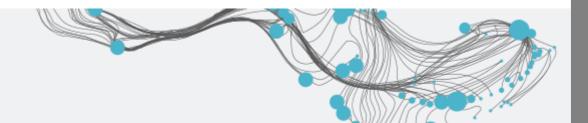
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On Friday the 30th of July we are heading to Air Stanislaus which is located at the Twenthe Airport. Are we going to see you there? As you can see on the map, Air Stanislaus at Vliegveld Twenthe is less far than you think: 20 minutes by bike from the center of Enschede. And the weather will hopefully be beautiful! Enjoy a freshly tapped beer and a wonderful dinner. And of course a scoop of ice cream on the way back.

Click here to register.



## VACANCY RESEARCH DATASTEWARD



The UT is looking for research datastewards (in total for 2 fte) to support the implementation of research datamanagement (RDM) and FAIR data.

Research data stewards support researchers with all parts of RDM such as a datamanagement plan, data collection, data storage, data cleaning, data analysis and long term archiving.

The data stewards will shape the services together with the ICT account managers of LISA and the research support staff at the faculties.

For more information check this (internal) vacancy description.



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#### **About P-NUT**

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of P-NUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

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Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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