

UNIVERSITY OF TWENTE.

Dear Colleague,

easter is around the corner, but before you head off painting eggs we want to share the latest news and events with you for the upcoming month. Are you not celebrating easter? No worries, you can still join our stargazing event. See our overview here:

- Introducing Your New P-NUT Elected Board! (More information: [link](#))
- P-NUT Bonfire Stargazing March 30th (More information: [link](#))
- P-NUT Board Members Wanted! (More information: [link](#))
- P-NUT Monthly Drinks (More information: [link](#))
- P-NUT Day Recap (More information: [link](#))

There are more events to come in April, so stay tuned. You can get the latest updates in the [P-NUT WhatsApp group](#).

Have you unsubscribed from the newsletter in the past? Due to a bug in the Pronuntio system of the UT all active PhD candidates have been resubscribed to this mailing list. We ask everyone who wants to unsubscribe to do so via [this link](#). No need to send us an e-mail anymore!



INTRODUCING YOUR NEW P-NUT ELECTED BOARD!

On 8th March, a new board was elected during the GMM annual meeting. We're thrilled to announce the freshly elected P-NUT board members to all of you.

Get ready to meet the faces behind the roles, each bringing a unique blend of passion, expertise, and dedication to our shared mission.

□ Mira El Akkawi: President

Hey there,

I'm Mira, coming from the lovely city of Beirut, Lebanon, currently rocking my 2nd year of PhD. After landing in Enschede, I jumped into the P-NUT crew just a month later, and six months down the line, I became part of the board. Just like P-NUT helped me dive into the PhD scene, I aimed to make sure newcomers felt the same warmth. We threw together socials and sports events to keep PhD spirits high. Plus, I handled P-NUT's internal and external affairs, pushing for better PhD representation across faculties and within them.

Now, I couldn't be more thrilled to serve as the president of the P-NUT board for the upcoming year ! Teaming up with fellow board members has been an absolute joy and I am looking forward to another year of working together towards our shared goals.

□ Muriel Holzreuter: Vice President

Hi everyone! I'm Muriel, a second-year PhD candidate from Switzerland and an enthusiastic member of the P-NUT board for the last year. It has been a great experience that has brought me new friends, learning opportunities, and some much needed distraction from my regular work. In the last year, I was overseeing the P-NUT website and social media as the PR chair. Now, I'm excited to continue making a positive impact with P-NUT as vice-president, and to learn more about the inner workings of the UT.

I'm confident that, alongside the rest of the elected board, I can contribute greatly to the well-being and strength of the P-NUT community. Excited for the journey ahead!

□ Mario Boot: Secretary

Yay, on to another board year! My name is Mario, in my 4th year, born and raised in NL. Privately, I love traveling, volunteering, being outdoors, DIY projects, and many kinds of stuff like psytrance and the 7th generation principle. I'm not sure if I would have continued my PhD without the friends I made via P-Nut. I am looking forward to keep having a joyful time, together with the other amazing and more-than-capable board members. I'll work on seamless administration and organization. That may seem boring but to me it's satisfying to do something that is crucial to keep the community alive - and to charge your fees ;) Also there's some improvement to do, like saying goodbye to unsustainable ING, ensuring privacy for your data, and getting

rid of our outdated approach for membership management. Hope to see you soon on some of our great events like a spring time cycling tour, or a tasting in a winery in Twente (yes, they exist!).

□ Janike Bolter: Treasurer

Hey there! I'm Janike, a second-year PhD candidate from Germany, but you might know me better as Kiki on WhatsApp, where I spam you with info about our events as co-Leader of the events team. A year ago, I joined P-NUT and its board because I'm passionate about our community and wanted to play an active role in shaping its future. It's been an eye-opening experience, helping me understand how our university operates and where there's room for improvement, which is why I'm excited to be the treasurer of the P-NUT board 2024.

Let's work together to make a real difference!



Bonfire Night with P NUT.

Join for 1 or
both locations

Join us for
some fun in
Easter



Saturday 30 March

Location #1: Arboretum,
UT Campus
from 19:00-20:30

Location #2: Behind the
"HUB" Calslaan Zuid
from 20:30

P-NUT BONFIRE STARGAZING MARCH 30TH

Happy Easter: come to the P-NUT bonfire!

Join us for a delightful evening as we come together to celebrate the long Easter weekend. We will start the evening by gathering at the Arboretum UT for a few drinks while waiting for the sun to set. Bring snacks and blankets to cosy up!

Did you know that the timing of Easter is intricately tied to the cycles of the full moon? Let's explore this celestial connection and delve into the mysteries of the cosmos with the insightful guidance of Reinhard Bolter, physicist and amateur astronomer.

Finally, we'll gather around a cosy bonfire right here on campus. Feel free to bring marshmallows or any other snacks you can roast on a stick, and let's make the most of the rest of the evening together.

In case the weather isn't cooperating, fear not! We'll still look towards the stars in a science fiction movie, sparking discussions about the fascinating possibilities it presents.

Come join us for an enchanting evening filled with warmth, discovery, and delightful company.

Sign up now!

What: Stargazing bonfire

When: 30.3.2024, 19:00

Where: Arboretum UT + Campusfireplace

Costs: free!

[Click here to register!](#)



P  NUT.

BOARD MEMBERS WANTED!

At P-NUT, we're on the lookout for passionate individuals to join our board. Currently, we have openings for the positions mentioned below. Do you see yourself fitting into any of these roles? Reach out to us at p-nut@utwente.nl, and let's start a conversation about your interests and how you can contribute. Even if you don't find a perfect match among the listed positions, we're open to discussing other opportunities to join our board. Your enthusiasm and ideas are what matter most to us!

Internal & External Relations - Faculty representation TNW

We're excited to announce an opportunity for a PhD/EngD candidate from the TNW faculty to step into a meaningful role representing their peers! As part of this role, you'll be involved in various aspects such as:

- Be the face of TNW's doctoral candidates during (biweekly/ quarterly) meetings with P-Nut, the Faculty Board, the Faculty Research Policy officer, and more
- Engage and collaborate with various stakeholders to translate policy changes to the doctoral community and presenting needs and opportunities back to UT boards
- Assist in organisation of faculty events like Research Days
- Align with other doctoral working groups at other faculties

If you're passionate about shaping PhD/EngD policies and fostering well-being within your faculty, thrive in a team environment and relish the opportunity to be a voice for your community. We'd love to hear from you!

PR-Team – Social Media Sorcerer

Are you passionate about creativity and social media? We're looking for someone like you to take charge of our Instagram presence! As our Instagram Manager, you'll have the opportunity to showcase your creativity and engage with our community in exciting ways. Responsibilities include:

- Posting to the grid 2-3 times a week, featuring event promos, event highlights, informative posts, and more!
- Sharing stories regularly to keep our audience updated and excited about upcoming events.
- Crafting posts for upcoming events; you can adjust a pre-existing template or let your creativity run wild.
- Engaging with our audience by responding to messages and comments on Instagram.
- And most importantly, getting creative! We welcome fresh ideas and innovative approaches to elevate our Instagram presence.

If you're ready to make an impact, connect with our community, and unleash your creativity, this role is perfect for you!

P-NUT Day 2025 - Project Coordinator

Are you passionate about creating enriching experiences for (PhD/EngD) students? Would you like to take the lead, bringing together diverse talents to execute a vision? As the Coordinator of P-NUT Day, you'll have the exciting opportunity to lead a team

in curating an exceptional event filled with workshops and talks tailored to the needs and interests of our community. Your key responsibilities will include:

- Collaborating with the team to develop a compelling theme that resonates with our audience.
- Overseeing the event planning and execution, from catering over logistics to marketing, to ensure a seamless and memorable experience for all.
- Identifying and securing engaging speakers who can inspire and educate our attendees on a variety of topics relevant to their academic and personal development.
- Ensure plenty of networking opportunities inside and outside the UT community and foster a sense of community among participants.

If you want to challenge yourself and grow into a visionary leader with a passion for bringing people together, a knack for event planning, and a commitment to enhancing the student experience, then this role is perfect for you! Join us in creating a day of inspiration, learning, and connection for our vibrant PhD community.

Incentive fund 2024 Representative

Are you a PhD student striving to make a meaningful impact within your community? Do you possess an innovative idea to foster diversity, equity, and inclusion (DE&I) among the faculty, staff, or students at UT? If so, P-NUT is here to empower you to realise your vision through the UT Incentive Fund.

With this fund, you have the opportunity to transform your idea into reality, receiving up to €10,000 in support from the University. As P-NUT, having spearheaded numerous successful projects, we're poised to embark on another round of initiatives and seek a dedicated project lead to join our team.

As the project lead, your responsibilities will include:

- Conceptualising a compelling project or event that resonates with the DE&I Advisory Board and DE&I Team.
- Crafting a persuasive proposal to present to the DE&I Advisory Board and DE&I Team.
- Overseeing the implementation of the project alongside your team.

If you're passionate about enhancing the PhD community, honing your proposal writing skills, or have a brilliant idea waiting to be brought to life, we encourage you to apply for the incentive fund.

Join us in making a tangible difference and shaping a more inclusive environment at UT. Together, let's transform ideas into action.

Send an e-mail to p-nut@utwente.nl. If you are not sure, you can fill out [this form](#) and we will have a (non-binding) coffee to find out if this is something for you.



P-NUT MONTHLY DRINKS

Monthly Drinks

Sometimes, all you need is to gather with like-minded people that are in the same boat as you. Or maybe you just want to grab a beer with your colleagues. Whatever the reason, P-NUT organizes a meetup for drinks every first wednesday of the month. So block your agendas right away!

What: P-NUT Monthly Drinks April

When: Wednesday April 3rd 17:30

Where: Sports canteen

Cost: You pay your own drinks!

Note: Join the [P-NUT WhatsApp group](#) to keep up to date about the latest developments on this event.

[Click here to register.](#)



P-NUT DAY RECAP

On the 23rd of February, we held our annual PhD & EngD day under the name P-NUT day. People from many different research field had the opportunity to meet and interact in numerous workshops. We want to thank everyone for participating and making this into an unforgettable day.

We have recently sent a recap e-mail to everyone who signed up with a link to the pictures a questionnaire and a request to claim your credits. Did you participate but did you not get this e-mail? Please contact us via p-nut@utwente.nl.

Please also consider answering [the questionnaire](#) about the P-NUT day to help us improve the next edition!



Are you not done reading the latest doctoral news? PNN, the national PhD & EngD umbrella association, releases a monthly newsletter as well. This month you can read more about the upcoming negotiations for the labour agreement.

[Click here](#) to continue reading!



JOIN P-NUTS WHATSAPP GROUP

The P-NUT SocialApp group on WhatsApp provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join the SocialApp.

BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

If you are not interested in joining this group but still want to be informed about events and updates you can also join the P-NUT InfoApp. We only share moderated messages from the P-NUT board there.

[Click here to register.](#)



About P-NUT

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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