

UNIVERSITY OF TWENTE.

Dear Colleague,

summer is finally kicking in and we celebrate that with you with lots of summer-
y activities. A bike tour, a picnic, a barbecue, we've got it all! Besides that we
also have a whole lot of other news that may be relevant to you. Check it out
now:

- P-NUT Bike tour June 11th (More information: [link](#))
- Gender-neutral doctoral regulations (More information: [link](#))
- P-NUT Pizza in the Park Picnic June 23rd (More information: [link](#))
- Certificates to Hora Finita and HR onboarding (CTA)
- P-NUT Summer BBQ July 1st (More information: [link](#))
- PNN looking for board members (More information: [link](#))



P-NUT PRESENTS

Save the date!
June 11th
(reserve entire day)

HAARMÜHLE BUURSEZAND RUTBEEK

Cycle Ride + Picnic

(Event day is subject to change depending on weather forecast.)

P-NUT CYCLE TOUR JUNE 11TH

Dear P-NUT members,

This years dreary spring has finally come to an end. So now is the perfect time for an outdoor event. Are you interested in taking full advantage of the beautiful summer weather and **exploring the surroundings of Enschede** on a cycle like a real Dutchie? Do you want to check the **historic Haarmühle water mill** dating back all the way to 1331, the **beautiful nature of Buursersand** and enjoy a nice **picnic on the banks of the Rutbeek** lake?

Then join P-NUT on a cycle exploration tour of the surroundings of Enschede and save Sunday, June 11th in your calendar!

And, P-Nut offers **free drinks and snacks!** We will enjoy these at the picturesque terrace of the restaurant next to the Haarmühle watermill.

The tour will be +- **35-40km at a relaxed pace**. Since it's a Saturday morning we'll take it easy, and probably **leave at 11am from Enschede train station**.

More details will follow.

What: P-NUT Cycle Tour + Picnic

When: Sunday, June 11th 2023, departure 11am

Where: Departure from Enschede train station

Costs: Free!

Note: Bring your own bike!

[Register now!](#)



GENDER-NEUTRAL DOCTORAL REGULATIONS

At P-NUT, we are constantly pushing to improve university regulations and policies. A long standing agenda point of P-NUT has been gender-neutrality in the dress-code of the doctoral regulations. As of the 1st of June, the doctorate board has updated these regulations as announced in their [recent notice](#).

We thank P-NUT's [EQUITY](#) working group for their efforts in this matter.

Do you also have ambitions to make the university a more inclusive and stimulating place? P-NUT is always looking for volunteers who want to help out for a couple of hours per month. If you are interested, just let us know by clicking [this link](#). No obligations!



P-NUT PIZZA IN THE PARK PICNIC JUNE 21ST

We are officially back with our P-NUT pizza in the park events. It doesn't matter whether you eat pineapple on your pizza or not, everyone is welcome! We make optimal use of the good weather by gathering in the [Gerrit Jan van Heekpark](#) where we will eat traditional Domino's pizza. Domino's has **vegan** and **gluten free** options as well. They will be extra tasty as members of P-NUT will get one pizza for free! Let's hope for a nice and sunny afternoon.

P-NUT will bring a limited amount of drinks as well. First come, first serve. Don't want to risk getting thirsty? We encourage you to bring your own drinks!

What: P-NUT Pizza in the Park Picnic

When: Wednesday, June 21st, starting at 17:30h. The pizza's will be ordered at 18:00h.

Where: Gerrit Jan van Heekpark ([location](#))

Costs: Free (Members also get a free pizza on P-NUT).

Note: Pizza is free for members. Not a member? Fill in the [registration form](#) now or register at the event. We encourage everyone to bring some drinks!

[Register now!](#)



UPLOADING YOUR CERTIFICATES ON HORA FINITA (CALL TO ACTION)

Have you had any trouble getting your master diploma validated/verified/accepted in Hora Finita? Please let us know. We ask this, because in some cases, PhDs have had to reupload their certificate in another format. Now, we are looking into the scale of the problem. So if you have any issues with getting your degrees, or copies or duplicates thereof, accepted, drop us a message with your situation at p-nut@utwente.nl, or via the [website](#). Thank you!

HR ONBOARDING (CALL TO ACTION)

Our second call to action concerns the HR onboarding. HR is looking for feedback on their onboarding and how they can improve the information flow. In particular they want to know if it was feasible to get the paperwork done and whether there was enough information on subsidies. If you feel like you have something to say on this, please send us an e-mail at p-nut@utwente.nl or via our [website](#). Future colleagues may be able to benefit from your experience!



HELLO SUMMER



BBQ PARTY

SATURDAY, JULY 1ST FROM 12:00H

**LOCATION: CALSLAAN 56A
(FOLLOW THE SMOKE)**

**BEER
&
SOFT DRINKS**

DANCE

**FOOD
WITH
VEGAN
OPTIONS**

**MEET NEW
PEERS**

MUSIC

**REGISTER:
p-nut/events**

ONLY 5 €!!!

P-NUT SUMMER BBQ JULY 1ST

Dear colleagues,

let us take some time off from research together and forget about reviewer no. 2 who did not understand your paper. Just follow the smoke to the yearly P-NUT barbecue. We celebrate summer on campus by grilling our high-quality food. Whether vegan, vegetarian or neither, P-NUT will make sure that you will have an amazing meal! This

is one of the big P-NUT events where you can meet lots of colleagues in a relaxed setting. We will provide music, games and food. So make sure to sign up as quickly as possible, as we need to order the food in advance. Secure your spot now, you don't want to miss out on this event!

One more catch. In line with UT policies and our own ambitions we make the barbecue vegan/vegetarian with mostly local products this year by default. However, if you really want to have meat at the barbecue, you can indicate so in the registration form. We promise you though that the vegan barbecue will be tasty as well!

In case you have an awesome recipe for a salad, dessert, cocktail or anything that you would like to share with us, let us know in the registration form! We encourage you to bring the most amazing food you can think of. It is ofcourse not mandatory, but we are curious what you can come up with.

The event is open for all P-NUT members. Not a member? You can register right there!

Each member can bring a +1 (that is not a member), please indicate in the form.

What: P-NUT Summer BBQ

When: Saturday 1st of July, starting at 16:00h. The barbecue will be lit around 17:00

Where: Calslaan (We'll share the location in the P-NUT WhatsApp Group and via e-mail)

Costs: (BBQ, Salad and drinks included) €5 p.p. for members.

Note: Please inform us (p-nut@utwente.nl) if you can't make it. Someone else may be able to take your food. We don't like wasting anything ;)

[Register now!](#)





PROMOVENDI NETWERK NEDERLAND

PNN LOOKING FOR BOARD MEMBERS

PNN is the national interest group for and by PhD candidates in the Netherlands. They are an umbrella organisation for associations like P-NUT and they represent PhD candidates at the national level. They are therefore a dialogue partner for, among others, members of the Dutch House of Representatives, the Ministry of Education, Culture and Science, the [UNL](#), the [NFU](#), the [KNAW](#) and [AcademicTransfer](#). In addition, we organize various meetings annually, work closely with the [AOB](#) (Algemene Onderwijsbond), the [FNV](#) (Federatie Nederlandse Vakbonden) and [Eurodoc](#) (European PhD council). At their four-yearly general member meetings (GMM), representatives of the local [PhD councils](#) from all Dutch universities, research institutes and UMCs consult with each other.

Application round open

From September 8, 2023, PNN is looking for new board members. We have the following open positions:

- [Chair](#)
- [External commissioner](#)
- [Labour conditions - external, international and scholarship PhD candidates](#)
- [Labour conditions - Hospitals](#)

See [their website](#) for more information!





JOIN P-NUTS WHATSAPP GROUP

The P-NUT SocialApp group on WhatsApp provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join the SocialApp.

BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

If you are not interested in joining this group but still want to be informed about events and updates you can also join the P-NUT InfoApp. We only share moderated messages from the P-NUT board there.

[Click here to register.](#)



About P-NUT

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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