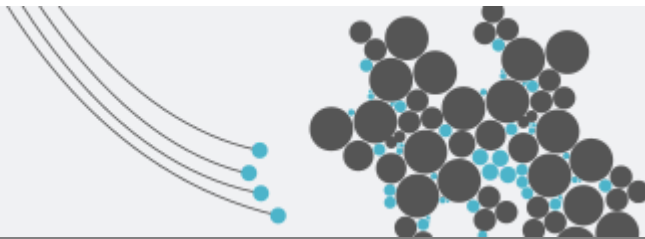


UNIVERSITY OF TWENTE.

Dear Colleague,

the summer holidays are about to end and soon the campus will be crawling with students again. Luckily P-NUT has some events planned for you so you can escape the madness. We made a small overview for you:

- P-NUT drinks today!
- P-NUT Hike Sallandse Heuvelrug September 2nd (More information: [link](#))
- Earn your ECTS with P-NUT!
- Summer Edition of P-NUT/EQUITY Bookclub (More information: [link](#))
- BMS PhD Career Event 28th of September (More information: [link](#))
- P-NUT Royale September 29th (More information: [link](#))



18
AUGUST

P  NUT.



★★★
**BEERS
WITH
P-NUT**

FRIDAY AUGUST 18TH
STANISLAUS BREWRY
FROM 21:00H
JOIN US FOR A NICE DRINK

P-NUT DRINKS AUGUST 18TH

Whether you stayed in Enschede for the summer or just came back from holidays, lets start this weekend with a night out among your peers. Join us this Friday 18th August at Stanislaus from 21:00 onwards for refreshing summer drinks. Remember that the first drink is on P-NUT. No need to sign up. See you there!

P-NUT PRESENTS

Sept 2nd Sat

Start at Enschede station at 9:20.

Will be back by 18:30.

Bring enough food and water for the hike.

If you want to be included in the group ticket, then **signup closes at 18:00 on September 1st (the evening before).**

SALLANDSE HEUVELRUG

Hike

P-NUT HIKE SALLANDSE HEUVELRUG SEPTEMBER 2ND

Dear P-NUT members,

Free up your mind from your research and join our hike on the 2nd of September. This time we will explore the beautiful national park of **Sallandse Heuvelrug**. Located just 30 mins away by train from Enschede, Sallandse Heuvelrug is one of the largest contiguous heathlands in Europe with hills dating back to the Ice Age. So join us on September 2nd for a summer exploration of this beautiful heathland.

We will take the 9:34 train from Enschede and reach **Nijverdal** at 10:13. After a 20 minutes walk and we reach the national park hike start point. Including sufficient breaks we should be back in Enschede by the evening.

Join us for a nice long day of hiking and exploring!

There is again an option to buy a cheaper **group ticket** for only €7,-. Please indicate in the form whether you would like to participate in that. In that case you need to indicate your first *and* last name in the registration form. **IMPORTANT:** To avoid chaos before getting onto the train, we buy the tickets the evening before. In case you ask for a ticket but don't show up without notifying us on time we will require you to pay the €7 ticket price.

What: P-NUT Hike Sallandse Heuvelrug

When: Saturday, 2nd of September, be at the station at **9:20!**

Where: We gather at Enschede Central station in the morning (other entry points are possible, please let us know under additional remarks)

Costs: €7 for the group train ticket, free if you use your own train ticket (Indicate below which one you want).

Note: Bring hiking shoes and enough food for the day! We take a break at a restaurant, but P-NUT will not provide any food during this event!

[Register now!](#)



EDITORS WANTED

SHAPE THE NEWSLETTER



"Keep the PhD/PDEng community up to date"

EDITION AUGUST 2022

P NUT.



EARN YOUR ECTS WITH P-NUT!

Do you think you can spend your time gathering ECTS credits in a more useful way? At P-NUT we definitely agree. We are a group of volunteers that aim to connect the doctoral community at the UT through events. You can help us with our mission by helping us out with the newsletter for example. In return you can claim 5 ECTS while also helping the P-NUT community. So would you rather struggle in your next course or earn credits by helping the doctoral community?

Fill in your name in [this form](#) if you are interested!





BOOK CLUB

P-NUT working group EQUITY

INVITES YOU TO JOIN THE

SUMMER

edition



#1 NEW YORK TIMES BESTSELLER

I'm Glad My Mom Died

Janelle McCurdy

"Incredibly funny" — *Rolling Stone*

"An important cultural document" — *NYC Observer*

A BROWN & SCHWARTZ BOOK \$17.99 ISBN-10: 0 7497 6422 4



IF YOU HAVEN'T JOINED THE BOOK CLUB, DON'T WORRY; IT'S NOT TOO LATE! YOU CAN STILL BECOME A PART OF OUR VIBRANT COMMUNITY OF READERS.

SCAN TO REGISTER



SUMMER EDITION OF P-NUT/EQUITY BOOKCLUB

As the Spring season comes to a close, we look back at our exhilarating book club discussions. The first book of the season, "The Final Girl Support Group" by Grady Hendrix, took us on a thrilling journey through the lives of survivors, captivating our hearts and minds.

But the fun doesn't end there! We're thrilled to announce that the Summer Edition of our Seasonal Book Club is just around the corner! ☐☐ And guess what? You can still hop on this literary adventure! Whether you've been with us since Spring or are joining for the first time, you're warmly welcome to be a part of our community.

For the Summer Edition, we've selected the powerful memoir, "I'm Glad My Mom Died" by Jennette McCurdy.

If you're not yet a member of our Seasonal Book Club, now is the perfect time to join! Simply sign up using [this link](#) and prepare to embark on a journey of literary exploration with fellow book enthusiasts.

Let's make this summer a celebration of stories, emotions, and connections. We can't wait to see you at the Summer Edition Book Club!

[Sign up now!](#)





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SAVE THE DATE: BMS PHD CAREER EVENT 28TH OF SEPTEMBER

To our members from BMS, keep an eye on this event!

Academic powerhouse, industry innovator, R&D specialist? With the help of our alumni, explore career paths at the BMS PhD career event!

There are many career paths possible after your PhD: in industry, in academia, healthcare, policy, local enterprise, and so many more. Therefore, on the 28th of September, BMS and the [Alumni Office](#) are organising the BMS PhD career event where you will have the chance to speed-date with alumni from different sectors and institutions, to get inspired and ask all questions you have. After the event, there will be drinks and a market with some more inspiration.

Provisional programme:

- *The talks start at 16:00*
- Opening of the event
- Talk by a BMS colleague about their career path
- Three rounds of speed dating with alumni
- Wrap-up by TGS
- *The event ends at 17:30, after which you are cordially invited for a drink*
- Drinks and market

The event will take place in Learn-X in DesignLab. There are limited spots available, to keep the number of PhDs per alumnus manageable. So: [sign up soon!](#) After 45 registrations, a waitlist will be composed.

We hope to see you there! For questions, reach out to Tom Boogerd.



SAVE THE DATE



29. 09. 23
SEPTEMBER

P-NUT ROYALE

P-NUT ROYALE SEPTEMBER 29TH

SAVE THE DATE!

Are you sad your vacations are coming to an end soon? Why not save the 29th of September for a fun welcome back to campus activity made by P-NUT!!! Drinks, games, and a lot of networking. Save the date to meet new doctoral candidates and/or catch up with old friends. More details will follow soon!

What: P-NUT Royale Game Night

When: September 29th 2023, 18:00

Where: TBD

Note: join the [P-NUT WhatsApp group](#) to keep up to date about the latest developments on this event.

[Register now!](#)



JOIN P-NUTS WHATSAPP GROUP

The P-NUT SocialApp group on WhatsApp provides a place for us to talk to each other, look out for each other and contact fellow doctoral candidates for support. You can suggest your ideas (e.g., events to be organized) and get in touch with your peers. After registration, we will provide you a link to join the SocialApp.

BENEFITS OF JOINING THE GROUP

- Ask for help with regulations, or any other related assistance;
- Let your peers know if you're self-isolating so someone can make sure you're okay;
- Get informed about new events sooner than via the P-NUT newsletter;
- Initiate events by yourself (e.g., walking on Campus or having a daytrip to a recreation park);
- Share (important) updates from official P-NUT sources (e.g., about events, surveys, etc.).

SOME DRAWBACKS OF JOINING THE GROUP

- We want to caution against the sharing of misinformation or speculation in the group, but we hope it can serve as a useful resource for building an effective support network;
- We suggest to mute notifications from this group, as it can be SPAM-intensive.

If you are not interested in joining this group but still want to be informed about events and updates you can also join the P-NUT InfoApp. We only share moderated messages from the P-NUT board there.

[Click here to register.](#)



About P-NUT

P-NUT passes the borders of faculties, departments and even universities by bringing PhDs and PDEngs with different backgrounds together to share their experiences and help each other to grow and become more efficient in their work. Our main objectives are to bring people who share similar interests together in both a professional and informal way, to inform them on the important aspects that might affect or benefit their careers, and share and defend the rights of the PhDs and PDEngs at the UT. These objectives define the three main goals of PNUT: **connect**, **inform** and **represent** the PhD candidates of the University of Twente.

Interested in representing and supporting your fellow PhD and PDEng candidates? Join the P-NUT board! As part of the board you become the voice of a community but also find constant opportunities to develop personally and professionally. Simply write us an e-mail.

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