

# UNIVERSITY OF TWENTE.



Dear student,

You are currently in the application and enrolment process for a study programme at the University of Twente or may even have completed it. This means you might soon start your studies on our campus. Because of the COVID-19 pandemic, you may be wondering how you can stay, study or work safely on campus. Here you will find some tips and guidelines to help you do just that.

## **On campus, if we can | Online, because we can**

As far as the government guidelines and our health and safety allow, we will consistently opt for in-person contact. Some lectures and activities might be offered both on- and offline. We advise you to check with the [study adviser of your programme](#), if you cannot arrive on campus in time.

## **Guidelines for a 1.5-meter university**

As a precaution, we ask you to uphold the following guidelines in order for you and your fellow students, teachers and others to stay safe and healthy during these times.

- Wash your hands with soap and water for 20 seconds, then dry them thoroughly. Wash your hands often: before you go out, when you return home.
- Cough and sneeze into your elbow. Use paper tissues to blow your nose and discard them after use. Then wash your hands.
- Don't shake hands with others.
- Stay 1.5 metres (2 arms lengths) away from other people.
- If you travel to the Netherlands from your home country or have been abroad

during the summer, please check to see if you are advised to self-quarantine for 14 days.

- If you have any (mild) symptoms, we urge you to go into self-quarantine as well and get tested.

### **How to get through self-quarantine**

Answers to questions about how you can get your groceries while in self-quarantine, how to get to know the university and your fellow students and, very important, how not to get bored: check out the Dutch COVID-19 Guidelines from the Student Union for practical tips and ways to stay entertained during self-quarantine.

### **What to do if your housemate is in self-quarantine**

Is your housemate, a friend from your study programme or association in self-quarantine? Then there are no restrictions for you. Please help them to adhere to the rules so the UT community can start the academic year in good health. Your support can be very practical i.e. offering to do grocery shopping or offer moral support or get involved in 1.5m-activities.

### **Stay updated and further questions**

We ask you to keep track of changes by regularly checking our corona FAQ, the Student Union page and the website of the RIVM. For further questions, please contact Student Services.

We hope to see you soon. In the meantime: stay safe and healthy.

Kind regards,  
University of Twente



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