WE CAN HELP YOU WITH
STUDY PROGRESS, SKILLS,
PERSONAL CIRCUMSTANCES,
SUPPORT DEMAND, CHOICES,
AND REGULATIONS.

YOUR STUDY ADVISER
WHO CAN ANSWER MY QUESTION?

Your study adviser stands beside you and is your first point of contact. Your study adviser can refer you, or you can get in contact yourself with...

LEGAL AND FINANCIAL AFFAIRS

Student counsellor BSA, FOBOS, MOLMI

Contact Centre/Student Services

STUDENT LIFE

Student counsellor

Study delay, studying with a support question, study switch

Study and student administration

Student Services

Educational Affairs (BOZ)

Career Services

Study choice, career and development

Doctor / General practitioner (GP)
Physical / mental complaints

Student psychologist
Help with mental complaints within UT

Questions about physical and/or mental complaints

Help with (minor) mental complaints within UT

Confidential conversations with fellow students

Good Habitiz
Online training platform

UT Language Centre/UT Writing Centre

Language, academic and professional skills

Student Well-being Canvas

Good Habitiz
Online training platform

Well-being website

SACC Course Finder

Unacceptable behaviour at UT

EMERGENCY NUMBERS
Life-threatening situations: call 112
Are you thinking about suicide?
Call (0800-0)113
(only accessible for people calling from within the Netherlands). Or chat: www.113.nl.

Acute mental distress: call your GP.
Emergency number University of Twente: +31 (053-489) 2222

Confidential adviser

Confidential Contact Persons (CCP)
Poor listeners

Self-help tools

UT Complaints Desk

Formal complaints

Ombuds officer

Student councillor

Social safety'

Support, raise awareness, guide and inspire about DE&I and accessibility

Diversity, Equity and Inclusion (DE&I) team

University of Twente