

	Receiving country:	Amount per month for E <sup>+</sup> Study 2023-2024		Amount per month for E <sup>+</sup> Traineeship 2023-2024	
		Monthly amount	Daily amount	Monthly amount	Daily amount
Group 1 Programme Countries with higher living costs	Denmark, Finland, Iceland, Ireland, Luxembourg, Sweden, Liechtenstein, Norway	€ 390 per full month	€ 13 per extra day	€ 540 per full month	€ 18 per extra day
Group 2 Programme Countries with medium living costs	Austria, Belgium, Germany, France, Italy, Greece, Spain, Cyprus, Netherlands, Malta, Portugal	€ 330 per full month	€ 11 per extra day	€ 480 per full month	€ 16 per extra day
Group 3 Programme Countries with lower living costs	Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania, Serbia, Slovakia, Slovenia, former Yugoslav Republic of Macedonia, Turkey	€ 270	€9 per extra day	€ 420 per full month	€ 14 per extra day

## Example:

Study exchange to Denmark (group 1) from 28/08/2023 until 14/01/2024 = 4 months and 15 days (both travel days included)  $4 * \in 390 + 15 * \in 13 =$ £1755,-