

## Rates for long-term Student Mobility (> 2 months)

Receiving country:	Amount per month for E + Study 2024-2025		Amount per month for E + Traineeship 2024-2025	
	Monthly amount	Daily amount	Monthly amount	Daily amount
<b>Group 1</b> Countries with higher living costs Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden	€ 390 per full month	€ 13 per extra day	€ 540 per full month	€ 18 per extra day
<b>Group 2</b> Countries with medium living costs Cyprus, Czechia, Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain	€ 330 per full month	€ 11 per extra day	€ 480 per full month	€ 16 per extra day
<b>Group 3</b> Countries with lower living costs Bulgaria, Croatia, Hungary, Lithuania, North Macedonia, Poland, Romania, Serbia, Türkiye	€ 330 per full month	€ 11 per extra day	€ 480 per full month	€ 16 per extra day

*Example:* Study exchange to Denmark (group 1) from 24/08/2024 until 31/01/2025 = 5 months and 7 days  
 = 5 \* € 390 + 7 \* € 13 = € 2041,-.

## Top-ups

### Fewer Opportunities top-up

Student mobility of students with fewer opportunities: additional top-up amount to the individual support base amount of 250 EUR per month.

### Green Travel top-up

The travel allowance will be increased when a student opts for sustainable means of travel (e.g. bus, train, carpooling, bike). See below for applicable rates.

### More information about top-ups?

- [Erasmus+ Scholarship for Study](#) (exchange) under Erasmus top-ups
- [Erasmus+ Scholarship for Traineeship](#) (internship and graduation) under Erasmus top-ups

## Travel Allowance

Travel allowance is a one-time allowance (not a monthly allowance) based on the distance between UT and the host institution. Therefore the amount below will be added to the scholarship amount once.

Travel distances	Amount	Amount Green Travel
Between 10 and 99 km	€ 28	€ 56
Between 100 and 499 km	€ 211	€ 285
Between 500 and 1999 km	€ 309	€ 417
Between 2000 and 2999 km	€ 395	€ 535
Between 3000 and 3999 km	€ 580	€ 785

The distance between UT and the host institution can be calculated in the [Erasmus+ Distance Calculator](#).