



EMERGENCY NUMBERS

Life-threatening situations: call 112
 Are you thinking about suicide?
 Call (0800-0)113
 (only accessible for people calling from within the Netherlands). Or chat: www.113.nl.
 Acute mental distress: call your GP.
 Emergency number University of Twente:
 +31 (0)53-489 2222

 FIND THIS INTERACTIVE OVERVIEW ONLINE
UTWENTE.NL/FINDYOURSUPPORT

 FIND OUT WHO'S YOUR STUDY ADVISER
 AT UTWENTE.NL/STUDYADVISER

UNIVERSITY OF TWENTE.