YOUR STUDY ADVISER
WHO CAN ANSWER MY QUESTION?

Your study adviser stands beside you and is your first point of contact. Your study adviser can refer you, or you can get in contact yourself with...

WE CAN HELP YOU WITH
STUDY PROGRESS, SKILLS,
PERSONAL CIRCUMSTANCES,
SUPPORT DEMAND, CHOICES,
AND REGULATIONS.

EDUCATION

Student Services
Career Services
UT Language Centre/UT Writing Centre
Student Union
Study and student administration
Study associations
Educational Affairs (BOZ)
Good Habitiz
Student Well-being
Canvas
SACC Course Finder

STUDENT LIFE

Student counsellor
Student Well-being
Good Habitiz
Well-being website
Confidential Contact Persons (CCP)
Peer listeners

LEGAL AND FINANCIAL AFFAIRS

Student counsellor
Contact Centre/Student Services
UT Complaints Desk
confidential adviser
Confidential Contact Persons (CCP)
Ombuds officer
Student counsellor
Diversity, Equity and Inclusion (DE&I) team
Social safety

(MENTAL) HEALTH

Doctor / General practitioner (GP)
Student psychologist
Questions about physical and/or mental complaints
Help with mental complaints within UT
Confidential conversations with fellow students
Self-help tools

(SOCIAL) SAFETY

Unacceptable behaviour at UT
Formal complaints
Confidential adviser
UT Complaints Desk
Ombuds officer
Student counsellor
EMERGENCY NUMBERS

Life-threatening situations: call 112
Are you thinking about suicide?
Call (0800-0)113 (only accessible for people calling from within the Netherlands). Or chat: www.113.nl.
Acute mental distress: call your GP.
Emergency number University of Twente: +31 (053-489) 2222.

FIND THIS INTERACTIVE OVERVIEW ONLINE
UTWENTE.NL/FINDYOUR SUPPORT

FIND OUT WHO’S YOUR STUDY ADVISER
AT UTWENTE.NL/STUDY ADVISER

UNIVERSITY OF TWENTE.