

Stay positive, better things are coming

Dear G, wow, these past 10 years really were amazing, and I now want to take the time to write to you about it. It is 2030, and the world has become a better place in many aspects. Even if you can't believe it, the Corona virus actually caused the beginning of many positive developments. In 2020, our planet was being destroyed due to pollution and CO2 emissions. During the corona crisis, people were forced to stay home more and travel less, and the industry was forced to produce less. Nature began to recover. Many people began to reflect on travelling for the first time, and I realized that the world was becoming a better place when I also travelled less. I decided not to buy a car, and to no longer fly unless in exceptional cases. Because I had more time, I began growing vegetables at home, and after the crisis ended, and my husband and I bought a small house with a garden, I began growing more, and now we have home-grown vegetables all the year round. Because import and export of goods declined, I began to learn about regional and seasonal foods, and began to eat accordingly. Today, I hardly ever buy exotic fruits and vegetables, because I am more aware of how much better it is for nature to eat regional food. At the beginning of the crisis, I remember many people were very upset of being limited and having to stay at home. Family members who otherwise avoided each other more than ever needed to learn to communicate with each other in order to mentally survive the crisis, and thankfully, many did. People stressed out by their job had the chance to take a step back and realize that their job was not making them happy, but rather sick. I never valued spending time with family and friends as much as when I finally was able to see them again. I realized that I don't really need parties and constant excitement, but rather quality time with loved ones and lots more regular time in nature. I am not the only one who experienced changes, and the changes were not short-lived. Flying leisurely has become a no-go for society in general, and the amount of planes of the air has been massively reduced. Import and export has also massively reduced, and humanity has stopped accelerating climate change and mass extinction. Another beautiful thing happened. In their homes in quarantine and self-isolation, people finally had the time to become inspired. New solutions to problems of poverty and hunger were found and developed. G, the world today truly is better in many aspects. Although the corona crisis was a difficult time, I am grateful for it, as it changed my life for the better. Stay true to yourself and focus on how you can use the time to make this world a better place! Love, G