UNIVERSITY OF TWENTE.

Programme-specific Part to the Education and Examination Regulations (EER) 2025-2026

For the Bachelor of Science programme

Psychology (PSY)

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1. General provisions

1.1. Admission to the programme

In addition to the stipulations as laid down in the common part of the EER, the document mentioned entitled 'Colloquium Doctum', the admission website, and other admission regulations to bachelor's degree programmes, for the academic years 2025-2026 a fixed quota procedure applies to the English track and mandatory matching for the Dutch track of the bachelor Psychology (respectively WHW art. 7.53 and art. 7.31).
For the English track this means a limited number of places is available. Places are allocated by a process of selecting students. For the Dutch track, applicants must participate in a mandatory matching procedure. The selection procedure and criteria, and matching procedure and components are be described on the (programme's) website of the university.

1.2. Language of the programme

As of 2025-2026, the English taught degree programme offers a Dutch track[1]. All general communication designated for the entire student population is in English for both tracks (e.g. Psychology website, programme information meetings, module overarching communication on Canvas, Osiris course information, EER and PSP). Students choose the English or the Dutch track. For students enrolled in the Dutch track, a distinction regarding the used language in education is made between passive language use (reading and listening: English) and active language use (speaking and writing: Dutch)[2]. This means that lectures for the entire student population will be offered in English. Assessment in the concerning study units will take place in English accordingly. Tutorials and practicals are offered in English and Dutch. For tutorials and practicals, students are divided into groups in which the used language of instruction and assessment in the concerning study units depends on the chosen track. This includes the students answering, writing and presenting (tests) in English in the English track and in Dutch in the Dutch track.

In the Dutch track, at least two-third of tests in the programme will be offered in the Dutch language[2], in the compulsory and elective parts of the first, second and third year. In Table 1, an overview of the first year can be found of the study units offered in English for both tracks and in English and Dutch per track (see article 3.6.2. of the EER).

If a student wants to change to the other language track, this is possible at the start of the following academic year[3]. The student must send a written request to the study adviser before 1 May of the academic year, to enrol in the other in the other language track in September. Changing to the other language track during the academic year is not possible.

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[1] Cohorts starting the degree programme academic year ≥ 2025.
[2] The predominant nature and aims of a study unit take precedence in this distinction. In some cases, English is used in both tracks, for instance when the translation of study materials compromises the comprehension of the subject matter or due to organisational matters (e.g. a low number of Dutch track students in a study unit).
[3] If admissible based on the language admission criteria.

1.3. Connecting Masters' programme(s)

The UT Psychology Master's Programme (MPS) is the designated master's programme following on the bachelor's programme.

1.4. Rights, duties and composition of the programme committee

In line with article 9.18 WHW, each programme has a programme committee, which has the duty to advise programme management on improving and safeguarding the quality of the programme. It has a right of consent regarding a number of topics in the Education and Examination Regulations (EER), e.g. the goals and intended learning outcomes of the programme in terms of knowledge, insight and skills that a student should have acquired at the end of the programme; where necessary the layout of practical exercises; the study load of the programme and its study units. In addition, the programme committee evaluates on a yearly basis the manner in which the EER has been carried out and has the right to advise programme management and the dean – invited or uninvited – on all matters relating to the teaching in the programme.

The composition of the current programme committee can be found here: www.utwente.nl/en/psy/programme-committee.

2. Contents and structure of the programme

2.1. Contents and structure of the programme

The degree programme consists of three academic years (B1, B2 and B3) of 60 EC each. The successful completion of the entire programme earns right of admission to the bachelor's final examination. An academic year consists of two semesters, each semester (30 EC) consisting of two periods/blocks (15 EC). An overview of the modules, study units, and test subject hours for the first, second and third academic years of the PSY bachelor's programme (structure) is given in Table 1, 2 and 3.

The degree programme is based on the so-called Twente Educational Model (TEM), which means challenging themed project education in modules. Each module is coherent and is an education block consisting of various study units which are clustered around a psychological theme. Central to each module is one (or more) project(s) in which students will for example work on an intervention for a real psychological problem.

A module is offered as one educational unit and students take it as such. In other words: students subscribe (every quartile) for one module, not for separate study units. This is the rule that applies to every student. In the case of special personal circumstances, a deviation could be legitimate, however with the disadvantage of losing – at least partly - the synergy between the study units within a coherent module. This must be discussed with one of the Psychology study advisers.

In the modules the following learning trajectories are offered: 'Theory' (T), 'Research Methods' (RM), 'Professional Academic Skills' (PAS), and 'Design and Research' (D&R). Within each module, there is a coherence between the learning trajectory/study units. Also, within each module, there is a coherence between the study units and the project; i.e., knowledge and skills that are offered in the study units are integrated in and essential for completing the project.

The teaching and learning approaches that we offer students are adapted to the specific module objectives and intended learning outcomes of the degree programme: different knowledge, competencies, and skills require diverse teaching and learning approaches. In the *Theory* learning trajectory, students are offered knowledge and insight mainly by (interactive) lectures and/or (video) micro lectures, and self-study. Regarding the *RM* learning trajectory, students will obtain knowledge concerning data analysis during lectures and/or (video) micro lectures and apply their knowledge in tutorials in which they work in smaller groups. This is for example based on the flip-the-classroom principle: students watch micro lectures in their own time and practise the material during interactive tutorials. The *PAS* and *D&R* competencies are mainly offered in smaller group practicals or tutorials during which they learn, under supervision, about and practise their skills.

To attain the module goals/objectives and intended learning outcomes of the degree programme, our teaching approach requires a variety of assessment methods, such as individual written tests, individual and group (project) assignments, presentations (etc.). More detailed information on the learning goals, examination/test formats, including the assessment plan, can be found in the module descriptions, in the Osiris course catalogue and on the Canvas site of the module. Cases of compulsory attendance at lectures/tutorials and (mandatory) participation in the practical exercises will also be published on the Canvas site.

Table 1: Curriculum English and Dutch track first year (B1) Psychology (PSY) 2025-2026

Module	Name study unit	Examiner	EC	Learning trajectory
1. Psychology & Intervention Design 202500162		**Pouls, J. MSc**		
202500163	Psychology: an Orientation	Vrugte, dr. J. ter	4	T
202500164	Introduction to Research Methodology[1]	Willemse, dr. C.	3	RM
202500165	Reflection and Academic Writing	Eck, M. van MSc., Jonas, dr. J., Pouls, J. MSc	1.5	PAS
202500170	Reflection and Academic Writing (NL)			
202500166	Systematic Intervention Design[2]	Pouls, J. MSc	6.5	D&R
202500171	Systematic Intervention Design (NL)[2]			
2. Social Behaviour 202500172		**Sintemaartensdijk, dr. I. van**		
202500173	Social (Developmental) Psychology	Drossaert, dr. C.H.C.	5	T
202500174	Data Analysis I[1]	Straalen - Pas, J. van. MSc	6	RM
202500176	Group Dynamics and Academic Writing	Eck, M. van MSc, Jonas, dr. J., Overduin, J.S. MSc	1	PAS
202500181	Group Dynamics and Academic Writing (NL)			
202500175	Needs Assessment and Intervention Design	Bosch, dr. A.Z.	3	D&R
202500180	Needs Assessment and Intervention Design (NL)			

3. Cognition and Development 202500182		**Lubbe, dr. R.H.J. van der**		
202500184	Brain, Cognition and Development	Gijlers, dr. A.H., Lubbe, dr. R.H.J. van der, prof.dr.ing. Verwey, W.B.	8	T
202500183	Data Analysis II[1]	Fox, dr. G.J.A.	4	RM
202500185	Design and Evaluation	Borsci, dr. S., Lubbe, dr. R.H.J. van der	3	D&R
202500189	Design and Evaluation (NL)			
4. The Individual 202500190		**Dominguez Rodriguez, dr. A.**		
202500191	Personality & Clinical Psychology	Dominguez Rodriguez, dr. A.	5	T
202500192	Data Collection & Test Construction[1]	Fox, dr. G.J.A.	5	RM
202500193	Presentation Skills	Willemse, dr. C.	1	PAS
202500198	Presentation Skills (NL)			
202500194	Interview Study and Tests	Dominguez Rodriguez, dr. A.	4	D&R
202500199	Interview Study and Tests (NL)			

[1] Instruction and assessment is in English only, but during tutorials this may deviate for the Dutch track and students are allowed to interact with peers and teaching staff in Dutch.
[2] In this study unit the plenary lectures are taught in English. The tutorials and project meetings are taught in English for the English track students and Dutch for the Dutch track students.

The study unit / module component is offered in English for both tracks (assessment in English)
The study unit / module component is offered in English for the English track, with assessment in English. Study unit/module component is offered in Dutch for the Dutch track, with assessment in Dutch. In the formal study unit name (i.e. visible on transcripts of records), 'NL' is added for the Dutch track (ISO 639-1 Language Code).

The following unit must also be completed; for more information, see 2.8.

Code study unit	Name study unit
202000339	Test subject hours, B1

Table 2: Curriculum second year (B2) Psychology (PSY) 2025-2026

Module	Name study unit	Examiner	EC
5A.Health Psychology & Applied Technology 202500281		**Peeters, N. MSc**	
202500282	Health Psychology[1, 3]	Drossaert, dr. C.H.C.	5
202500283	Persuasive Health Technology[1, 3]	Braakman – Jansen	5
202500284	EHealth Applied to Chronic Illness[1, 3]	Kramer, dr. L.	5
5B. Psychology in Learning & Instruction 202000344		**Hogenkamp, L. MSc**	
202000345	Theories of Learning and Instruction[1, 3]	Dijk, dr. A.M. van,	8
202500288	Research and Teaching Skills[1, 3]	Hogenkamp, L. MSc	4
202000347	Instructional Design Project[1,3]	Dasgupta, dr. C.	3
5C. Psychology of Safety 202000348		**Huijts, dr. N.M.A.**	
202000349	Theoretical Models of Societal Safety[1, 3]	Huijts, dr. N.M.A.	10
202500267	Research & Design in Safety Contexts[1, 3]	Huijts, dr. N.M.A.	5
6A. 202000351 Mental Health 202500448		**Radstaak, dr. M.**	
202500449	Psychopathology[2, 3]	Radstaak, dr. M.	5
202500450	Psychodiagnostics: Theory[2, 3]	Radstaak, dr. M.	2
202500451	Psychodiagnostics: Case Report[2, 3]	Radstaak, dr. M.	4
202500452	Mental Health in Practice[2,3]	Namer, dr. Y.	4
6B. Human Factors & Engineering Psychology 202000355		**Westerhof, M.W. MSc**	
202000356	Human Factors Theory[2, 3]	Westerhof, M.W. MSc	7
202000357	Programming[2, 3]	Yildirim, dr. F.	4
202000358	Research Projects[2,3]	Westerhof, M.W. MSc	4
7.Research Methods and Research Project 202000359		**Sintemaartensdijk, dr. I. van**	
202000360	To Conduct & Report a Scientific Study	Sintemaartensdijk, dr. I. van	10
202000361	Advanced Research Methods	Sintemaartensdijk, dr. I. van	4
202000362	Research Poster Presentation	Sintemaartensdijk, dr. I. van	1
8. Professional and Psychological Skills 202000363		**Bosch, dr. A.Z.**	
202400749	Communication Skills Theory	Bosch, dr. A.Z.	4
202300260	Applied Communication Skills[4]	Bosch, dr. A.Z.	6
202500514	Work Field and Job Orientation	Bosch, dr. A.Z.	5

[1] In block 1A the student chooses 1 of 3 elective modules 5.
[2] In block 1B the student chooses 1 of 2 elective modules 6.
[3] An elective module prepares, and is hence an obligatory prerequisite, for the corresponding master's specialisation.
[4] Article 7.13, paragraph 2d WHW and article 3.1 sub 5 EER are applicable for this study unit. This study unit consists of a number of practical classes during which physical presence is obligatory. These practicals will be offered once per academic year. Failing to attend will mean that the student has to attend the practical classes next academic year.

The following unit must also be completed; for more information, see 2.8.

Code study unit	Name study unit
202000367	Test subject hours, B2 and B3

Table 3: Curriculum third year (B3) Psychology (PSY) 2025-2026

Module	Name study unit	Examiner	EC
9.	Minor/elective space, see 4d for more information		15
10.	Minor/elective space, see 4d for more information		15
11. History, Ethics and Philosophy of Psychology 202000368		**Boer, dr. S.O.M.**	
202000369	Professional Ethics for Psychologists	Boer, dr. S.O.M.	5
202000370	History of Psychology	Boer, dr. S.O.M.	5
202000371	Philosophy of Psychology	Jukola, dr. S.J.	5
12. M12 BSc Thesis PSY 202000384		**Peeters, N.J. MSc**	
202000383	Bachelor's thesis HFE	Westerhof, M.W. MSc	15
202000381	Bachelor's thesis PCPT	Radstaak, dr. M.	15
202000379	Bachelor's thesis RMMD	Fox, dr. G.J.A.	15
202000377	Bachelor's thesis CRS	Weiher, dr. L.	15
202000385	Bachelor's thesis HRD/OWK	Hubers, dr. M.	15
202000375	Bachelor's thesis HPT	Peeters, N.J. MSc	15
202000364	Bachelor's thesis EP	Hogenkamp, L. MSc	15

Bachelor's Thesis

The bachelor's thesis module at the end of the third year of the degree programme has a different structure than the other modules. The responsibility when it comes to the bachelor's thesis does not lie with an individual lecturer, rather a bachelor's committee consisting of two lecturers is formed for each assignment. The bachelor's thesis comprises an individual assignment and thus will be assessed individually. The bachelor's thesis is an exercise and at the same time, a test of competence, in which students integrate their acquired qualifications. The examination board has prescribed requirements for bachelor's thesis examiners in order to guarantee the assessment quality. More practical information about the bachelor's thesis can be found on the Psychology 'graduation website' via www.utwente.nl/en/psy/bachelor/third-year/graduation.

2.2. Study load

The degree programme comprises three academic years (B1, B2 and B3) of 60 EC each. Each EC represents 28 hours of study. This means a total number of 5040 hours of study. The programme is compiled of 4 themed/coherent modules per year. Each module consists of a various amount of study units as listed in table 1, 2 and 3, adding up to 15 EC (420 hours).

2.3. Programme-specific characteristics

The Bachelor of Science programme in Psychology is a full-time programme.

2.4. Honours programme/STAR programme

Students obtaining excellent results can participate in tracks which are broadening as well as deepening bachelor related programmes. The bachelor Honours Programme is mainly broadening, since content outside one's normal degree programme will be taught in a constellation of students from different bachelor programmes. The STAR-programme is a programme in which content of one's own degree programme are taught more in depth.

The STAR programme

Students may be selected for the so-called 'STAR programme' in three modules in year 1 and two modules in year 2 of the degree programme. A STAR project is more challenging and/or more in-depth than the standard module projects, and is intended for the top 10% of students in their group. Students can distinguish themselves with a STAR project after being selected during the previous module.
Successful participation in the STAR programme leads to a mention of the Star/Excellence programme for the relevant module on the diploma supplement. Details on the selection process for each module with a STAR project are made known in advance.

The UT bachelor's Honours programme

This programme starts every year in February and is geared towards the top 5% of first- and second-year students of each study only. In nearly one and a half years students follow a programme of 30 EC. Multiple tracks are offered in which students work in interdisciplinary groups and learn about great scientists or designs, learn to ask questions about everyday scientific situations, will learn how to write their own research proposal and make a joint final work. More information can be found on the website of the honours programme: www.utwente.nl/en/honours .

2.5. Elective options

Each student has 30 EC of elective options in the third bachelor's year (B3). Students may complete these electives within or outside the university. General information about all the possibilities for choosing electives and corresponding rules can be found on www.utwente.nl/psy/bachelor. In many cases, the choice of these electives requires the approval of the examination board. Further rules and requirements when choosing electives are explained on the website.

The central UT website contains information specifically for minor options at the UT: www.utwente.nl/minor. Subject to the intake requirements/options as set down in the UT matrix of options, students may participate in every UT minor (as stated on the UT website www.utwente.nl/minor) to choose 30 EC worth of electives without the assent of the examination board.

2.6. International cooperation and agreement(s)

The programme and its staff cooperate internationally with a large number of institutes and companies. Students are stimulated to benefit from this cooperation for their international experience, and have the opportunity to study abroad as a minor within the framework of their elective options in year 3 (see also 4d). The options are:

- Study abroad: In the first semester of the third year (B3) students can choose for a semester (30 EC) study abroad (exchange) at partner universities. Detailed information on faculty level can be found on the website www.utwente.nl/en/bms/education/study-abroad and the BMS Study Abroad Canvas site.
- The minor 'Crossing Boarders' gives students the opportunity to go abroad for a field study or a study tour. For more information see www.utwente.nl/minor.

2.7. Pre-master's programme

The pre-master's programme and its binding regulations are described in the programme-specific appendix of the master's Education and Examination Regulations (EER). The successful completion of the entire programme earns right of admission to the Psychology master's programme at the University of Twente (UT). The completion of the pre-master's programme does not earn right of admission to the bachelor's final examination.

2.8. Test subject hours

Premise: The Psychology programme considers it important that bachelor's students gain experience in empirical research in the role of test subject. This allows them to gain familiarity with different types of research and to better prepare themselves for their own research activities in the context of their study. With these efforts, students contribute to the research of bachelor's and master's students, and academic staff. Part of the bachelor's examination is a compulsory test subject unit for a total of 25 credits, of which 10 credits must be completed during the first bachelor's year. One credit is comparable with approximately one hour, dependent on the type of studies conducted.

Regulations:

1. In the framework of obtaining the bachelor's examination, students are obliged to participate as a test subject in BMS faculty research for a total of 25 credits (approx. 25 hours). For students who have started the degree programme in 2023/2024 and before, the total number of credits to be obtained is 15 (approx. 15 hours). 'BMS faculty research' is understood to mean research that is carried out by or under the responsibility of a lecturer who teaches for the BMS faculty. If the obligation of 10 credits for the first year is fulfilled, a P for Pass is entered on the list of grades under '202000339 B1 test subject hours'. When the obligation of 25 credits (or 15 credits for students who have started with the programme in 2023/2024 and prior) for the bachelor's is fulfilled, a P for Pass is entered on the list of grades at '202000367 B2 and B3 test subject hours'.
   The registration of credits proceeds electronically through the 'SONA systems' program on utwente.sona-systems.com. Students can view their obtained test subject credits themselves using this system.http://utwente.sona-systems.com/

2. The test subject hours must have been completed by taking part in at least five different research projects.
3. The length of participation is rounded off to 0.25 credits with a minimum of 0.25 credits.
4. When a student appears as a test subject as agreed, and the research study does not take place, the student will still receive the announced number of test subject credits.
5. Students are deemed to participate seriously in the research and to be motivated in their efforts during an experiment/trial. The researcher may forgo the awarding of test subject points in the event of clear and demonstrable minimal effort on the part of the student.
6. The lecturer or staff member responsible registers the number of obtained test subject credits per research project in 'SONA systems'.
7. The bachelor's diploma can only be obtained if the compulsory test subject credits of the first and second/third bachelor's year are fulfilled.
8. Research for which test subject credits can be earned can be made known through SONA Systems. The recruitment notice must always state the number of test subject credits than can be earned.
9. The research information states where and with whom the student must sign up. The student him/herself is responsible for noting the time, place and contact person (don't forget the room and telephone number!).
10. Any cancellation for an experiment for which a student has signed up, must be effected directly with the contact person for that experiment.
11. The BMS faculty ensures that the number of offered participation opportunities is sufficient. Should a student be of the opinion that their bachelor's diploma cannot be completed because there were insufficient test subject opportunities, they can approach the examination board with a request for exemption for the remaining credits.
12. The Ethics Committee of the BMS faculty assesses (if applicable) whether the research meets the rules and standards set down in the faculty's Regulations for Ethics and Research.

2.9. Minors

The coherent minors listed below fall under the purview of the programme director and examination board for the bachelor's programme Psychology. The regulations in the programme-specific part are applicable.

- Sustainable Well-being in Society and Personal Life (202300007)
- Introduction in Neuroscience for Business and Society (202400107)
- Technology for Women's Health in a Life Span Perspective (202400111)

Table 4: Minor Sustainable Well-Being in Society and Personal Life, third year (B3)

Module 1A	Name study unit	Examiner	EC
202300007	**Sustainable Well-Being in Society and Personal Life**	**dr. E.J. de Bruin**	
202300008	Sustainable Well-being Theoretical		5
202300009	Sustainable Well-being Experiential		5
202300010	Sustainable Well-being Practical		5

Table 5: Minor Introduction to Neuroscience for Business and Society, third year (B3)

Module 1B	Name study unit	Examiner	EC
202400107	**Minor Introduction to Neuroscience for Business and Society**	**dr. L. Alvino**	
202400108	Foundation of Neuroscience		5
202400109	Methodological Aspects		5
202400110	Neuroscience Project		5

Table 6: Minor Technology for Women's Health in a Life Span Perspective, third year (B3)

Module 1B	Name study unit	Examiner	EC
202400111	**Technology for Women's Health in a Life Span Perspective**	**dr. C. Bode**	
202400112	Women's health, illness & life events		5
202400113	Technology, design, behaviour change and research skills for women's health		5
202400114	Interdisciplinary collaboration for real world women's health problems		5

3. Programme objectives and intended learning outcomes

3.1. Programme objectives

The objectives and final attainment targets of the Psychology programme (bachelor's and master's) are based on the frame of reference of the specific field; the requirements are based on the subsequent post-graduate course, the professional field and the context of 'psychology at a technical university'.

The bachelor's graduates possess demonstrable knowledge of the conceptual framework and major and current theories, models and work methods of the fundamental disciplines of psychology, with in-depth knowledge of at least two specialist fields covered by the degree programme. In the specialist fields, the relationship between technology and man (High Tech, Human Touch), and using technology as a means to investigate psychological processes and/or a means for solutions for societal problems are key focus areas.

On the basic level, bachelor's graduates are equipped to set up and execute (applied) scientific psychological research, and substantiate it both on paper and orally. It is characteristic of UT students that they have learned to work on design assignments in project teams. At the level of a beginning professional practitioner, graduates are capable of analysing psychological problems and formulating an appropriate (technological) intervention based on a systematic approach. They are familiar with factors that influence the implementation process of an intervention and with methods to evaluate implemented interventions.

Based on activities carried out and products and achievements delivered during the degree programme, students demonstrate academic thinking and reasoning abilities, i.e., the ability to think critically, rationally, logically and creatively; to theorise, make connections and reflect. The graduated bachelor students have also had a broad academic training through choosing elective modules in other fields of study, or through national or international exchange schemes.

The competencies obtained through the bachelor's programme qualify graduates for continuing study within the Psychology master's programme. In addition, they have knowledge of the psychologist's professional field and hold the vital professional skills to be implemented as a beginning professional practitioner in that field.

3.2. Intended learning outcomes

1. *Specialist knowledge and understanding*
   Graduates of the Psychology bachelor's programme at the University of Twente (UT) possess scientific knowledge and understanding relevant to the field, which they can implement for research and design purposes. This includes the following:
   - 1.1 knowledge and understanding of the conceptual framework and major and current theories, models and working methods in the fundamental disciplines of psychology; social psychology, developmental psychology, experimental psychology, bio and neuropsychology, test theory and clinical psychology;
   - 1.2 knowledge and understanding of the accepted methods and techniques of psychological research;
   - 1.3 knowledge and understanding of the history, philosophy and ethics of psychology;
   - 1.4 in-depth knowledge and understanding of theories, models, technologies and working methods of at least two of the five specialist fields of the programme stated below:
     - Conflict, Risk & Safety
     - Health Psychology & Technology

- Human Factors & Engineering Psychology
- Educational Psychology
- Positive Clinical Psychology & Technology

2. *Research and design competencies*
   Graduates of the Psychology bachelor's programme at the University of Twente (UT) are at the basic level (beginner's level for master's degree, beginning professional practitioner) and are able to:
   2.1 clearly formulate a problem statement/question definition/hypothesis for a research assignment; with a design assignment, this implies translating the needs, wishes and requirements of clients (service providers, policy makers) or patients into a tangible problem statement.
   2.2 place a problem statement in a theoretical framework; this implies that scientific literature of the field concerned and adjoining fields is located, critically evaluated, applied and described;
   2.3 set up applied psychological research in a systematic, transparent and scientifically responsible manner, and execute this through the substantiated selection and correct application of simple, accepted quantitative and qualitative psychological research methods and techniques for data collection and analysis;
   2.4 analyse a problem for a design assignment in a thematic manner using a systematic approach, and design an appropriate intervention (where possible, using technological applications), taking into account the characteristics of parties involved in the design process and the people it concerns;
   2.5 adhere to ethical standards where applicable in setting up and executing research and design activities;
   2.6 based on reflection and judgement forming, derive clearly expressed conclusions and discussion from an executed research or design assignment; this includes the study of specialist scientific knowledge, scientific and practical applications and suggestions for improvement (advice) and, if applicable, social and ethical aspects;
   2.7 write reports on executed research and design assignments in which current scientific norms and conventions are applied to data reproduction and literature references, such as information sources: reports have a logical, comprehensible structure, correct use of language and an academic style.
   2.8 hold a target audience-oriented informative, concise and appealing presentation on an executed research or design assignment with effective use of media, and adequately answer questions about the topic.

3. *Academic professional skills and attitudinal aspects of the psychologist*
   Graduates of the Psychology bachelor's programme at the University of Twente (UT) at the basic level (beginner's level for master's degree, beginning professional practitioner) possess general, academic and professional skills that they are able to implement for research and design objectives and in their later postgraduate career and professional practice. This includes the following: …
   - 3.1 the attitude and skill to be able to critically reflect on and judge the significance and value of scientific knowledge, as well as the ability to reflect on and evaluate their own work and professional actions;
   - 3.2 the attitude and skills to initiate their own learning and work processes, to purposefully and methodically design and direct these processes, and to achieve academic and professional growth;
   - 3.3 information competency: the ability to locate relevant information sources and to critically evaluate their usefulness and trustworthiness;
   - 3.4 dedication and skill in carrying out team projects; to cooperate on assignments in a purposeful and effective manner; to adequately and congenially work together with clients, supervisors, research participants and peers;
   - 3.5 adequate social and oral communication skills (ability to express oneself, present a case, communicate in a professional context, present oneself in a group and in the professional field), specifically in the effective application of the rules and attitudinal aspects for psychological interviewing.

4. Teaching and Assessment/Examination

4.1. Final examination

The degree programme has one final examination, the bachelor's examination after three years. The bachelor's examination is successfully completed if the examination of the study units, including the courses/modules of the minor/study abroad phase, the bachelor's thesis and test subject hours, have been completed successfully.

4.2. Assessment format examination/tests

The examinations of the study units within a module consist of a mixture of types of tests, such as written tests, individual and group (project) assignments (in various forms), and different forms of presentations. For each module an assessment plan is defined, which is published on the Canvas site of the module, before the start of the concerning module.

Tests can be held online (after approval from the programme management). When a test is held online by means of online surveillance or online proctoring, the examination board and programme management may lay down further rules and conditions for online (proctored) testing. See article 3.2. (of the common elements of the) EER.

4.3. Period of validity of results

1. Each module is a total of 15 EC consisting of one or more study units in which the student's programme-specific knowledge, skills and attitude are developed and assessed as far as possible in a coherent manner (see article 1.1 EER).
2. A study unit is completed with an examination. The examination is based on one or more test results. An examination result is defined as a test, or series of tests, for which one result is registered in Osiris (see article 7.10 WHW). The study units are stated in Tables 1, 2 and 3.
3. Article 3.3.3 (of the common elements of) EER states that an examination result of a study unit is expressed in half grades from 1.0 up to and including 5.0 and from 6.0 up to and including 10.0, or as 'pass/fail', whereby:
    a. The grades are only rounded in the final phase of the assessment of a study unit and in accordance with the following scheme:

In case n≠5	
Grade≥ n.00 and <n.25	⇨ n.0
Grade ≥n.25 and <n.75	⇨ n.5
Grade ≥n.75 and <(n+1).00	⇨ (n+1).0
In case n=5	
Grade ≥ 5.00 and < 5.50	⇨ 5.0
Grade ≥ 5.50 and <6.00	⇨ 6.0

4. Test results (within a study unit) are expressed in a grade from 1 to 10, with one single decimal, or as 'pass / fail'.
5. If a written test has been completed (passed with (at least) grade 5.5), the student may retake the test during a regular, scheduled resit in the same academic year only. For practicals (such as presentations) the grade of a test that has been passed with (at least) grade 5.5 is final. If

a student wishes to upgrade his grade for a practical due to exceptional circumstances, the student must have a written permission of the examination board.

   a. In case of assignments: the student cannot score a higher grade than 6.0 the resit/second attempt. This also applies if the student did not hand in an assignment in the first attempt.

6. A study unit has been successfully completed with an examination grade of (rounded) ≥ 6.0.
7. The results of examinations and tests that have been passed remain valid indefinitely (3.9.1). Exceptions to this rule apply to tests within a study unit that show coherence by content or process. These exceptions are stated in the assessment plan on the Canvas page of the module and the concerned study unit(s) and underlying tests.
8. If a student receives more than one result for the examination in the same study unit, the highest grade applies (see article 3.3.7. EER). This also applies to the results of tests.
9. Examination results, if a pass, obtained at foreign universities will be registered as a P (pass) in Osiris. Examination results obtained at Dutch universities will be adopted one-to-one, with due regard for the provisions in paragraph 3.

4.4. Maximum number of attempts for tests / examinations

For each study unit one resit will be offered in the same academic year (see article 3.1.5 EER).

4.5. Specific pass-fail regulations

Not applicable.

4.6. Prerequisites / required sequence of examinations

The formal sequence of the modules and their examinations is the order as recorded in Table 1, 2 and 3. There are several prerequisites for specific study units and within study units.

A. Prerequisites for study units

Module[1]	Prerequisites
Module 12 - bachelor's thesis	The EC of the first- and second-year's modules (B1 & B2) have been obtained.
Minor/elective space - B3:	
UT minors (HTHT modules, among things) and other elective choices (for example from another Dutch university)	The EC of the first year's modules (B1) have been obtained **AND** at least 30 EC of the second year's modules (B2) have been obtained.
Studying abroad	The EC of the first year's modules (B1) have been obtained **AND** the EC of the first semester (modules 5 & 6) of the second year (B2) have been obtained.
Elective UT master's courses[1,2,3]	The EC of the first- and second-year's modules (B1 & B2) have been obtained **AND** prerequisites from the offering programme have been met.

[1] BSc PSY students are not allowed to take master's study units/courses from the PSY master's programme (e.g. specialisations Health Psychology and Applied Technology, Educational Psychology, Conflict, Risk and Safety, Human Factors & Engineering Psychology and Positive Clinical Psychology and Technology).
[2] BSc PSY students who want to take master's study unit(s)/course(s) as part of their B3 elective space must send in a motivated request to the programme management PSY in time. If the request is approved by the programme management PSY, approval for the study unit(s)/course(s) from the programme management of the corresponding offering master's programme is also needed.
[3] Students from outside the PSY programme who would like to take courses can submit a motivated request to the programme management PSY no later than 4 weeks before the start of course. Also see the course descriptions in the course catalogue.

B: Prerequisites <u>within</u> a study unit

Should prerequisites apply within a study unit (e.g., students may only take part in a test if the previous assignment was successfully completed), then the examiner must inform participating students through Canvas in advance of the start of the study unit.

C: Prerequisites minors

Minor	Prerequisites
Sustainable Well-Being in Society and Personal Life (202300007)[1]	No specific knowledge is required to apply for this minor.
Introduction to Neuroscience for Business and Society (202400107)	In order to apply for the minor, students must have: • Basic Statistical Knowledge (e.g., regression analysis). • Ability to use R. • Willingness to code scripts in Python or MATLAB (preferred but not compulsory).
Technology for Womens's Health in a Life Span Perspective (202400111)	No specific knowledge is required to apply for this minor.

[1] This module cannot be taken by UT Psychology students

4.7. Criteria examiner theses

In addition to the rules as laid down in paragraph 4 in the Rules and Regulations in regard to the criteria for the appointment of an examiner to assign and validate grades of bachelor's theses, one of the two examiners, who supervise the student, should be part of one of the programme's Psychology departments.

4.8. Examination board

The examination board is the body that determines in an objective and expert manner whether a student meets the conditions set under the Education and Examination Regulations (EER) concerning the knowledge, insight and skills required to obtain a degree. Members of the examination board are appointed by the dean of the faculty.

More information, including the most up-to-date composition of the examination board can be found on its website: www.utwente.nl/en/bms/examboard. All information for students, examiners and educational support staff about the examination boards of BMS is published there, including their Rules and Guidelines, and the procedures and conditions for submitting a request.

5. Transitional arrangements

5.1. First year

As of the academic year 2025-2026 all study unit/course codes of the first year curriculum have changed. Students who did not complete the concerning units of study in 2024-2025 must take the current replacing units as listed in the table below. Students will be notified about this prior to the start of the module.

B1 Module and study unit	Course code 2024-2025	Course code 2025-2026
Module 1: Psychology and Intervention Design	**202000320**	
Psychology: an Orientation	202000321	202500163
Introduction to Research Methodology	202000322	202500164
Reflection and Academic Writing[1]	202000324	202500165
Systematic Intervention Design[1]	202400644	202500166
Module 2: Social Behaviour	**202000325**	
Social (Developmental) Psychology	202000326	202500173
Data Analysis	202000327	202500174
Group Dynamics and Academic Writing[1]	202000329	202500175
Needs Assessment and Intervention Design[1]	202000328	202500176
Module 3: Cognition and Development	**202000330**	
Brain, Cognition and Development	202400745	202500184
Data Analysis I	202000332	202500183
Design and Evaluation[1]	202400746	202500185
Module 4: The Individual	**202000334**	
Personality and Clinical Psychology	202000335	202500191
Data Collection and Test Construction	202000336	202500192
Presentation Skills[1]	202000337	202500193
Interview Study and Test[1]	202000338	202500194

[1] Corresponding to the English track.

5.2. Second year

As of the academic year 2025-2026 some of the study unit/course codes of the second-year curriculum have changed. Students who did not complete the concerning units of study in 2024-2025 must take the current replacing units as listed in the table below. Students will be notified about this prior to the start of the module.

B2 Module and study unit	Course code 2024-2025	Course code 2025-2026
Module 5a: Health Psychology and Applied Technology[1]	**202000340**	**202500281**
Health Psychology	202000341	202500282
Persuasive Health Psychology	202000342	202500283
EHealth Applied to Chronic Illness	202000343	202500284
Module 5b: Psychology in Learning and Instruction[1]	**202000344**	
Research and Teaching Skills	202000346	202500288
Module 5c: Psychology of Safety[1]	**202000348**	
Research and Design in Safety Contexts	202000350	202500267
Module 6a: Mental Health[2]	**202000351**	
2024-2025: Psychopathology and Psychodiagnostics[1] Replaced by: 2025-2026: Psychopathology + 2025-2026: Psychodiagnostics	202000352	202500449 + 202500450
2024-2025: Applied diagnostics: Case Report[1]	202000353	202500451
Mental Health in Practice	202000354	202500452
Module 8: Psychological and Professional Skills[1]	**202000363**	
Work Field and Job Orientation	202400748	202500514

[1] The content of the study unit(s) within the module have changed in 2025-2026. Students who participated in the study unit(s) in 2024-2025, but who failed to complete the study unit successfully (i.e. the study unit is graded as insufficient in Osiris), will be informed about the transitional arrangement by the study adviser and/or programme management, ultimately one month prior to the start of the module. More information on the study units can be found on the Canvas page of the concerning module.

[2] The set-up of the module has changed in 2025-2026. Students who actively participated at least once in the written test(s) offered the study unit in 2024-2025 (i.e. a test grade was registered in Osiris), but who failed to complete the study unit successfully, will be informed about the transitional arrangement by the study adviser and/or programme management, ultimately one month prior to the start of the module. More information on the study units can be found on the Canvas page of the module. Students who did not take part in at least one of the study unit's tests during the academic year 2024-2025 are strongly advised to the transitional arrangements as stated in the table.

6. Other topics

6.1. (Binding) recommendation on continuation of studies

The Programme Board issues a recommendation for every student at the end of the first academic year. This recommendation is based on the student's study results, and can either be a positive recommendation or one connected with a rejection. **A negative recommendation is binding**. Students receiving a negative recommendation cannot enrol in the UT Psychology programme for the next three academic years.

To receive a positive BSA, there are two options:

1. The student has completed **three modules** of the first year successfully (of 45 EC in total)

OR

2. The student has completed **45 EC** of the first year study load successfully **AND** has no more than one insufficient study unit examination grade in each learning trajectory. The four learning trajectories (Theory, RM, PAS & D&R) and the study load (in EC) for each study unit are described in paragraph 2.1 (Programme content).

More information and rules about recommendations and their practical consequences is available on the website www.utwente.nl/psy and from the Psychology study adviser.

6.2. Graduation with distinction

Distinction/'cum laude'

1. When a student has demonstrated exceptional ability in their bachelor's examinations, this can be stated on the diploma with the words, 'Cum Laude'. Exceptional ability is the case when each of the conditions below is met:
   a. No study units (excluding 30 EC for all elective options in the third year/B3*) were assessed with an examination grade of 6,0 (or lower);
   b. the weighted average of the study units' examination grades (excluding 30 EC for elective options B3) is at least an 8,0**;
      OR;
      at least three of the maximum five Excellence stars (STAR-programme) were obtained AND the weighted average of the (study units' examination) grades obtained in the B1, B2 and B3 modules for the bachelor's final examination (excluding 30 EC for all elective options in the third year*) amounts to at least 7.5;
   c. the modules for which exemption was granted are excluded from the above mentioned average (1b);
   d. a maximum of one graded test result throughout the entire degree programme has been re-done, excluding 30 EC for all elective options in the third year/B3*;
   e. the final grade for the final unit of study (bachelor's thesis) is at least an 8;
   f. exemption is granted for a maximum of one third of the total programme;
   g. the degree programme is completed within 3 years, unless, in the judgement of the examination board, exceptional circumstances justify a greater exceedance. The acknowledged circumstances for granting graduate support are in any case included in such exceptional circumstances.

2. If these guidelines are not fully met, then a proposal for awarding the designation of 'with distinction' may be submitted to the examinations board(s) of the BMS faculty. In that case, the special circumstances and exceptionality of the achievement must be especially substantiated. See the rules and regulations of the examination board for more information.

* This also applies when a module of the PSY curriculum (B2 elective) has been included in the minor/(third year elective) space.

6.3. Grade Point Average

The GPA (weighted average) is stated on the diploma supplement and is *the average of all the student's numerical grades, weighted in credits (EC).*

6.4. Changes PSP 2025-2026

- Article 1.2 Language of the Programme: Addition Dutch track
- Article 2.1 Contents and Structure of the Programme: Addition table modules and study components Dutch track
- Article 4.3 Validity of results: Changes and additions based on validity of test results
- Article 4.6 Prerequisites / required sequence of examinations: Removal prerequisites B2 modules 5, 6, 7, 8 and 11.
- Article 5. Transitional arrangements 2025-2026