

## PROGRAMME ARPH CONFERENCE 2023

### Thursday March 30th

Time	Activities			
9:00	Welcome, registration & coffee			
10:00	Opening Room: C1+2			
10:15	<b>Keynote Lucie Byrne-Davis</b> <b>Health psychology in international health partnerships: Reflections, questions and challenges</b> Room: C1+2			
11:15	Parallel session 1			
	<b>Symposium</b>  <b>Room: C4</b> <b>Chair: Kim Wijlens</b>  <b>Cancer-related fatigue – from etiology CRF towards monitoring and treatment</b>  <i>Kim Wijlens</i> Content validity of a toolkit for holistic monitoring of cancer-related fatigue in breast cancer patients	<b>Round table</b>  <b>Room: C1+2</b>  <b>International perspectives on COVID-19 research and what role behavioural science could play during a global crisis</b>  Participants: <i>Marijn de Bruin</i> <i>Lucie Byrne-Davis</i> <i>Olivier Luminet</i>	<b>Oral session</b>  <b>Room: C5</b> <b>Chair: Saar Hommes</b>  <b>Stakeholder engagement /co-creation/participatory methods</b>  <i>Maartje van Stralen</i> Charge Your Brainzzz: Applying participatory system dynamics to co-produce a whole systems approach promoting adolescent sleep	<b>Oral session</b>  <b>Room: C6</b> <b>Chair: Sanne Raghoobar</b>  <b>Food choices and healthy eating</b>  <i>Iris W.H. Claessens</i> Personal Values, Motives, and Healthy and Sustainable Food Choices: Examining Differences Between Home Meals and Restaurant Meals

	<p><i>Adriaan Penson</i> Triggering, maintaining and moderating factors for cancer-related fatigue in childhood cancer survivors: a DCCSS LATER study</p> <p><i>Laura Winkels</i> The systematic design of a personalized lifestyle intervention for colorectal cancer survivors experiencing cancer-related fatigue</p> <p><i>Jody Geerts</i> The relation between self-identity bias and fatigue in breast-cancer patients</p>		<p>health</p> <p><i>Kim Boltjes</i> Power to the Patient: A Co-created Design Towards Emotionally-Safe Pediatric Hospitalization</p> <p><i>Saar Hommes</i> “Tell me it gets better over time”: Qualitative assessment of trauma patients’ perceptions on personalized predictions in a recovery tool</p> <p><i>Maartje D Stutvoet</i> Developing the mHealth intervention PROfeel for adolescents with a chronic disease and fatigue – an iterative co-design process</p>	<p><i>Rachelle de Vries</i> Challenges in designing (personalized) digital “just-in-time” nudges for healthy food choice: Two pilot studies</p> <p><i>Janis Fiedler</i> Effectivity of a family-based mobile health intervention to promoting physical activity and healthy eating – results of the SMARTFAMILY1.0 trial</p> <p><i>Sanne Raghoobar</i> Experts’ perceptions on motivators and barriers of healthy and sustainable dietary behaviour among adolescents</p> <p><i>Laurens van Gestel</i> Acceptability of nudging vegetarian lunch options: Investigating the role of transparency and motivation</p>
12:30	Lunch and (optional) campus walking tour			
13:45	Parallel session 2			
	<p><a href="#">BMS LAB</a> tour</p>	<p><b>Symposium</b></p> <p><i>Room: C4</i> <i>Chair: Be Prepared consortium</i></p> <p><b>Longitudinal patterns of behavior, support, media-use</b></p>	<p><b>Symposium</b></p> <p><i>Room: C5</i> <i>Chair: Ellen Smets &amp; Leonie Visser</i></p> <p><b>Person centered care in</b></p>	<p><b>Oral session</b></p> <p><i>Room: C6</i> <i>Chair: Janet Boekhout</i></p> <p><b>Physical activity and sedentary behaviour</b></p>

		<p><b>and well-being during the COVID-19 pandemic</b></p> <p><i>Carlijn Bussemakers</i> Measurement properties of the CAPAS behavioural survey during the COVID-19 pandemic</p> <p><i>Keenan A. Ramsey</i> Trajectories of wellbeing during the COVID-19 pandemic in vulnerable groups of the Dutch population</p> <p><i>Adriana Solovei</i> Patterns of media use in the Netherlands during the COVID-19 pandemic</p> <p><i>Frank Gootjes</i> The dynamics of public support and adherence for key COVID-19 policies over time</p>	<p><b>Alzheimer's disease / Early dementia: prevention, diagnostics, and communication</b></p> <p><i>Lotte Truin</i> Modifiable dementia risk and protective factors in persons with subjective cognitive decline or mild cognitive impairment: a systematic literature review and Delphi study</p> <p><i>Janne M. Papma</i> A best practice for culture-sensitive dementia diagnostics; cultural subgroup or person-centered perspective?</p> <p><i>Daphne B.G. ter Huurne</i> The accuracy of a semi-automatic cognitive phone assessment in a memory clinic setting</p> <p><i>Leonie Visser</i> Identifying best-practices for amyloid imaging results disclosure: a randomized controlled trial</p>	<p><i>Janet Boekhout</i> Decreasing loneliness in the elderly: The Active Plus intervention</p> <p><i>David R. de Buissonjé</i> Put your money where your feet are: the real-world effects of StepBet gamified deposit contracts for physical activity</p> <p><i>Pam ten Broeke</i> Associations between workplace design and office workers' sitting patterns: A field study</p> <p><i>Sara Kassas</i> Vertical inter-goal relations between health goals and personal values among the emerging adult population</p>
15:00	Tea break, posters, and <a href="#">The Mobile Lab Facilities (Experivan)</a>			
15:45	<b>Senior Workshop - Knowing what you're talking about: creating comprehensive construct definitions and making them useful in practice</b>	<b>Workshop PhD students – Future professors unite!</b>		

	<b>Room: C1+2</b> Facilitator: Gjalt-Jorn Peters	<b>Room: C4</b> Facilitators: Jet Ankersmid, Tessi Hengst, Nadine van der Waal & Saar Hommes
17:00	<b>Keynote Lucy Yardley</b> <b>Updating the Person-Based Approach to intervention development</b> Room: C1+2	
18:00	Break	
19:00 – 1:00	Dinner, followed by party Location: Fellini, Enschede city centre	

## Friday March 31st

Time	Activities
8:45	ARPH members meeting Room: C1+2
9:30	PhD and Early career awards Room: C1+2
10:15	<b>Keynote Matthijs Noordzij</b> <b>Wearable Technology and Self-Management: Enhancing Emotion Regulation through Biocueing</b> Room: C1+2

11:15	Coffee break			
11:45	Parallel session 3			
	<p><b>Symposium</b></p> <p><b>Room: C4</b> <b>Chair: Paula Mommersteeg</b></p> <p><b>Measuring sex and gender in health research</b></p> <p><i>Aranka Ballering</i> Inclusivity in large-scale cohort studies: lessons learned regarding assessing sex, gender, and sexual orientation</p> <p><i>Nina Kupper</i> Gender measures are differentially related to health behaviors, mood, and symptom reports in patients with heart disease: results from the THORESCI Gender sub-study</p> <p><i>Paula M.C. Mommersteeg</i> Stanford Gender-Related variables for Health research; Dutch translation and association with lifestyle associated risk factors and mental health</p> <p><i>Sabine Oertelt-Prigione</i> Current trends in the</p>	<p><b>Oral session</b></p> <p><b>Room: C1+2</b> <b>Chair: Nynke van der Laan</b></p> <p><b>Evaluating effectiveness of behavior change interventions</b></p> <p><i>Marijn de Bruin</i> Estimating the true effectiveness of smoking cessation interventions under variable comparator conditions: a systematic review and meta-regression</p> <p><i>Loes van den Bekerom</i> Interventions Promoting Health Behavior Among People With Lower Socio-Economic Status: A Scoping Review of Behavior Change Techniques and Effectiveness</p> <p><i>Nynke van der Laan</i> To What Extent Do Technology Acceptance Factors, Health Related Factors and Contextual Factors Predict the Use Discontinuance of Contact Tracing Apps?</p> <p><i>Liselot N. van den Berg</i> Using Animated Videos to Promote the Accessibility and Understandability of Package Leaflets: A retrospective</p>	<p><b>Oral session</b></p> <p><b>Room: C5</b> <b>Chair: Ann de Smet</b></p> <p><b>Climate change and sustainability</b></p> <p><i>Janna de Graaf</i> Does climate change threat make sense? The effect of fearful communication on climate change resistance and engagement</p> <p><i>Keenan Ramsey</i> Differences in psychological distance between three coinciding crises</p> <p><i>Rachel Drbohlav Ollerton</i> Exploring the utilisation of collective efficacy in climate change messaging</p> <p><i>Valentina Bancale</i> Spillover beliefs within and between health and pro-environmental behaviors: associations and correlates</p>	<p><b>Symposium</b></p> <p><b>Room: C6</b> <b>Chair: Thomas Gültzow</b></p> <p><b>Opening up? How to support employees' &amp; students' decisions to disclose mental health issues.</b></p> <p><i>Thomas Gültzow</i> Decision aid development to support employees &amp; students in their mental health disclosure decision</p> <p><i>Yil Severijns</i> Why students don't talk about their mental health issues at Maastricht University</p> <p><i>Daniëlle Zijlstra</i> Making the decision to talk with colleagues and supervisors about your mental health issues</p> <p><i>Sybren Slimmen</i> General Discussion</p>

	operationalization of gender in (bio)medicine	observational study evaluating the first year of implementation		
13:00	Lunch in the Restaurant PGMP meeting <b>Room: C1+2</b>			
14:00	Parallel session 4			
	<p><b>Symposium</b></p> <p><b>Room: C4</b> <b>Chair: Gill ten Hoor &amp; Rob Ruiter</b></p> <p><b>Lessons learned and future preparedness: Insights from COVID-19 projects</b></p> <p><i>Tugce Varol</i> Applying behavioral science to create a safe university environment during the COVID-19 pandemic: lessons learned</p> <p><i>Colene L. Zomer</i> Patterns of testing behaviour during the COVID-19 pandemic: a latent class analysis</p> <p><i>Gjalt-Jorn Peters</i> Something from nothing: lessons learned from developing an agile intervention with over 100 volunteer experts</p> <p><i>Gill ten Hoor &amp; Rob Ruiter</i></p>	<p><b>Oral session</b></p> <p><b>Room: C5</b> <b>Chair: Maya Schroevers</b></p> <p><b>Cancer Research</b></p> <p><i>Judith Austin</i> Use, appreciation and impact of a mobile self-compassion intervention for people with newly diagnosed cancer: a mixed-methods study</p> <p><i>Naomi C.A. van der Velden</i> Patient-Caregiver Dyads' Prognostic Information Preferences and Perceptions in Advanced Cancer</p> <p><i>Marrit A. Tuinman</i> Would patients with cancer use an e-diary as self-management tool to improve their distress and social contacts?</p> <p><i>Loïs F. van de Water</i> Potential adverse outcomes of shared decision making about</p>	<p><b>Oral session</b></p> <p><b>Room: C6</b> <b>Chair: Marcel Pieterse</b></p> <p><b>Family health and personality</b></p> <p><i>Pierre Gerain</i> "Already too late": a qualitative study of respite care among parents of children with special healthcare needs and disabilities</p> <p><i>Linda M. Opstal</i> The prevalence and psychosocial mechanism of a teachable moment for lifestyle change during pregnancy</p> <p><i>Paul Lodder</i> Type D personality as a risk factor for adverse outcome in patients with cardiovascular disease: an individual patient data meta-analysis</p> <p><i>Paul Lodder</i></p>	<p><b>Round table</b></p> <p><b>Room: C1+2</b> <b>Guidelines for lifestyle behavioral change interventions</b></p> <p><i>Andrea W.M. Evers</i> <i>Marijn de Bruin</i> <i>Marieke Adriaanse</i> <i>Sabita Soedamah-Muthu</i> <i>Pepijn van Empelen</i> <i>Lisette van Gemert-Pijnen</i> <i>on behalf of the Behavior change program of the Lifestyle4Health network</i></p>

	Discussion	palliative cancer treatment: a secondary analysis of a randomized trial	Why researchers should not ignore skewness and measurement error in questionnaire item scores	
15:15	Tea break			
15:45	Parallel session 5			
	<a href="#">BMS LAB</a> tour	<p><b>Symposium</b></p> <p><b>Room: C4</b> <b>Chair: Willem Johan Kop</b></p> <p><b>New developments in cardiac psychology: Using theory and technology to promote health outcomes</b></p> <p><i>Emma R. Douma</i> Psychological factors and adherence to health behaviors after percutaneous coronary intervention: Effect moderation by cardiac rehabilitation</p> <p><i>Renée V.H. IJzerman</i> Which goals matter to people within cardiac care? A study on life goal and health goal preferences</p> <p><i>Mirela Habibović</i> A patient-centered intervention platform to support health behaviour change and the continuum of care in patients with coronary artery disease: the TIMELY randomized controlled trials</p>	<p><b>Oral session</b></p> <p><b>Room: C5</b> <b>Chair: Gerko Schaap</b></p> <p><b>Longitudinal wellbeing</b></p> <p><i>Gerko Schaap</i> Fluctuations of Symptoms and Affects in Post-COVID-19 Patients in Daily Life</p> <p><i>Isabel AL Slurink</i> Longitudinal trajectories and psychological predictors of physical quality of life until 3 years after bariatric surgery</p> <p><i>Zoé Busschaert</i> Health goals facilitation and interference: an ecological momentary assessment</p>	

		<i>Jos A. Bosch</i> Development and implication of personalized smartphone-based prompts to improve cardiovascular health behaviors during daily life.		
17:00 – 17:30	Conference closing, best poster & best presentation awards <b>Room: C1+2</b>			