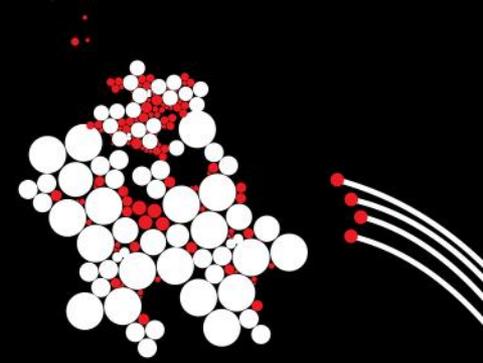
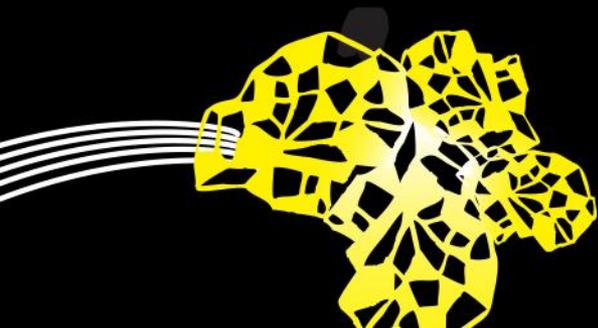


**UNIVERSITY OF TWENTE.**



**PROGRAMME INTRODUCTION  
MASTER PSYCHOLOGY  
3 FEBRUARY 2025**

**ACADEMIC YEAR 2024-2025**



# OVERVIEW PRESENTATION



INTRODUCTION



STUDY  
PROGRAMME



MASTERTHESIS  
AND INTERNSHIP



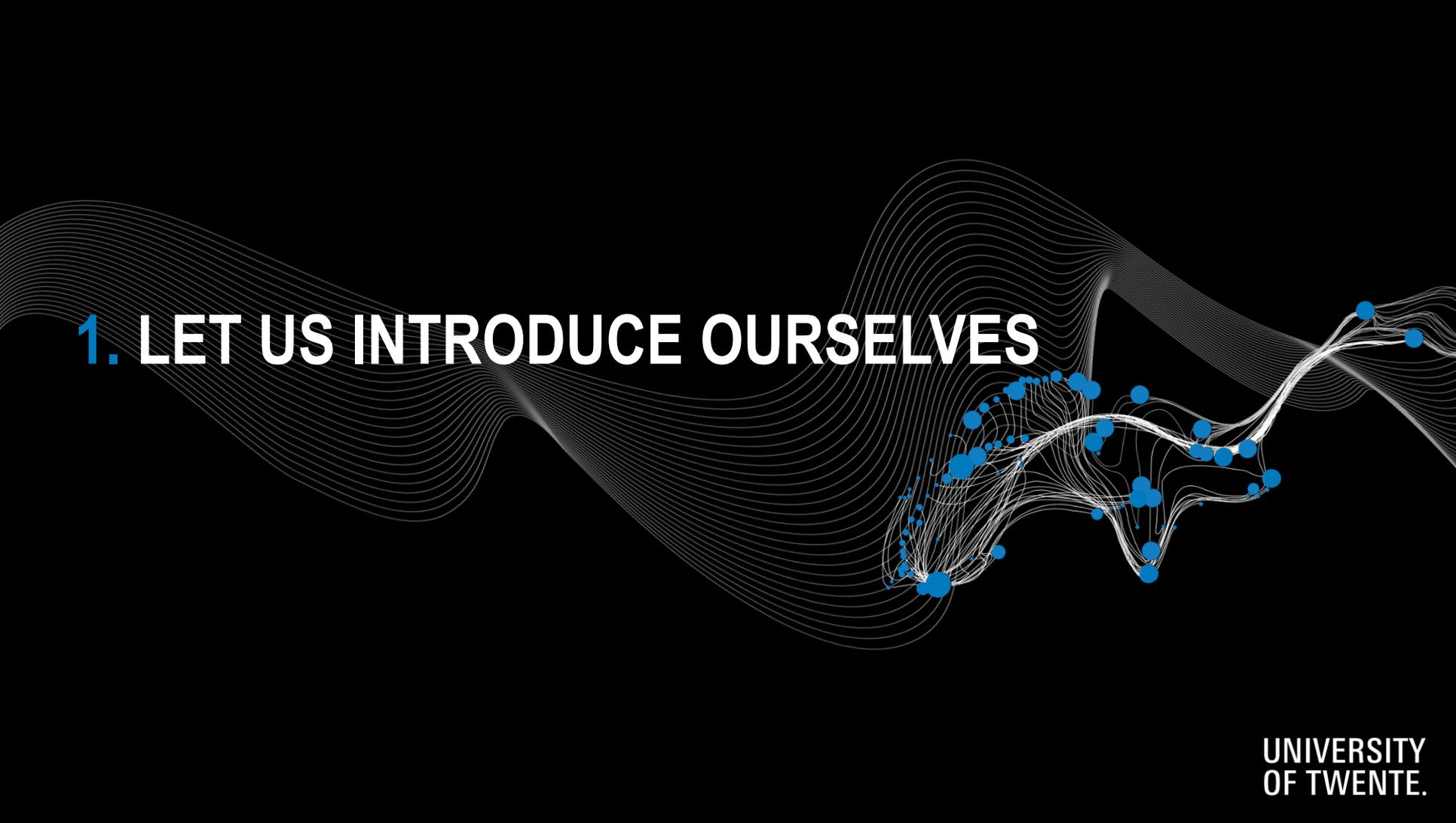
WAYS TO SUCCEED  
AND ENJOY



STUDENT  
SUPPORT

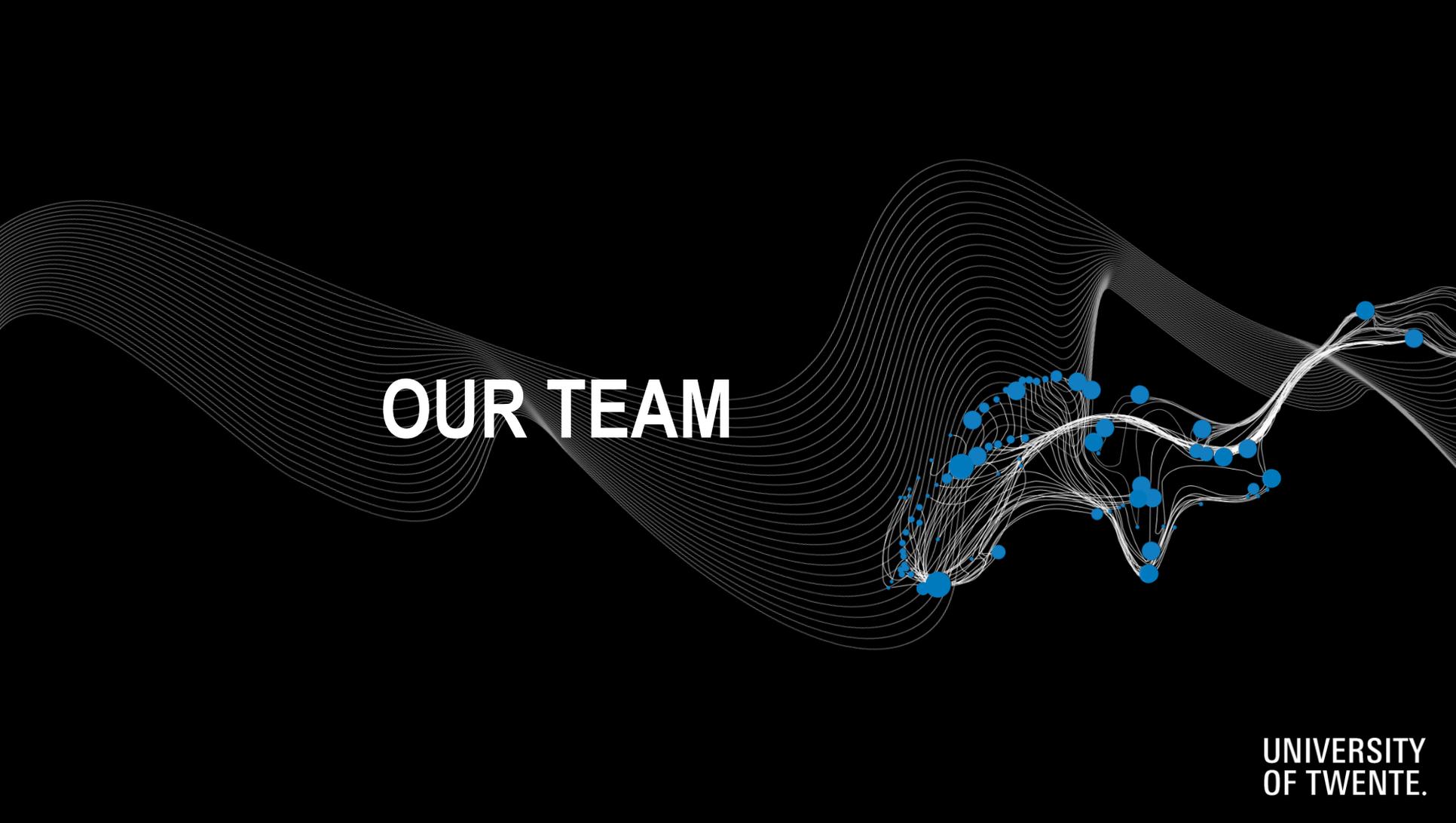


QUESTIONS?

The background features a series of white, wavy, parallel lines that create a sense of motion and depth. On the right side, these lines converge into a network of blue nodes of varying sizes, connected by thin white lines, resembling a data visualization or a neural network structure.

# 1. LET US INTRODUCE OURSELVES

# OUR TEAM

An abstract graphic consisting of numerous thin, white, wavy lines that flow across the frame from left to right. On the right side, these lines converge and connect to a network of blue circular nodes of varying sizes, creating a sense of connectivity and movement.



CHRISTINA BODE  
PROGRAMME DIRECTOR

## PROGRAMME COORDINATORS



MANON TE VAARWERK

ANNE RUUMPOL-  
OLTVOORT



MARLEEN JANSSEN



ANNEKE LAARHUIS  
EDUCATIONAL SUPPORT

NICE TO MEET YOU!

PSY TEAM

UNIVERSITY  
OF TWENTE.

# STUDY ADVISERS

ROMEE OLDE  
KEIZER



IRIS CEULEN



MARLOU VAN NUS

**NICE TO MEET YOU!**  
**PSY TEAM**

**UNIVERSITY  
OF TWENTE.**

FOR QUESTIONS ABOUT:

- MOMI (Modern Migration Policy)
- Housing for international students
- Bafög
- Insurance



INTERNATIONAL STUDENT  
SUPPORT OFFICER

Annemieke van den Grijsparde

[internationalstudentsupport-bms@utwente.nl](mailto:internationalstudentsupport-bms@utwente.nl)

## STUDENT GUIDANCE

- How to study?
- Coping strategies
- Planning
- Curriculum questions
- Guidance in thesis process
- Personal circumstances that may influence your studies



**NICE TO MEET YOU!**  
**STUDY ADVISERS**

**UNIVERSITY  
OF TWENTE.**

**I WANT TO CHANGE  
SOMETHING IN MY STUDY  
PLANNING**

**I WANT TO DO SOMETHING  
EXTRA NEXT TO MY STUDIES**

**WHAT IS IMPORTANT WHEN  
PLANNING?**

**I FAILED A COURSE, WHAT ARE  
THE CONSEQUENCES?**

**WHAT ARE THE RULES TO  
GRADUATE CUM LAUDE?**

**STRUGGLING IN MY THESIS  
PROCESS**

**MY PERSONAL SITUATION IS  
AFFECTING MY  
CONCENTRATION**



## Study advisers (pre-)master Psychology

Contact information: [Study advisers | home SGW](#)

E-mail: [Studieadviseur-MPS@utwente.nl](mailto:Studieadviseur-MPS@utwente.nl)

Appointment: [Planzelf.nl](#)



Romee Olde Keizer

**NICE TO MEET YOU!**  
**STUDY ADVISERS**

## Study advisers (pre-)master Psychology

Contact info  
E-mail: [Study](#)  
Appointmen

[SACC \(utwente.nl\)](#)



**NICE TO MEET YOU!**  
**STUDY ADVISERS**

Romee Olde Keizer

ravelijn 10

**PSY STAFF**  
**RAVELIJN BUILDING**

met in de stalling  
geplaatste fietsen  
worden verwijderd

**DIMENSIE**  
**PSY STUDY ASSOCIATION**  
**LANGEZIJDS BUILDING**

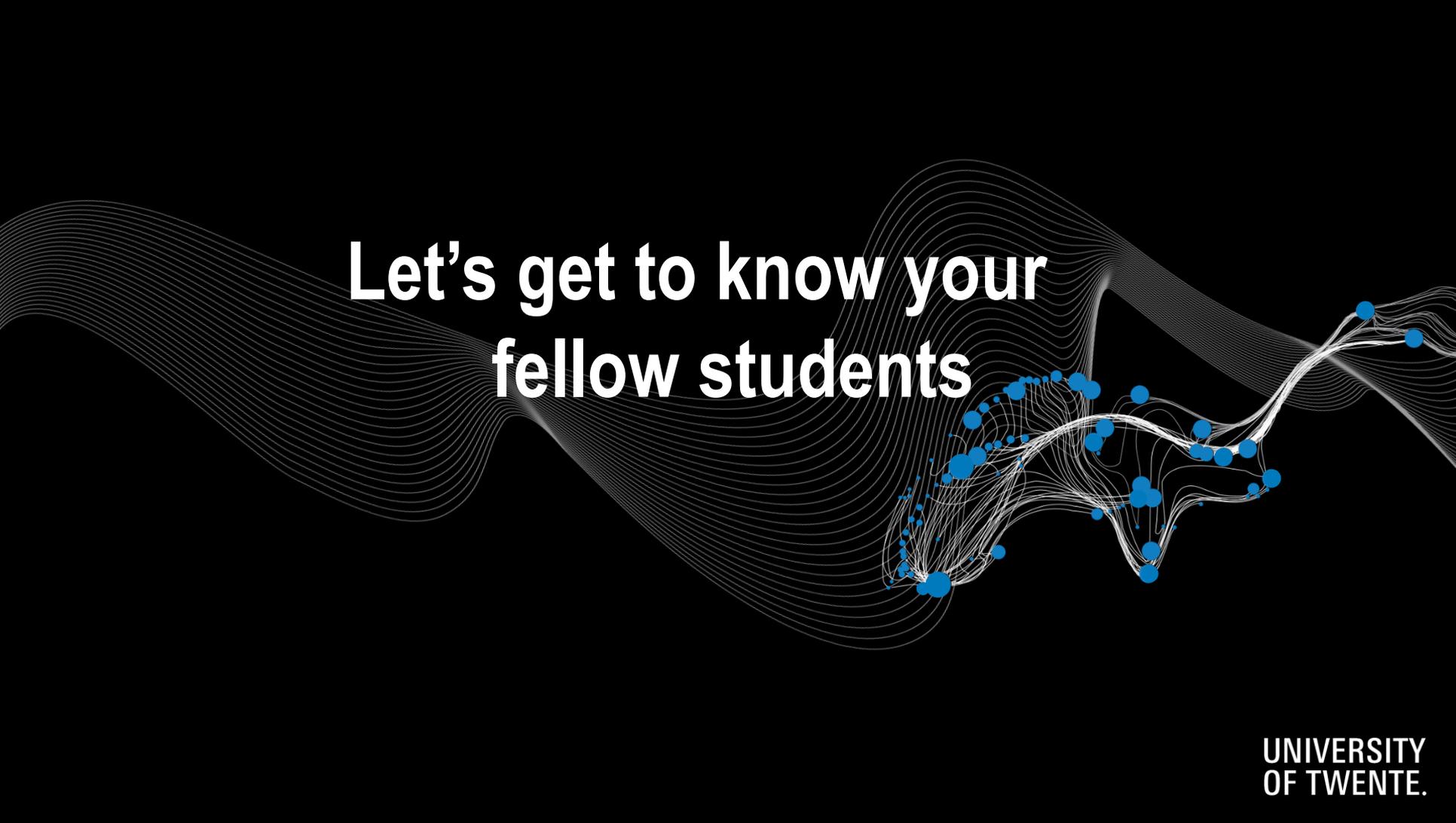




# STUDENT SERVICES

*ADMISSION, ENROLMENT UT, TUITION FEE*

**Boerderij nr. 42 (Contact Centre)**

The background features a series of white, wavy, parallel lines that create a sense of motion and depth. On the right side, these lines converge and connect to a network of blue dots of varying sizes, resembling a social or data network. The overall aesthetic is modern and digital.

**Let's get to know your  
fellow students**

# Each color bead has a different category

Tell something about...

Dark blue: What hobby do you wish you had more time for?

Blue: If you could only wear one outfit for a year, what would it be?

Light blue: What's the most unexpected place you've ever visited?

Dark green: If you had to pick up a new sport today, what would it be?

Light green: What's a food combination you love but others find weird?

Dark pink: What's your favorite animal and why?

Light pink: Describe your perfect lazy day without using the word 'relax'.

Orange: What's a song that instantly puts you in a good mood?

Beige: If your life was a movie, which genre would you like it to be?

Yellow: If you could host a podcast on any topic, what would it be about?

Red: which aspect of the master's programme excites you the most, and why?

Brown: What made you choose this master's programme?

Black: What's something unique about UT that made you pick it?

Grey: What would your dream job be if money and location weren't an issue?

White: If you already have ideas for your internship?

Salmon: What's one thing you're nervous but excited to learn during the master's?

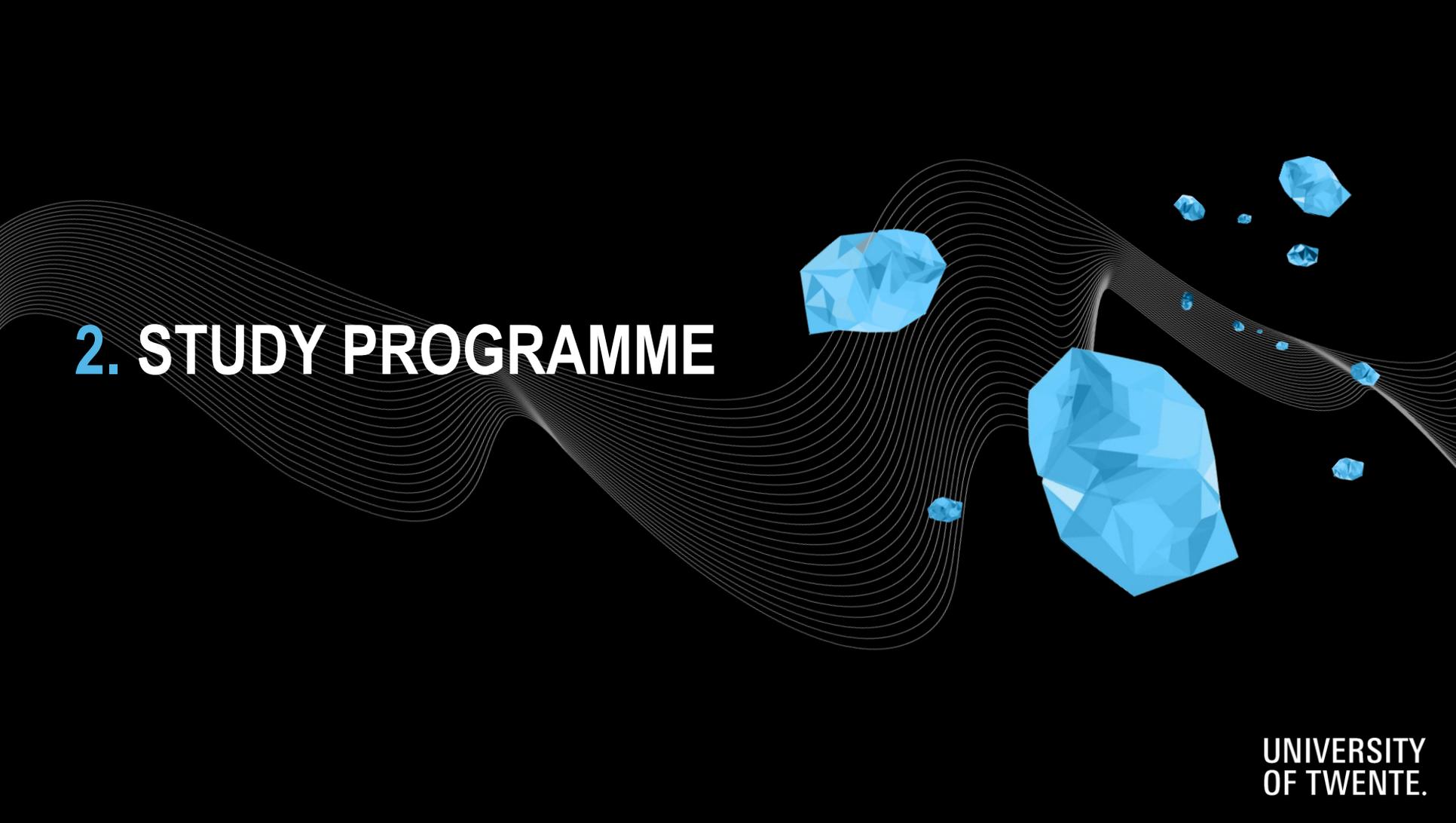
Purple: What's your favorite study spot?

Bordeaux: What's your ultimate hack for getting through tough study sessions?

**NICE TO MEET YOU!**

**WHO ARE YOU?**

## 2. STUDY PROGRAMME

The background features a series of white, wavy, parallel lines that create a sense of motion and depth. Scattered throughout the scene are several blue, faceted, geometric shapes that resemble crystals or diamonds, varying in size and orientation. The overall aesthetic is clean, modern, and technical.

# INTRODUCTORY MEETING MASTER'S SPECIALISATION

Meet the track coordinator in the first lecture week

Exact time and location can be found in the [timetable](#)

- Psychology Conflict, Risk & Safety M 2A
- Psychology Health Psychology & Technology M 2A
- Psychology Human Factors & Engineering Psychology M 2A
- Psychology Educational Psychology M 2A
- Psychology Positive Clinical Psychology & Technology M 2A

**NICE TO MEET YOU!**

**STUDY ADVISERS**

# MASTER'S PROGRAMME

Psychology master's programme website:  
[www.utwente.nl/psy/master](http://www.utwente.nl/psy/master)

Elective courses (except for PCPT):

- Learning and Instruction
- Compassionate Health Technology
- Psychology of sustainability
- User Psychology
- Behaviour & Technology
- Designing Learning & Performance Support (only for EP students)

Adaptions to study programme → [Study adviser](#)

# MASTER'S PROGRAMME CRS

Semester 2		Semester 1	
Quartile 2A	Quartile 2B	Quartile 1A	Quartile 1B
<p style="text-align: right;">5EC</p> <p>Psychology and Crime</p> <p><b>201400580</b></p>	<p style="text-align: right;">5EC</p> <p>Advanced Research Methods for CRS</p> <p><b>201600161</b></p>	<p style="text-align: right;">5EC</p> <p>Group Dynamics and Interventions</p> <p><b>201100014</b></p>	
<p style="text-align: right;">5EC</p> <p>Psychology of Sustainability<sup>1</sup></p> <p><b>202300098</b></p>	<p style="text-align: center;"><b>Internship (10EC)</b></p>	<p><b>Master's Thesis (25EC)</b></p>	
<p style="text-align: right;">5EC</p> <p><i>Elective Course<sup>2</sup> 1 out of 4:</i></p> <ul style="list-style-type: none"> <li>➤ Compassionate Health Technology<sup>1</sup></li> <li>➤ Behaviour &amp; Technology: an interdisciplinary approach</li> <li>➤ Learning and Instruction<sup>1</sup></li> <li>➤ User Psychology</li> </ul>			

This course is offered twice a year, in Quartile 1A and Quartile 2A.  
Students choose one of the courses

# MASTER'S PROGRAMME EP

Semester 2		Semester 1	
Quartile 2A	Quartile 2B	Quartile 1A	Quartile 1B
<p style="text-align: right;"><b>5EC</b></p> <p>Innovative technology-based environments</p> <p><b>201400002</b></p>	<p style="text-align: center;"><b>Internship (10EC)</b></p>	<p style="text-align: right;"><b>5EC</b></p> <p>Positive Education</p> <p><b>202000005</b></p>	<p style="text-align: right;"><b>5EC</b></p> <p>Adaptivity in Learning and Instruction</p> <p><b>201600164</b></p>
<p style="text-align: right;"><b>5EC</b></p> <p>Learning and Instruction<sup>1</sup></p> <p><b>202300197</b></p>			
<p style="text-align: right;"><b>5EC</b></p> <p><i>Elective Course<sup>2</sup> 1 out of 4:</i></p> <ul style="list-style-type: none"> <li>➤ Behaviour &amp; Technology: an interdisciplinary approach</li> <li>➤ Compassionate Health Technology<sup>1</sup></li> <li>➤ Psychology of Sustainability<sup>1</sup></li> <li>➤ User Psychology</li> </ul>			<p><b>Master's Thesis (25EC)</b></p>

<sup>1</sup> This course is offered twice a year, in Quartile 1A and Quartile 2A.

<sup>2</sup> Students choose one of the courses

# MASTER'S PROGRAMME HPT

Semester 2		Semester 1	
Quartile 2A	Quartile 2B	Quartile 1A	Quartile 1B
<p style="text-align: right;">5EC</p> <p>Coping with Disease in a Digital Era</p> <p><b>202200076</b></p>	<p style="text-align: right;">5EC</p> <p>Evaluating Complex Health Interventions</p> <p><b>202200075</b></p>	<p style="text-align: right;">5EC</p> <p>Health Promotion</p> <p><b>202200074</b></p>	
<p style="text-align: right;">5EC</p> <p>Compassionate Health Technology<sup>1</sup></p> <p><b>202400407</b></p>	<p style="text-align: center;"><b>Internship (10EC)</b></p>	<p><b>Master's Thesis (25EC)</b></p>	
<p style="text-align: right;">5EC</p> <p><i>Elective Course<sup>2</sup> 1 out of 4:</i></p> <ul style="list-style-type: none"> <li>➤ Behaviour &amp; Technology: an interdisciplinary approach</li> <li>➤ Learning and Instruction<sup>1</sup></li> <li>➤ Psychology of Sustainability<sup>1</sup></li> <li>➤ User Psychology</li> </ul>			

<sup>1</sup> This course is offered twice a year, in Quartile 1A and Quartile 2A.

<sup>2</sup> Students choose one of the courses

# MASTER'S PROGRAMME HFE

Semester 2		Semester 1	
Quartile 2A	Quartile 2B	Quartile 1A	Quartile 1B
<p style="text-align: right;"><b>5EC</b></p> <p>Training, Sensors and Simulation</p> <p><b>202200073</b></p>	<p style="text-align: right;"><b>5EC</b></p> <p>Advanced Research Methods for HFE</p> <p><b>201600162</b></p>	<p style="text-align: right;"><b>5EC</b></p> <p>HFE elective<sup>2</sup> 1 out of 2:</p> <ul style="list-style-type: none"> <li>➤ Traffic Psychology <b>201900041</b></li> <li>➤ Human Factors in Healthcare <b>202100305</b></li> </ul>	<p><b>Master's Thesis (25EC)</b></p>
<p style="text-align: right;"><b>5EC</b></p> <p>User Psychology</p> <p><b>202200072</b></p>	<p><b>Internship (10EC)</b></p>		
<p style="text-align: right;"><b>5EC</b></p> <p><i>Elective Course<sup>2</sup> 1 out of 4:</i></p> <ul style="list-style-type: none"> <li>➤ Behaviour &amp; Technology: an interdisciplinary approach</li> <li>➤ Compassionate Health Technology<sup>1</sup></li> <li>➤ Learning and Instruction<sup>1</sup></li> <li>➤ Psychology of Sustainability<sup>1</sup></li> </ul>			

<sup>1</sup> This course is offered twice a year, in Quartile 1A and Quartile 2A.

<sup>2</sup> Students choose one of the courses

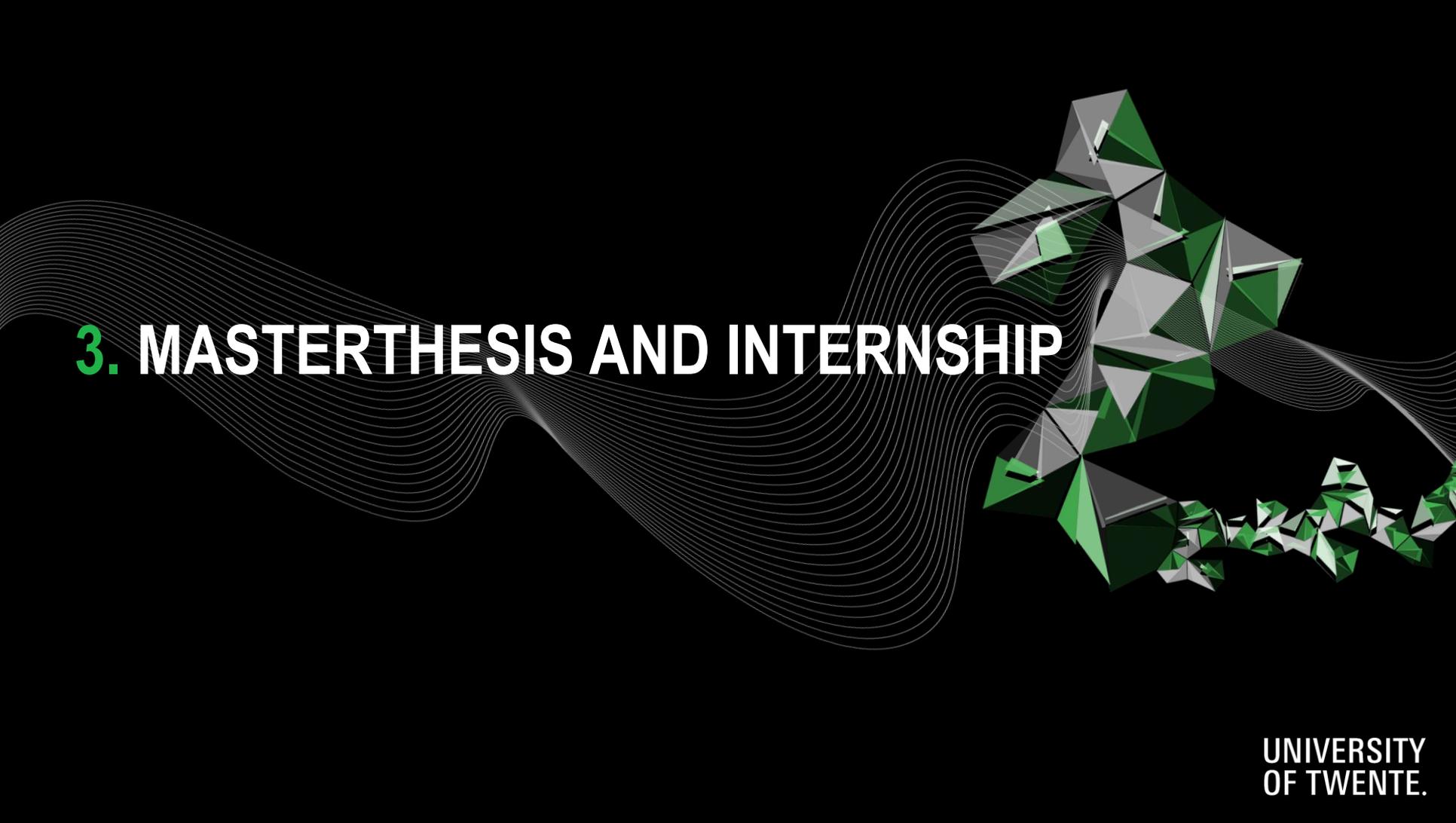
# MASTER'S PROGRAMME PCPT

Semester 2		Semester 1	
Quartile 2A	Quartile 2B	Quartile 1A	Quartile 1B
<b>7,5EC</b> Positive Clinical Psychology 201800111	<b>7EC</b> Positive Cognitive Behavioural Therapy 202200077	Internship PCPT <sup>1,2</sup>	
	<b>2,5EC</b> Personal Reflection & Development 201800112		
<b>7,5EC</b> Compassionate Technology 202300203	<b>2,5EC</b> Advanced Research Methods for PCPT 202200248	Master's Thesis PCPT <sup>1,3</sup>	

All courses are offered twice a year.

<sup>1</sup> The Internship in the master is mandatory. When an Internship of 19EC is done, the student conducts a Master's Thesis of 14EC. If a student opts for an Internship of 10EC, a Master's Thesis of 23EC is carried out. Please note that in this latter case the internship takes place in 1B. More information about the Master's Thesis and the requirements can be found on: [PSY Master thesis overview](#) | [Thesis - Graduation Web](#) | [PSY](#)

<sup>2</sup> There are three types of internships PCPT: 'Clinical Internship PCPT', 'Research/Education Internship PCPT' & 'Prevention Internship PCPT'. For the Clinical Internship PCPT the obligatory prerequisites are: at least grade 5.5 for the course 'Positive Clinical Psychology' and actively participated (participated in lectures and exams) in the course 'Positive Cognitive Behavioural Therapy'. More information about the internship and the requirements can be found on: [Welcome](#) | [Internships](#) | [PSY](#)

The background features a series of white, wavy, concentric lines that create a sense of motion and depth. On the right side, there is a complex, three-dimensional geometric structure composed of numerous triangular facets in shades of green and grey, resembling a crystalline or molecular model.

# 3. MASTER THESIS AND INTERNSHIP

# MASTER THESIS

Graduationweb

Examples

## PSYCHOLOGY (BSC & MSc) PROGRAMMES

Home PSY

+ Bachelor's Programme

Pre-Master's Programme

- **Master's Programme**

Study programme

+ Internships

Thesis - Graduation Web

Student guidance

Rules and Regulations

International students

UT quicklinks

+ Organisation-contact

# MASTER THESIS OVERVIEW

This website, the graduation web, provides you with all information on procedures and guidelines with regard to the graduation phase of your Psychology master's (MPS) degree programme.

We wish you success while completing your master's degree programme! In case there are questions left, please do not hesitate to contact Anneke Laarhuis of the Educational Affairs Office in Ravelijn ([BOZ-PSY@utwente.nl](mailto:BOZ-PSY@utwente.nl)) or your study adviser ([studieadviseur-mps@utwente.nl](mailto:studieadviseur-mps@utwente.nl))

On behalf of the Psychology-staff,  
Christina Bode (programme director), Manon te Vaarwerk (programme coordinator) and the study advisers

- [1. Preparing your thesis project](#) 
- [2. Starting your thesis](#) 
- [3. Formal arrangements \(Mobility Online & Ethics approval\)](#) 
- [4. Working on your thesis](#) 
- [5. Assessment thesis](#) 
- [6. Finalising the master's examination](#) 
- [Forms and links](#) 
- [After graduation](#) 

# MASTER THESIS OVERVIEW

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- 1. Preparing your thesis project ⌵
- 2. Starting your thesis** ⌵
- 3. Formal arrangements (Mobility Online & Ethics approval) ⌵
- 4. Working on your thesis ⌵
- 5. Assessment thesis ⌵
- 6. Finalising the master's examination ⌵
- Forms and links +
- After graduation ⌵

## 2.2 PLANNING AND PROCESS

The following points of interest are relevant for the thesis planning and thesis process:

- A guideline has been developed for the number of meetings, the contents of those meetings, the times the second supervisor is to be present and the overall schedule. Depending on the type of project and the process, this guideline may be (somewhat) derogated from in mutual consultation: [guideline schedule 10 EC thesis](#) & [guideline schedule 25-35 EC thesis](#)
- Start the thesis-writing-process as soon as possible after commencing the project.
- While planning the master thesis process, ask your supervisor when he/she will be absent (e.g. conference, vacation), and make sure to consider this in your time-line.
- Make sure that you have plenty of time available to work on your master's thesis. For a master's thesis of 30 EC, the graduation process takes on average 840 hours. Spread equally over 3 periods, this averages to 28 hours per week! The time required to complete the master's thesis varies, and depends on the difficulty level of the project, the set-up of the research, the engagement of any external parties, and the skills, capabilities and diligence of the student.
- Your conduct and actions and the course of the process (incl. completion within the scheduled time) are all taken into account in the assessment of the master's thesis.
- Should progress not accord to plan, it is imperative that you and/or your supervisor contact the study adviser (for additional support, adjustment of the planning, etc.).

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# 6. FINALISING THE MASTER'S EXAMINATION

## 6.1 GREEN LIGHT AND REGISTERING FOR THE MASTER'S EXAMINATION

When you have received green light for the master's thesis, it means that your master's thesis is approved. Only after receiving green light for the master's thesis, you can start arranging your colloquium.

No later than 15 working days prior to the colloquium, you have to submit the completed Psychology Master's Examination Registration form to the Educational Affairs Office via e-mail (boz-psy@utwente.nl).

*Please note that any restricting COVID-19 measures are no longer applicable, therefore Master colloquia are organized on campus. Please note that (larger) rooms might be available to a limited extent, which could mean that in some cases changing the time and/or date of the colloquium appears to be necessary.*

EXAMINATION REGISTRATION FORM

[DOWNLOAD HERE](#)

A few days after you've submitted the Examination Registration form to BOZ you will receive a link to the master's exit evaluation '**Final Programme Satisfaction Survey MSc-PSY**' by email. The programme director requests that you fill in this form conscientiously. It is very important that the master programme is properly evaluated. You need to have completed it (and have received a confirmation e-mail) on the day of your colloquium at the latest.

# INTERNSHIP

## Why?

- Experience your future
- Professional skills
- Bring theory into practice
- Well prepared for the job market

[Internship website](#)

## PSYCHOLOGY (BSC & MSc) PROGRAMMES

< Master's Programme

Study programme

- Internships

### Welcome

Internships master - specializations CRS, HPT, HFE and EP

+ (Clinical) internship master - specialization PCPT

Thesis - Graduation Web

# WELCOME

This website contains information for organizations, teachers and students about internships within our Master's programme:

- For the Master specializations CRS, HPT, HFE and EP (in English)
- For clinical internships in the master's specialization PCPT

---

**Internships master - specializations CRS, HPT, HFE and EP** +

---

**(Clinical) internship master - specialization PCPT** +

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**UNIVERSITY OF TWENTE**  
DRIENERLOLAAN 5  
7522 NB ENSCHEDE



## PSYCHOLOGY (BSC & MSc) PROGRAMMES

< Master's Programme

Study programme

- Internships

### Welcome

Internships master - specializations CRS, HPT, HFE and EP

+ (Clinical) internship master - sp

Thesis

Internship manual for students  
Internship plan  
Internship agreement  
Internship guidance workshops / return days  
Assessment (internship product, internship report, reflective report)

# WELCOME

This website contains information for organizations, teachers and students about internships within our Master's programme:

- For the Master specializations CRS, HPT, HFE and EP (in English)
- For clinical internships in the master's specialization PCPT

Specializations CRS, HPT, HFE and EP

+

Master - specialization PCPT

+

UNIVERSITY OF TWENTE  
DRIENERLOLAAN 5  
7522 NB ENSCHEDE



FEEDBACK



# 4. WAYS TO SUCCEED AND ENJOY

# CHALLENGES / WAYS TO SUCCEED AND ENJOY

## Process & communication

- Start your orientation as soon as possible
- Guideline/tips on Graduation web
- Track coordinator
- Study adviser

# CHALLENGES / WAYS TO SUCCEED AND ENJOY

## Study skills

Apart from studying and accomplishing the curriculum:

Language, academic and professional skills are getting more important, not only to study more effectively but also to prepare you for your future career:

→ Skills Lab & Writing Centre : UT Language Centre (UTLC):

Workshops, trainings and events on presentation skills, language courses, academic writing, brain training, project management, etc.

# CHALLENGES / WAYS TO SUCCEED AND ENJOY

Future?

- Career Week
- Amygdala, Dimensie...
- Track coordinator
- Study adviser
- Student Guidance & Wellbeing → support from professionals

## Study advisers

Your first point of contact within your study programme



## Student counsellors

Study delay due to personal circumstances, BSA, MOMI, FOBOS, funding, complaints, financial problems. Study programme independent advice.



## PhD counsellor

trained professionals with expertise in coaching, career advice, and providing confidential guidance.



## Student psychologists

Mental health



## Career counsellors (Career Services)

Career perspectives, cv, jobs, study choice



## Confidential adviser

If you have (had) to deal with unacceptable behaviour



## CHALLENGES / WAYS TO SUCCEED AND ENJOY

**Bond with the programme and fellow students**

- **Introductory meetings**
- **Relatively small groups, open and informal atmosphere**
- **Study (together) at the university**

# CHALLENGES / WAYS TO SUCCEED AND ENJOY

## Personal circumstances

- Study adviser
- Student Counsellor

# STUDENT SUPPORT

## **STUDENT GUIDANCE AND WELL-BEING**

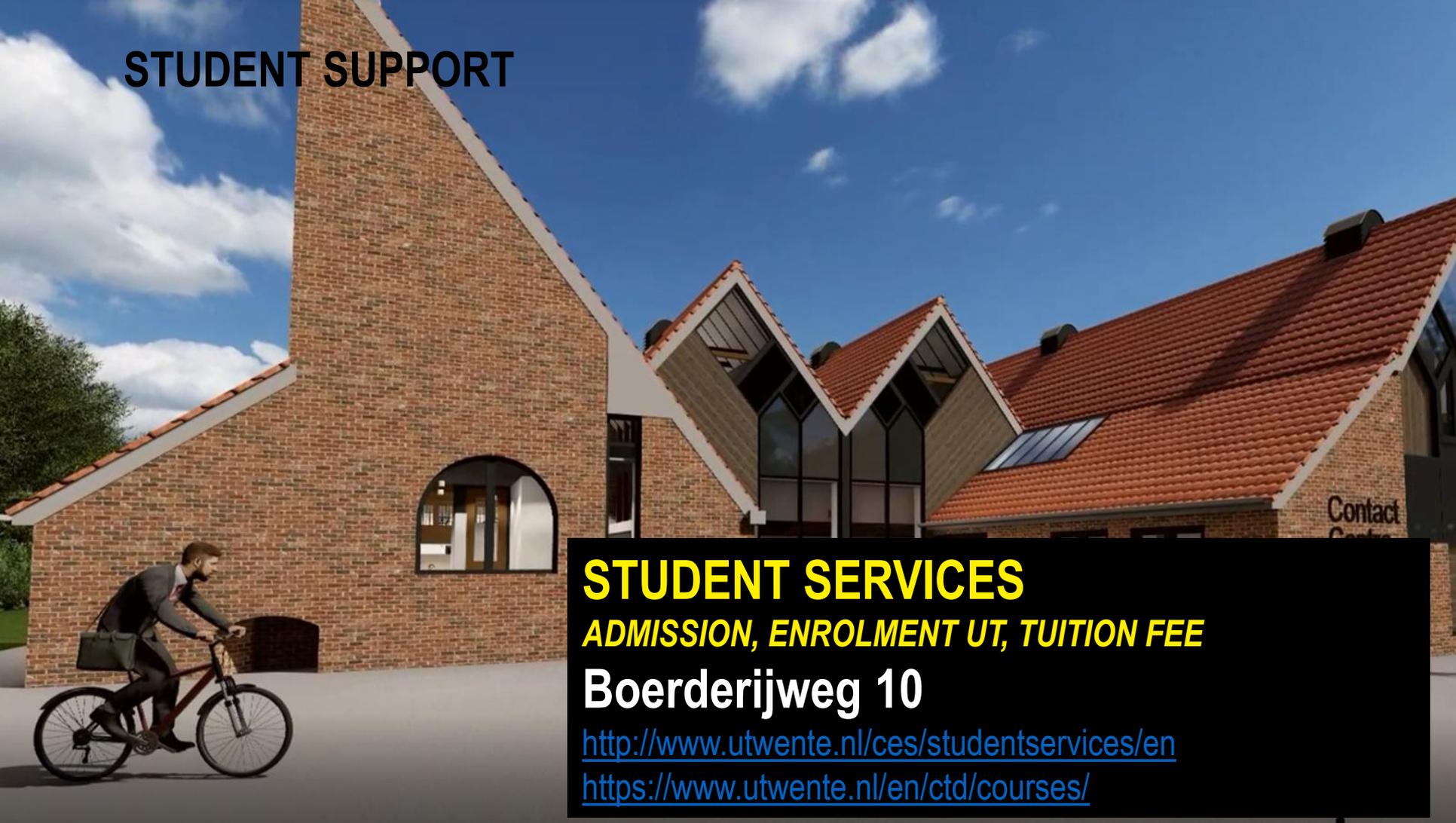
***STUDENT COUNSELORS & PSYCHOLOGISTS, WORKSHOPS/COURSES***

**3<sup>RD</sup> FLOOR, VRIJHOF BUILDING**

<http://www.utwente.nl/en/sgw/>



# STUDENT SUPPORT

A man in a dark suit and tie is riding a red bicycle from left to right in the foreground. He has a black bag slung over his shoulder. In the background is a large brick building with a red tiled roof. The building has several gabled sections with large windows. A sign on the right side of the building reads "Contact Centre". The sky is blue with scattered white clouds.

## **STUDENT SERVICES**

***ADMISSION, ENROLMENT UT, TUITION FEE***

**Boerderijweg 10**

<http://www.utwente.nl/ces/studentservices/en>

<https://www.utwente.nl/en/ctd/courses/>

# ANY OTHER BUSINESS

For enrolment issues:

[Student Services](#) (Boerderijweg 10)

For username and password and other ICTS services:

ICT Service desk (Citadel building)

[www.utwente.nl/lisa/en](http://www.utwente.nl/lisa/en)

Not able to register for courses in OSIRIS?

BOZ / Educational Affairs

[BOZ-PSY@utwente.nl](mailto:BOZ-PSY@utwente.nl)

# CANVAS OVERVIEW

UNIVERSITY  
OF TWENTE.



Account



Dashboard



Courses



Calendar



Inbox



Commons



Help

All

All Course

(pre-)

Fill in name

Public courses only

Open enrolment courses only

Search

(Pre-)Master's programme  
PSY

+ Join this Course

Click to join

NOT LINKED TO OSIRIS  
(AS IT IS NOT A MODULE)

THE PSY STAFF WELCOMES YOU.

UNIVERSITY OF TWENTE.

QUESTIONS?