

PRE-DEPARTURE MEETING

The background features several abstract geometric and organic shapes. In the top left, there is a cluster of green, translucent, cube-like structures. In the top right, a series of red, branching, tube-like structures extend upwards. In the center, a complex, branching, red and grey structure resembles a coral or a molecular network. In the bottom left, a green, cube-like structure is positioned above a series of vertical, curved lines. In the bottom right, a red, branching, tube-like structure is shown. A thin, curved line connects the central branching structure to the bottom right structure.

INCOMING STUDENTS
11 JUNE 2025

IN THIS PRESENTATION:



PRACTICALITIES

REVERSE CULTURE
SHOCK

ERASMUS STUDENT
NETWORK

UT AMBASSADORS

PRACTICALITIES

JITSKE RIJKEN, EXCHANGE
COORDINATOR, FACULTY EEMCS



TRANSCRIPT OF RECORDS

Your Transcript of Records will be generated from OSIRIS automatically and will be sent to you approximately five weeks after your last exam.

In order to receive the correct version, please pay attention to the following:

1. Keep an eye on your results in OSIRIS.
2. Make sure you are NOT registered for any courses for which you have not done any type of exam / are not planning to do an exam.
3. If some marks are still missing three weeks after the end of the semester, contact the relevant lecturer and explain that you are an exchange student who needs the results because of the Transcript of Records.
4. If some marks are still missing four weeks after the end of the semester, contact your Exchange Coordinator so that they can stop your Transcript of Records from being generated incorrectly.

You must finish your entire workflow in Mobility Online - this includes uploading your final signed Learning Agreement. You only receive a Transcript of Records once your workflow has been finalised.

TRANSCRIPT OF RECORDS

Examples of module marks:

COURSES		EC ¹	Complete?	GRADE
202001045	Social Network Structure and Dynamics	6.50	Yes	8,0
202001046	Games, Auctions and Voting	6.50	Yes	9,0
202001047	Web Science Final Project	2.00	Yes	6,0
202001104	Cybersecurity & Cybercrime Theory	10.00	Yes	8,0
	Internet Technology	1.25	Yes	8,4
	Intro to Digital Forensic for Cybercrime	1.25	Yes	10,0
	Privacy and Information Security	1.25	Yes	8,7
	Governance & Regulation of Cybersecurity	2.50	Yes	7,0
	Psychological aspects of Cybercrime	1.25	Yes	9,0
	Economical Aspects of Cybercrime	1.25	Yes	7,6
	Vulnerability Disclosure and Ethics	1.25	Yes	6,0
202001105	Cybersecurity & Cybercrime Project	5.00	Yes	7,5

Total ECTS credits: 30.00

For explanation of symbols and grades, see table 3.3

CERTIFICATE OF STAY

For a signature on a Certificate of Stay from your home university, please email the document to your UT Faculty Exchange Coordinator.

Note that the date of signature is always the current date.

LEARNING AGREEMENT

You can get your Learning Agreement signed by emailing it to your Faculty Exchange Coordinator. The agreement will only be signed if the courses/modules in Mobility Online are up-to-date & correct.



DE-REGISTER FROM COURSES & MODULES

If you registered for a course or module but **did not participate in it**, you need to de-register from it **before your final exams**.

As the registration period has already ended, please contact your Faculty Exchange Coordinator to de-register.

Please delete these courses/ modules in **Mobility Online** as well and create a new Learning Agreement (if applicable).

More information:

<https://www.utwente.nl/en/educational-systems/about-the-applications/osiris/manuals-for-students/>

DE-REGISTER AT MUNICIPALITY

If you are leaving the Netherlands you must de-register from the GBA (Municipal Register of Enschede).

To be de-registered, fill in the online form "Register your Move Abroad" on the Gemeente Enschede website:

<https://www.enschede.nl/en/moving-abroad>

OTHER PRACTICAL MATTERS

Other practical matters to complete upon departure:

<https://www.utwente.nl/en/education/electives/exchange/contact-faq/#departure>



GOIN' APP

If you want to stay in touch with the UT exchange community, you can join the Goin' App.

To get a new invite, email:

StudentServices@utwente.nl

<https://www.utwente.nl/en/education/student-services/get-started-guide/#goin-app>



QUESTIONS?

CONTACT YOUR FACULTY EXCHANGE
COORDINATOR



REVERSE CULTURE SHOCK

EXPERIENCES FROM A STUDENT'S
PERSPECTIVE

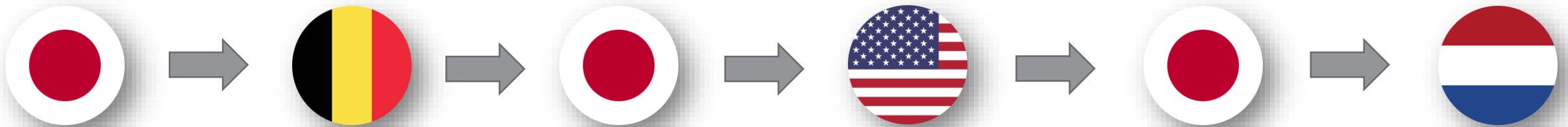
KAI KOJIMA, FORMER EXCHANGE
STUDENT



YOU DON'T REALLY EXPECT REVERSE CULTURE SHOCK...!

“difficulty in readjusting to the culture and values of the home country, now that the previously familiar has become unfamiliar”

In short, *“damn I forgot this was the case”*



OK SO WHAT NOW?

- Be prepared
- Keep yourself busy
- Accept that things may have changed
- Integrate your experience into your daily life
- Sign that you grew as a person!





Erasmus Student Network
Twente

The Erasmus Student Network

Making the most of your time studying abroad



What is ESN?

(hopefully you know us by now)





Here's a glimpse of what we
have done:



Social activities
Cultural activities
Language support
Parties
and much more!!



But... I'm returning home



Join your local ESN section back home!

- Continue meeting international students!
- Join in with ESN events (usually free!)

Become active!

- Help plan and run ESN events to help others
- Come up with your own ideas
- Join a diverse community
- Add to your CV!



Quiz: who is the best UT ambassador?

Stay in touch!

And see you at the **ESN Drinks!**
11 June 21:00 @ Sports Centre Canteen
First 100 students get a free drink!

UT AMBASSADORS

JOE LAUFER, SENIOR ADVISOR, ALUMNI
RELATIONS

*If you've had a positive experience at UT, please
share it when you return home!*



COUNTRY GROUPS

Opportunity for incoming and outgoing students to meet and chat.

A chance for outgoing students to ask you about your home country or university!

You can use the **flash cards** at your group for conversation topics:

- Housing
- Food
- Language
- Culture
- Cost of living
- Safety
- Transport
- Sightseeing
- Going out.



Only for the countries with outgoing students.



COUNTRY GROUPS

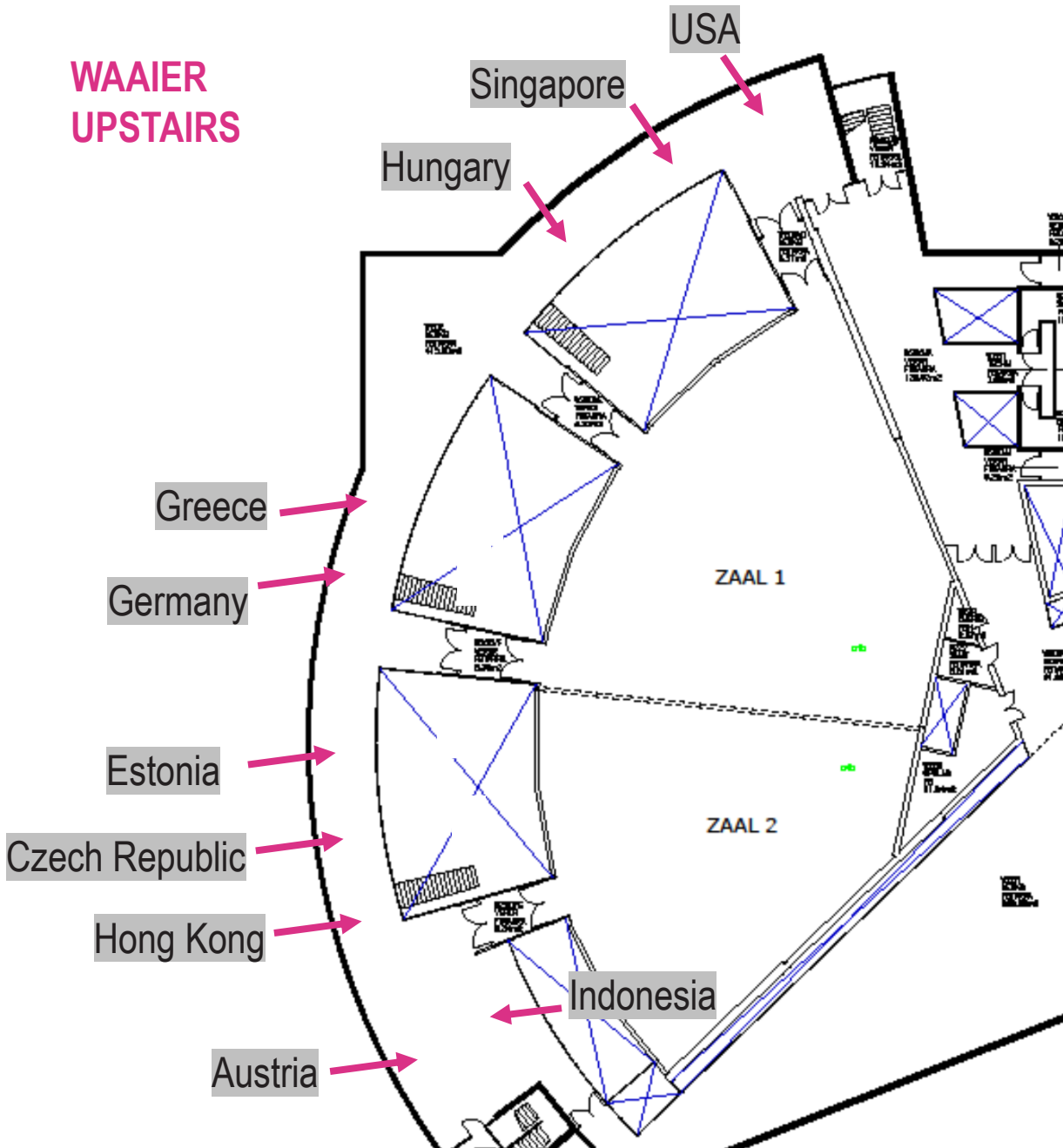
COUNTRY	LOCATION	GROUP LEADER
Australia	Waaier Downstairs	Liz Louden
Austria	Waaier Upstairs	
Canada	Waaier Downstairs	
China - Hong Kong	Waaier Upstairs	
Czech Republic	Waaier Upstairs	
Estonia	Waaier Upstairs	
Finland	Waaier Downstairs	
France	Carré 2K	Laureen Hamon
Germany	Waaier Upstairs	
Greece	Waaier Upstairs	
Hungary	Waaier Upstairs	
Indonesia	Waaier Upstairs	
Ireland	Waaier Downstairs	
Italy	Carré 2G	Sara Careaga Cacace

ROAMING STAFF MEMBER: Jitske Rijken

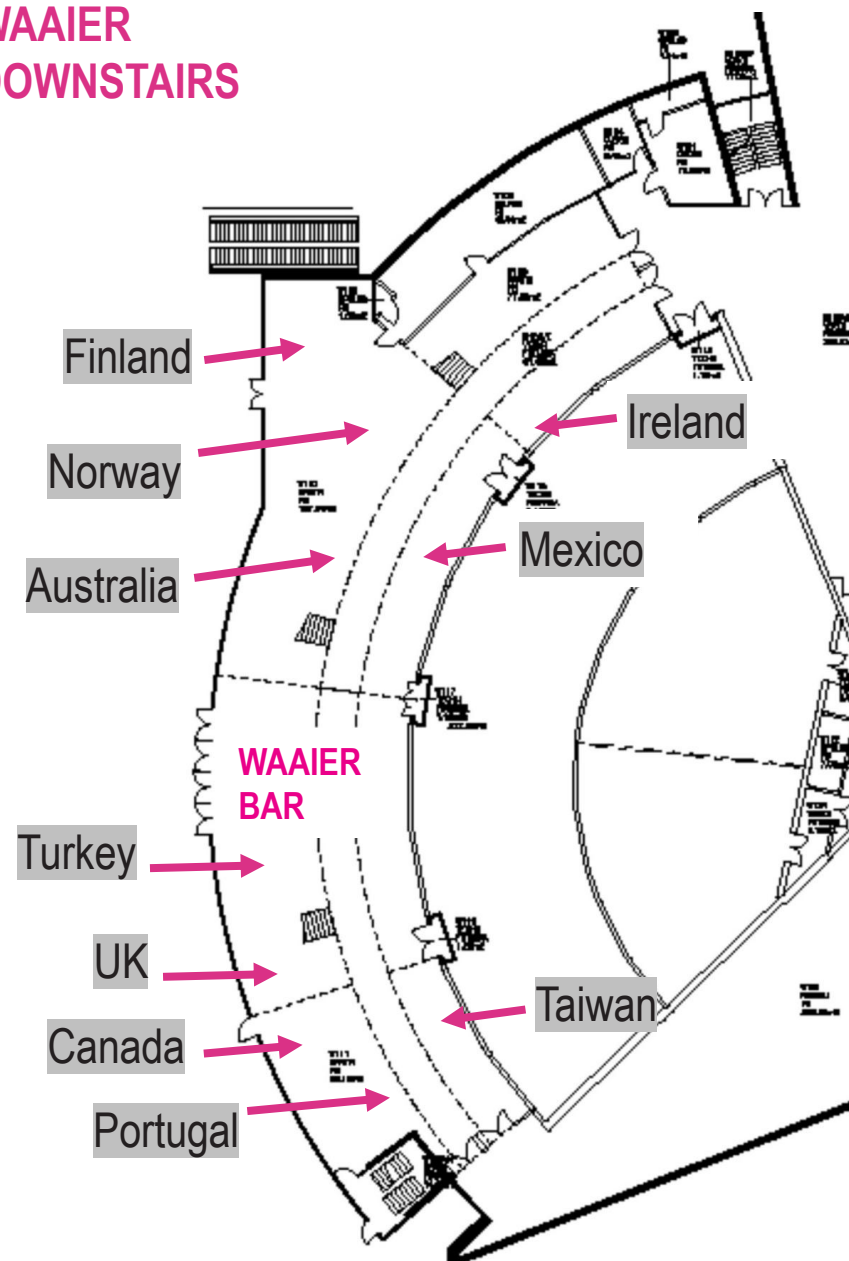
COUNTRY	LOCATION	GROUP LEADER
Japan	Carré 2H	Kai Kojima
Mexico	Waaier Downstairs	
Norway	Waaier Downstairs	
Portugal	Waaier Downstairs	
Singapore	Waaier Upstairs	
South Korea	Carré 2L	Jaap Stout/ Anne Leijzer
Spain	Carré 2M	Tahnee Smits
Sweden	Carré 2N	Sarah Kotter
Taiwan	Waaier Downstairs	
Turkey	Waaier Downstairs	Bilge Imren
United Kingdom	Waaier Downstairs	
United States	Waaier Upstairs	
No group? Join us at the bar	Waaier Bar Downstairs	Nell Zegers

Note: only large groups have a leader

WAAIER UPSTAIRS



WAAIER DOWNSTAIRS



Classrooms: Carré 2G Italy; 2K France; 2H Japan; 2L South Korea; 2M Spain; 2N Sweden

GOODBYE & GOOD LUCK!

QUESTIONS?

CONTACT YOUR FACULTY EXCHANGE
COORDINATOR OR
FACULTY INTERNSHIP COORDINATOR

