



# Autumn Challenge Programme

Sustainable Communities & Healthy Living

# Autumn Challenge programme

- A digital, **extracurricular** and short-term **challenge-based learning** programme
- Offered an alternative **international experience** during autumn 2021
- Aimed for **engaged learners** with a vision to make a change in their communities and want to work on their **personal development** aside their regular studies
- Offered **challenges** under the thematic of UN SDG 11 on sustainable communities & healthy living
- Offered a variety of lectures and skill-development workshops (in the form of **micro-modules**)

# Programme details I.

- Offered in collaboration with [ECIU universities](#) (Tec de Monterrey, Mexico)
- Open to students from ECIU and UT partner universities
- Organised between [12 October 2021 – 12 January 2022](#)
- Assessment moments: 25 & 27 January 2022
- Scheduled activities take place on Tuesdays & Thursdays (18.00-20.30, CET)

# Programme details II.

## Certification and credits

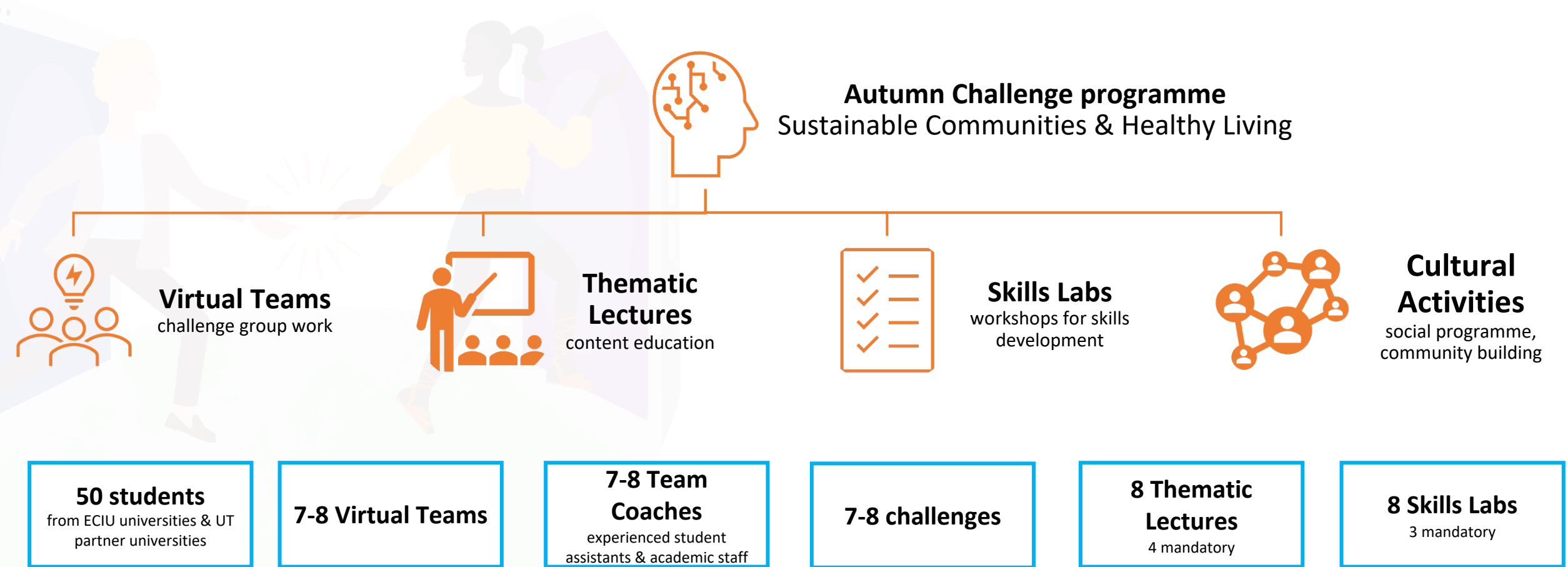
- 4-5 ECTS (subject for recognition and approval by the respective home universities)
- Certification of participation with details on workload, modules followed, and skills and competences acquired

## Platforms

- Canvas as a main platform
- Zoom as a main communication platform
- Other innovative tools (e.g., Mural)

# Programme structure

## Autumn Challenge programme Sustainable Communities & Healthy Living



# Provided support

## Student support

- Compulsory and optional lecturers and skills labs
- Relevant programme documents available on Canvas
- Weekly announcements (new additions, reminders for activities, etc.)
- Central Autumn Challenge mailbox and WhatsApp group
- Support hotline (possibility to book a 30' consultation appointment via [autumn-challenge-consultation.youcanbook.me](https://autumn-challenge-consultation.youcanbook.me))

## Team Coaches support

- Trainings & sessions on coaching (general) and coaching for CBL
- Regular meetings with the Head of Coaches

## Challenge Providers support

- Training or a poster on CBL
- Regular contact via the Team Coaches and the Project Leader

# Admission & registration

## Requirements

- Focus on Bachelor's students in their second to last or last year and entry level Master's students.
- The programme is open to enrolled UT students, students enrolled to ECIU partner universities and various strategic partner universities of the UT.
- Admitted learners from the UT, ECIU University and UT strategic partners will not pay a participation fee.
- External learners may also apply, however admitted external learners are subject to a participation fee of 150 EUR.
- All modules will be offered in English, therefore learners are expected to have a good command of the English language.

## Application process

- Learners may apply via our [online application form](#).
- Along with the application form, the below documentation must also be provided:
  - An English language proficiency certificate/diploma with B2 level (CEFR) minimum. IELTS, TOEFL and other similar tests are accepted.
  - A CV.
  - A "motivation letter" (open format) explaining the reasons for applying to this programme and willingness to participate.
- Applications can be submitted until 15 September 2021, 23:59 (CET).

## Acceptance

After submission of the application, the Admissions Committee will make a formal acceptance decision and admitted learners will be contacted by email.

# Meet the team



**Elena Tsigki**  
Project Leader



**Nikola Petrová**  
Assistant Project Leader



**Leonie Bosch-Chapel**  
Challenge-based learning



**Margoth Gonzalez Woge**  
Coaching & Education



**Thijs Bink**  
Student representative  
Digital Content



**Marie-Laure Snijders**  
Student representative  
Promotion



**Roberto Palacios Rodriguez**  
Programme development &  
partnership (ECIU & Tec de  
Monterrey)



**David Osvaldo Huerta Harris**  
Programme development &  
partnership (Tec de Monterrey)