

My crossing borders experience:

I went to Malta for three months for an internship with my friend Cindy. We worked as interns at an international school, named Newark school. Here we helped out the PE teacher and we gave some classes in exercise and theory, which was really fun to do. The children ages ranged between 5 and 16 years old which made the work very diverse. We learned a lot about the Maltese culture, but also about other cultures because of all the different nationalities of the students at the school, like Russian, French, Korean, Libyan, and so on. Next to our internship we had to do a research. We researched the happiness level of the students during different types of exercise, namely the PE lessons and a sports day.

Besides working, we had a more than enough time to explore the beauty of the Maltese islands. The island is very diverse and there is a lot to do, as you can see in the pictures. Malta has another culture than the Netherlands and what I am used to. They are not as punctual and are more laid back. I really learned how to adapt to another culture and how to deal with that.

I learned a lot during this minor. I gained a lot of international experience, learned how to teach a class and be confident about that and I improved my English. I am really happy I did this minor!

