

## The ABP pension specialists are here to help



### You make your own choices!

The main aspects of your pension are arranged in your pension scheme and many aspects are fixed. However, there are certain aspects that you can determine yourself. For example, when to retire. Whether you retire fully or for a part of your working week. Whether you want to increase or decrease your surviving dependent's pension. And how you're going to split your retirement benefits in the end. You choose. And that's often difficult and complicated. We are happy to help you while making these choices.



### What help would you like?

For example, ABP helps you by providing a pension overview which you receive each year. Your personal digital file, MijnABP, on [www.abp.nl](http://www.abp.nl) is another example. On MijnABP you can make your own calculations and compose your pension yourself. You log in to MijnABP with your DigiD. You can also call our Customer Service.

### ABP Customer Support for a personal consultation.

Your employer thinks it's important that you are helped. Because of the Coronavirus, this can't be done physically. That is why they invite an ABP pension specialist for a video consultation. Our pension specialists will be happy to help you on your way. Together with you they look at your pension situation. What is your income like when you wish to retire? Or if you become occupationally disabled? What are the consequences for your surviving dependents in the event of your death? Our pension specialists will help you with the choices you can and should make.

### Sign up for a consultation

The videocall takes about half an hour to an hour.

Would you like to sign up, [CLICK HERE](#)

**Please note! The registration is final only when you have received a confirmation email.**

**When you sign up, include the email address you use to receive the link to join the conversation.**

### *Prepare for the consultation*

Think about what you want to discuss in advance. For example, check out your most recent pension overview and go to MijnABP. Check for yourself what your wishes are in regard to your retirement. It is useful if you have access to your website "MijnABP" when the consultation with the pension specialist starts.